



Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

Fasting in Summer; Two Thirds of All Pakistanis Claim Fasting in Summer Was Harder Than in Winter: GILANI POLL / GALLUP PAKISTAN

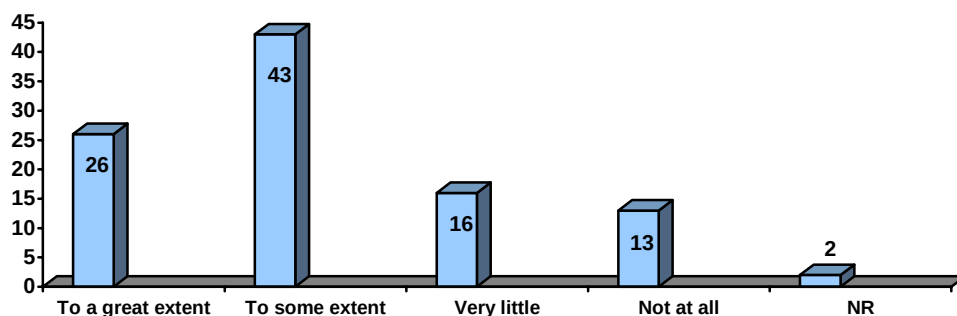
Islamabad, October 8, 2009

Since Ramadan follows lunar calendar, every year the month of Ramadan commences on a different solar calendar's date. This year, 2009, welcomed Ramadan when the mercury level was still at its peak. To find out how people coped up with fasting this year, a Gilani Research Foundation survey was carried out by Gallup Pakistan shortly after Ramadan ended in September 2009. According to this recent survey, majority of Pakistanis (69%) faced a lot of or some difficulties in fasting during the hot weather. Sixteen percent (16%) did not find fasting too hard, where as 15% faced no difficulty or gave no response.

A nationally representative sample of men and women from across the country were asked *"To what extent did you find fasting difficult in this hot weather?"* Twenty six percent (26%) said it was extremely difficult to fast in the hot weather, 43% said to some extent, and 16% claimed it was not very difficult. The remaining 15% either said it was not difficult at all or gave no response.

The findings of this survey reveal that almost equal proportion of respondents across various demographics found fasting in summer to be difficult to a great or at least some extent.

"To what extent did you find fasting difficult in this hot weather?"



Source: Gilani Poll conducted by Gallup Pakistan,
the Pakistani affiliate of Gallup International Association (www.gallup-international.com; www.gallup.com.pk)

The study was released by Gilani foundation and carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International. The latest survey was carried out among a sample of 2610 men and women in rural and urban areas of all four provinces of the country, during September 2009. Error margin is estimated to be approximately $\pm 2-3$ per cent at 95% confidence level.

Gallup Pakistan proposes that its poll results be attributed as Gilani Poll conducted by Gallup Pakistan, the Pakistani affiliate of Gallup International. This is to distinguish our polls from polls on Pakistan sometimes released by other organizations not part of Gallup International Association (www.gallup-international.com) and referred to by the same title. Also please see necessary Disclaimer on our website (www.gallup.com.pk). Gallup Pakistan takes responsibility for only its own polls on Pakistan.

For more survey data on social and other issues see website www.gallup.com.pk

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