



Opinion Poll
HEALTH
Blood Sugar & Diabetes

**When Tested, 17 % Of All Pakistani Adults Say They
Had Higher Than Normal Blood Sugar: GILANI
POLL / GALLUP PAKISTAN**

Islamabad, May 30, 2011

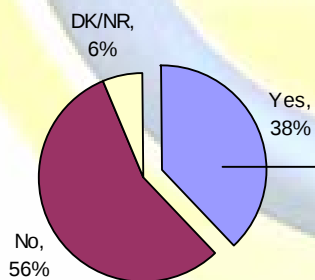
The results of a recent Gilani Poll conducted by Gallup Pakistan show that 17% of all Pakistani adults say that when tested, they had a higher than normal blood sugar level. It is important to note that the survey findings are based on perceptions and may not match a clinical reality.

This figure has emerged from the responses to two survey questions where a nationally representative sample of men and women from across the country were asked firstly, *"Have you ever had your blood sugar checked by a doctor or at a lab?"* Respondents who had gotten a blood sugar test done were further asked, *'In the past one year, have you been informed by a doctor that your blood sugar level is high or that you are diabetic?'* Results show that 38% respondents said they had gotten a blood sugar test done by a doctor or at a lab while 56% said they had not. 6% did not respond. Of the 38% who did get their blood sugar level tested, 44% said that they have been diagnosed as diabetic in the past year or have been told that their blood sugar level is high. This shows that the overall perceived incidence of high blood sugar in adult Pakistanis is 17%.

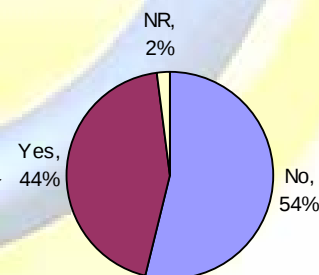
The results further show that this perceived incidence of high blood sugar increases as we move from younger to older adults; it is 11% in respondents less than 30 years old, 20% in those between 30 and 50 years and 30% among those above 50 years of age.

Total Perceived Incidence Of High Blood Sugar In Pakistani Adults= $38\% \times 0.44 = 17\%$

"Have you ever had your blood sugar checked by a doctor or at a lab?"



'In the past one year, have you been informed by a doctor that your blood sugar level is high or that you are diabetic?'



Source: Gallup and Gilani Surveys

The Pakistani affiliate of Gallup International Association
(www.gallup-international.com; www.gallup.com.pk)

The study was released by Gilani foundation and carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 2774 men and women in rural and urban areas of all four provinces of the country, during April 2011. Error margin is estimated to be approximately $\pm 2-3$ per cent at 95% confidence level.

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(2 Pages)

Gilani Research Foundation is a not for profit public service project to provide social science research to students academia, policy makers and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

Best Regards,

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Daily Gilani Poll
2011



of Gallup Pakistan
(1980-2010)