

Latest Press Release
Gallup Pakistan

GALLUP PAKISTAN POLL FINDINGS ON **HEALTH ISSUES**

Survey Dates: 25th & 26th January 2009
Results released on: April 13, 2009

Conducted in Pakistan by



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Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

High Blood Pressure is Top Most Health Issue in Pakistan: GALLUP PAKISTAN

Islamabad, April 13, 2009

According to a Gilani Research Foundation survey carried out by Gallup Pakistan, high blood pressure is one of the major health issues amongst Pakistanis.

When the respondents were asked “*Now we will ask you about your health issues. Please tell us if you or anyone in your household suffers from **high blood pressure, diabetes, or heart disease**?*” the data reveals that a higher percentage of Pakistanis have **high blood pressure** as compared to **diabetes** or **heart disease**.

Forty seven percent (47%) of the respondents said that they or some family member are high-blood-pressure patients while 52% do not suffer from high blood pressure. It must be noted that the responses are based on perceptions of respondents and not necessarily verified by clinicians. Hence actual figures may be different.

In comparison, 23% believed (or self-diagnosed) that they or a family member is diabetic. The figure on heart disease is 10%.

“Now we will ask you about your health issues. Please tell us if you or anyone in your household suffers from the following diseases?”

Diseases:	Yes	No	No Response
High Blood Pressure	47%	52%	-
Diabetes	23%	75%	2%
Heart Disease	10%	88%	3%

Source: Gallup Pakistan Survey, January 2009

The study was carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International. The latest survey was carried out among a sample of 2715 men and women in rural and urban areas of all four provinces of the country during 25th & 26th January 2009. Error margin is estimated to be approx. $\pm$ 2-3 per cent at 95% confidence level.

For more survey data on Health related and other issues see website www.gallup.com.pk

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