



## Opinion Poll

### LIFESTYLES

## Physical Measurement of Pakistani Men and Women (Part 2)

(self-reported measurements)

This is a 4 part series on physical measurements of Pakistani men and women. **Part 1** provides data on self reported weight of Pakistani men; **part 2** on self reported height of Pakistani men. **Part 3** and **part 4** provide self reported weight and height of Pakistani women.

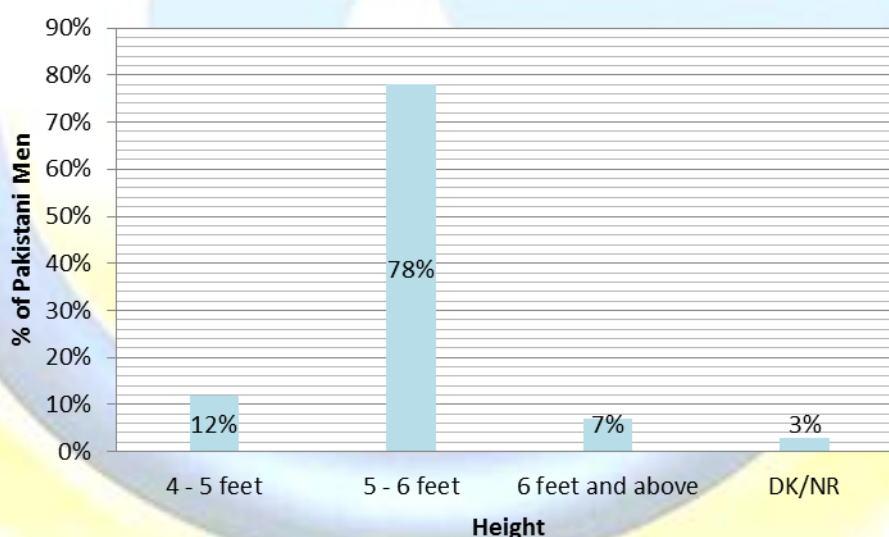
**The height of most Pakistani men (78%) is between 5 to 6 feet, the remaining 19% are taller (7%) or shorter (12%) than the mainstream. 3% did not give a response. GILANI POLL/GALLUP PAKISTAN**

Islamabad, October 09, 2012

According to a Gilani Research Foundation Survey carried out by Gallup Pakistan, the height of most Pakistani men (78%) is between 5 to 6 feet, the remaining 19% are taller (7%) or shorter (12%) than the mainstream. 3% did not give a response.

A nationally representative sample of men and women from across the four provinces was asked “What is your height?” Responding to this, 78% of men said they are between 5 to 6 feet tall, 12% said they are between 4 to 5 feet tall and 7% said they are taller than 6 feet. However, 3% did not give a response.

**Question: “What is your height?”**



Source: Gallup and Gilani Surveys

the Pakistani affiliate of Gallup International Association  
([www.gallup-international.com](http://www.gallup-international.com); [www.gallup.com.pk](http://www.gallup.com.pk); [www.gilanifoundation.com](http://www.gilanifoundation.com))

The study was released by Gilani foundation and carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 2659 men and women in rural and urban areas of all four provinces of the country, during September 09, 2012 – September 15, 2012. Error margin is estimated to be approximately  $\pm 2$ -3 per cent at 95% confidence level.



## گیلانی ریسرچ فاؤنڈیشن کارائے عامہ سروے موضوع: "طرز زندگی" پاکستانی مرد اور خواتین کی ظاہری پیمائش (حصہ دوم)

زیادہ تر پاکستانی مردوں (78%) کا قد 5 سے 6 فٹ کے درمیان ہے۔ بتایا 19% کا قد اس سے لمبا (7%) یا چھوٹا (12%) ہے۔ 3% نے کسی رائے کا اظہار نہیں کیا۔

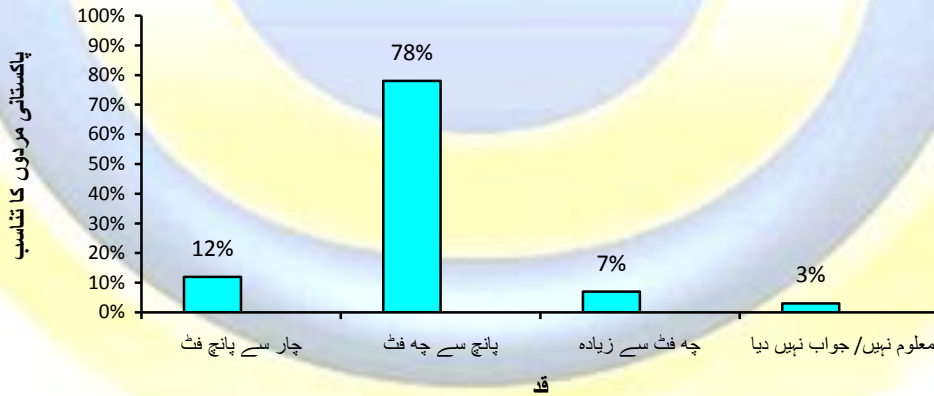
### گیلانی ریسرچ فاؤنڈیشن، گیلپ پاکستان

اسلام آباد، 09 اکتوبر، 2012

گیلانی ریسرچ فاؤنڈیشن کے ایک حالیہ سروے کے مطابق، زیادہ تر پاکستانی مردوں (78%) کا قد 5 سے 6 فٹ کے درمیان ہے۔ بتایا 19% کا قد اس سے لمبا (7%) یا چھوٹا (12%) ہے۔ 3% نے کسی رائے کا اظہار نہیں کیا۔

سروے میں ملک بھر سے شماریاتی طور پر منتخب خواتین و حضرات سے یہ سوال پوچھا گیا کہ، "مہربانی کر کے بتائیں آپ کا قد اندازاً کتنا ہے؟"، اس سوال کے جواب میں 78% جوابدہندگان نے کہا کہ ان کا قد 5 سے 6 فٹ کے درمیان ہے، 12% افراد کے مطابق ان کا قد 4 سے 5 فٹ، جبکہ 7% افراد کا قد 6 فٹ سے بھی لمبا ہے۔ بتایا 3% نے کسی رائے کا اظہار نہیں کیا۔

'مہربانی کر کے بتائیں آپ کا قد اندازاً کتنا ہے؟'



Source: Gallup and Gilani Surveys

the Pakistani affiliate of Gallup International Association

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گیلانی ریسرچ فاؤنڈیشن کا حالیہ سروے گیلپ انٹرنیشنل سے منسلک گیلپ پاکستان کی مدد سے کیا گیا۔ یہ سروے پاکستان کے چاروں صوبوں کی دیہی اور شہری آبادی کے 2659 مرد اور خواتین سے 09 ستمبر تا 15 ستمبر 2012 میں منعقد ہوا۔ غلطی کے امکان کا تخمینہ شماریاتی طور پر تقریباً  $\pm 2-3\%$  لگایا گیا ہے۔



**Opinion Poll from Gallup Pakistan**  
*The Pakistani Affiliate of Gallup International*



**Tuesday, October 09, 2012**

*(3 Pages including this and Urdu version)*

***Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.***

*Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.*

*If you have any further questions regarding this poll, please feel free to contact us.*

*Best Regards,*

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Daily Gilani Poll  
2012



of Gallup Pakistan  
(1980-2012)