

Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

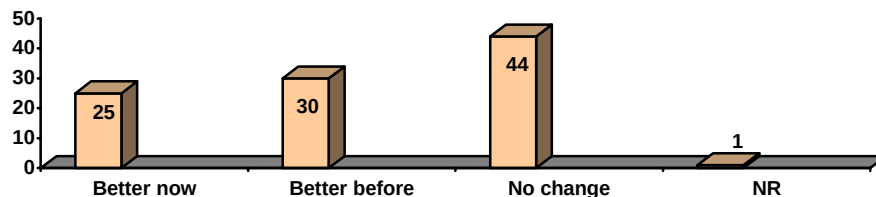
Concerns about Declining Health Rise Sharply After 50: GILANI POLL /GALLUP PAKISTAN

Islamabad, January 18, 2010

According to a Gilani Research Foundation survey carried out by Gallup Pakistan, one fourth of all Pakistanis (25%) claim to be physically fit and healthier than before, 30% say their health has declined whereas majority (44%) believe there has been no significant change in their health in the past one year and 1% gave no response. It is also seen that with age, people become more concerned about their weakening health.

A nationally representative sample of men and women from across the country were asked “*In the past one year how has your health been as compared to the previous year?*” Twenty five percent (25%) claimed their health is better than before, 30% believe their health was better before where as 44% said they has been no change. The remaining 1% of the respondents gave no response.

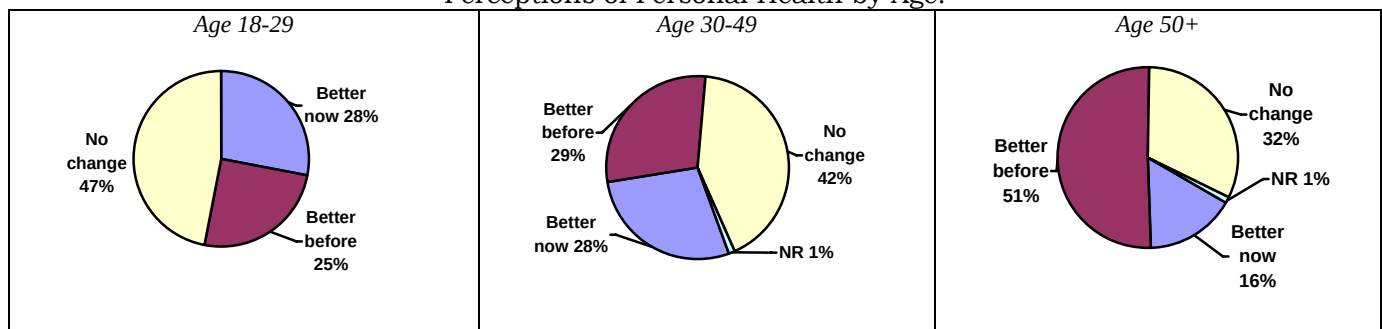
“In the past one year how has your health been as compared to the previous year?”



Source: Gilani Poll conducted by Gallup Pakistan,
the Pakistani affiliate of Gallup International Association (www.gallup-international.com; www.gallup.com.pk)

The findings of the survey reveal that a significantly higher percentage of people above the age of 50 (51%) have expressed concern about their health which according to them has deteriorated during the last one year.

Perceptions of Personal Health by Age:



Source: Gilani Poll conducted by Gallup Pakistan,
the Pakistani affiliate of Gallup International Association (www.gallup-international.com; www.gallup.com.pk)

The study was released by Gilani foundation and carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International. The survey was carried out among a sample of 2770 men and women in rural and urban areas of all four provinces of the country, during November 2009. Error margin is estimated to be approximately $\pm$ 2-3 per cent at 95% confidence level.

Gallup Pakistan proposes that its poll results be attributed as Gilani Poll conducted by Gallup Pakistan, the Pakistani affiliate of Gallup International. This is to distinguish our polls from polls on Pakistan sometimes released by other organizations not part of Gallup International Association (www.gallup-international.com) and referred to by the same title. Also please see necessary Disclaimer on our website (www.gallup.com.pk). Gallup Pakistan takes responsibility for only its own polls on Pakistan.

For more survey data on social and other issues see website www.gallup.com.pk

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