



Opinion Poll

Physical Measurement of Pakistani Men and Women (Part 1) (self-reported measurements)

This is a 4 part series on physical measurements of Pakistani men and women.

Part 1 provides data on self reported weight of Pakistani men;

part 2 on self reported height of Pakistani men.

Part 3 and part 4 provide self reported weight and height of Pakistani women.

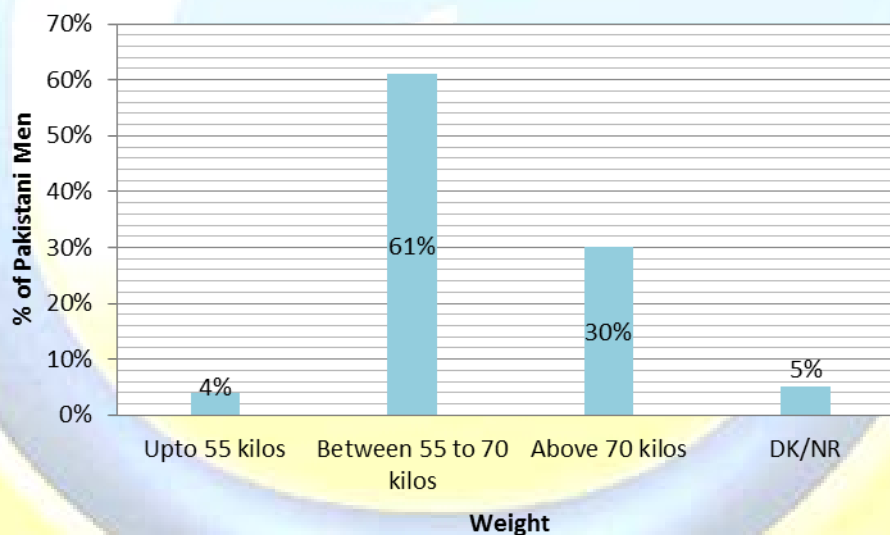
Most Pakistani men (61%) weigh between 55 to 70 kilos, the remaining 34% are heavier (30%) or leaner (4%) than the mainstream. 5% did not give a response. GILANI POLL/GALLUP PAKISTAN

Islamabad, October 08, 2012

According to a Gilani Research Foundation Survey carried out by Gallup Pakistan, most Pakistani men (61%) weigh between 55 to 70 kilos, the remaining 34% are heavier (30%) or leaner (4%) than the mainstream. 5% did not give a response.

A nationally representative sample of men and women from across the four provinces was asked “What is your weight?” Responding to this, 61% of men said they weigh between 55 to 70 kilos, 30% said they weigh above 70 kilos and 4% said they weigh below 55 kilos. However, 5% did not give a response.

Question: “What is your weight?”



Source: Gallup and Gilani Surveys

the Pakistani affiliate of Gallup International Association
(www.gallup-international.com; www.gallup.com.pk; www.gilanifoundation.com)

The study was released by Gilani foundation and carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 2659 men and women in rural and urban areas of all four provinces of the country, during September 09, 2012 – September 15, 2012. Error margin is estimated to be approximately $\pm 2-3$ per cent at 95% confidence level.



گیلانی ریسرچ فاؤنڈیشن کا رائے عامہ سروے موضوع: "طرز زندگی" پاکستانی مرد اور خواتین کی ظاہری پیمائش

زیادہ تر پاکستانی مردوں (61%) کا وزن 55 سے 70 کلو کے درمیان ہوتا ہے۔ بقیہ 34% کا وزن اس سے زیادہ (30%) یا کم (4%) ہے۔ 5% نے کسی رائے کا اظہار نہیں کیا:

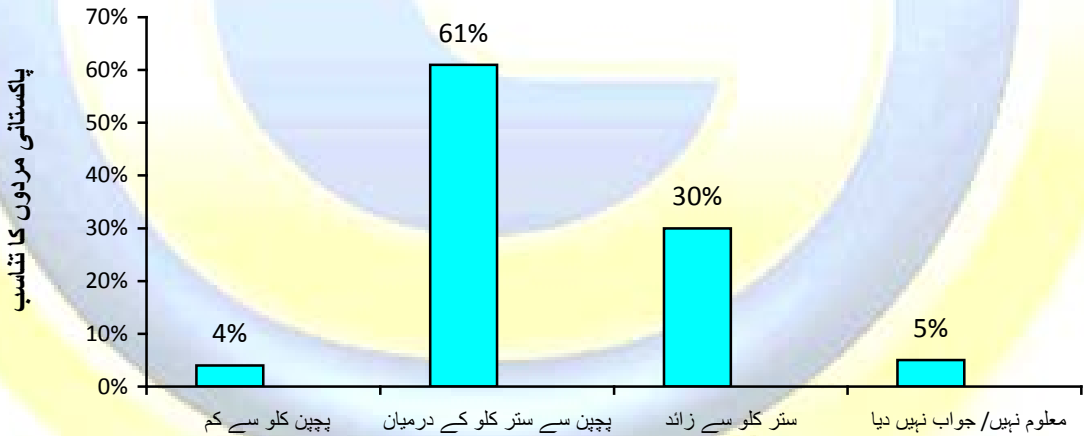
گیلانی ریسرچ فاؤنڈیشن، گیلپ پاکستان

اسلام آباد، 08 اکتوبر، 2012

گیلانی ریسرچ فاؤنڈیشن کے ایک حالیہ سروے کے مطابق، زیادہ تر پاکستانی مردوں (61%) کا وزن 55 سے 70 کلو کے درمیان ہوتا ہے۔ بقیہ 34% کا وزن اس سے زیادہ (30%) یا کم (4%) ہے۔ 5% نے کسی رائے کا اظہار نہیں کیا۔

سروے میں ملک بھر سے شماریاتی طور پر منتخب خواتین و حضرات سے یہ سوال پوچھا گیا کہ، "آپ کا اندازاً وزن کتنا ہو گا؟"، اس سوال کے جواب میں 61% جوابدہندگان نے کہا کہ ان کا وزن 55 سے 70 کلو کے درمیان ہے، 30% افراد کے مطابق ان کا وزن 70 کلو سے زائد، جبکہ 4% افراد کا وزن 55 کلو سے بھی کم ہے۔ بقیہ 5% نے کسی رائے کا اظہار نہیں کیا۔

آپ کا اندازاً وزن کتنا ہو گا؟



Source: Gallup and Gilani Surveys
the Pakistani affiliate of Gallup International Association
(www.gallup-international.com; www.gallup.com.pk; www.gilanifoundation.com)

گیلانی ریسرچ فاؤنڈیشن کا حالیہ سروے گیلپ انٹرنیشنل سے منسلک گیلپ پاکستان کی مدد سے کیا گیا۔ یہ سروے پاکستان کے چاروں صوبوں کی دیہی اور شہری آبادی کے 2659 مرد اور خواتین سے 09 ستمبر تا 15 ستمبر 2012 میں منعقد ہوا۔ غلطی کے امکان کا تخمینہ شماریاتی طور پر تقریباً $\pm 2-3\%$ لگایا گیا ہے۔



Opinion Poll from Gallup Pakistan
The Pakistani Affiliate of Gallup International



Monday, October 08, 2012

(3 Pages including this and Urdu version)

Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

Best Regards,

Ms. Fatima Idrees
Phone: +92-51-2655630
E-mail: fatima.idrees@gilanifoundation.com

Disclaimer: *Gallup Pakistan is not related to Gallup Inc. headquartered in Washington D.C. USA. We require that our surveys be credited fully as Gallup Pakistan (not Gallup or Gallup Poll). We disclaim any responsibility for surveys pertaining to Pakistani public opinion except those carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International Association. For details on Gallup International Association see website: www.gallup-international.com*



Daily Gilani Poll
2012



of Gallup Pakistan
(1980-2012)