

Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

42% Pakistanis Drink 6-10 Glasses Of Water In a Day: GILANI POLL/GALLUP PAKISTAN

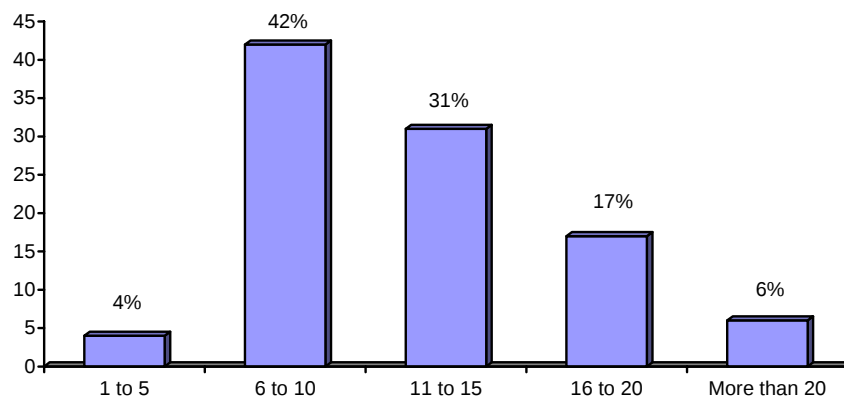
Islamabad, June 28, 2010

According to a Gilani Research Foundation survey carried out by Gallup Pakistan, 4% say they have 1-5 glasses of water in a day, 42% take 6-10 glasses per day, 31% 11-15 glasses, 17% 16-20 glasses and 6% drink more than 20 glasses in a day.

A nationally representative sample of men and women from across the country were asked the following question: *"How many glasses of water do you drink these days?"* Only 4% said they consume 1-5 glasses of water in a day, 42% stated they drink 6-10 glasses per day, 31% take 11-15 glasses, 17% 16-20 glasses and 6% drink more than 20 glasses a day.

The findings of the survey reveal no significant difference in opinion of people from across various demographics.

"How many glasses of water do you drink these days?"



Source: Gilani Poll conducted by Gallup Pakistan,
the Pakistani affiliate of Gallup International Association (www.gallup-international.com; www.gallup.com.pk)

The study was released by Gilani foundation and carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 2739 men and women in rural and urban areas of all four provinces of the country, during June 2010. Error margin is estimated to be approximately $\pm 2-3$ per cent at 95% confidence level.

Gallup Pakistan proposes that its poll results be attributed as Gilani Poll conducted by Gallup Pakistan, the Pakistani affiliate of Gallup International. This is to distinguish our polls from polls on Pakistan sometimes released by other organizations not part of Gallup International Association (www.gallup-international.com) and referred to by the same title. Also please see necessary Disclaimer on our website (www.gallup.com.pk). Gallup Pakistan takes responsibility for only its own polls on Pakistan.

For more survey data on social and other issues see website www.gallup.com.pk

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