

12 Jul 2016

50% PAKISTANIS SAY THAT THEY TAKE OUT TIME FROM THEIR DAILY ROUTINE FOR EXERCISE AND WALKING.

Please tell if you take out time from your daily routine for exercise and walking?



SOURCE: GALLUP AND GILANI SURVEYS SAMPLE SIZE: 1802
Nationally Representative Sample covering both urban rural respondents across Pakistan's four provinces



Opinion Poll
HEALTH CARE
Dieting/Exercise

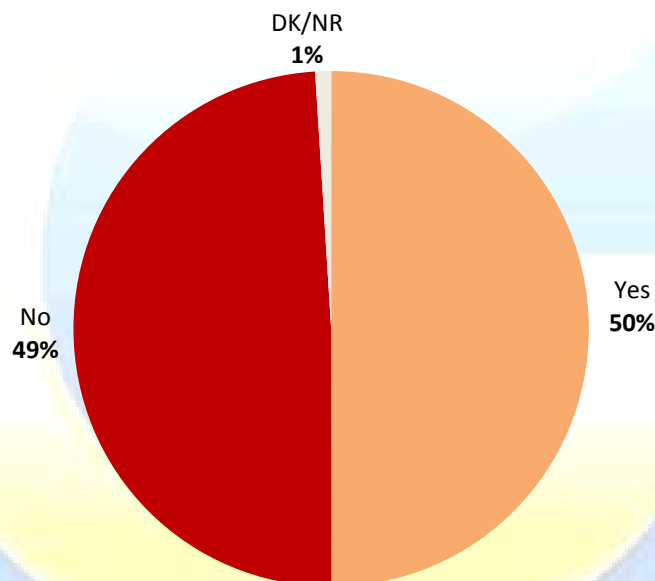
50 % Pakistanis say that they take out time from their daily routine for exercise and walking. (GRF POLL)

Islamabad, July 12, 2016

According to a Gilani Research Foundation Survey carried out by Gallup Pakistan, 50% Pakistanis say that they take out time from their daily routine for exercise and walking.

A nationally representative sample of men and women from across the four provinces was asked, “Please tell if you take out time from your daily routine for exercise and walking?” In response to this question, 50% said that they do take out time from their daily routine for exercise and walking, while 49% said that they do not do so. 1% did not know or did not wish to respond.

Question: “Please tell if you take out time from your daily routine for exercise and walking?”



Source: Gilani Research Foundation Poll (GRF Poll)
Field work conducted by Gallup Pakistan, the Pakistani affiliate of Gallup International Association
(www.gallup-international.com; www.gallup.com.pk; www.gilanifoundation.com)

The study was released by Gilani Research Foundation and carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 1802 men and women in rural and urban areas of all four provinces of the country, during May 09 - May 16, 2016. Error margin is estimated to be approximately $\pm 2-3$ per cent at 95% confidence level.



Opinion Poll from Gallup Pakistan
The Pakistani Affiliate of Gallup International



Tuesday, July 12, 2016

(3 Pages, English version Only)

Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

Best Regards,

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Daily Gilani Poll
2016



of Gallup Pakistan
(1980-2016)