

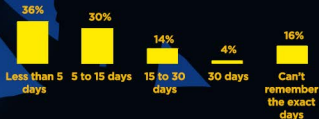
MAY 30, 2017

30% PAKISTANIS SAY THEY SUFFERED FROM DEPRESSION IN THE PAST MONTH.

Some people say they are suffering from depression and other than worrying all day they are handicapped to do daily work and undertake normal routine tasks. Please tell, in the past one month have you gone through this state, even if for one day?



Approximately for how many days?





Opinion Poll
Health Care
Depression

30 % Pakistanis say they suffered from depression in the past month. (GALLUP & GILANI PAKISTAN POLL)

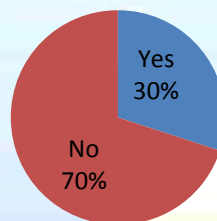
Islamabad, May 30, 2017

According to a Gilani Research Foundation Survey carried out by Gallup & Gilani Pakistan, 30% Pakistanis say they suffered from depression in the past month.

A nationally representative sample of men and women from across the four provinces was asked, “Some people say they are suffering from depression and other than worrying all day they are handicapped to do daily work and undertake normal routine tasks. Please tell, in the past one month have you gone through this state, even if for one day?” In response to this question, 30% said they had suffered from depression during the past one month, 70% said otherwise.

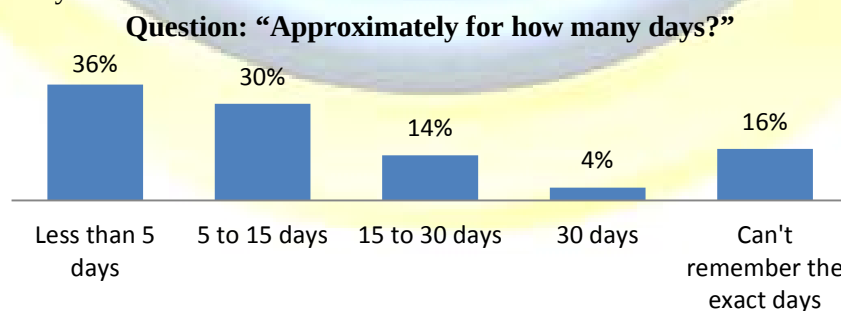
It should be noted that these findings are based on self-perception of respondent and categorically different in method from any clinical trials or psychiatric examinations.

Question: “Some people say they are suffering from depression and other than worrying all day they are handicapped to do daily work and undertake normal routine tasks. Please tell, in the past one month have you gone through this state, even if for one day?”



Source: Gallup & Gilani Pakistan Poll
Field work conducted by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International Association
(www.gallup-international.com; www.gallup.com.pk; www.gilanifoundation.com)

Respondents (n=625) who had suffered from depression during the past month were further asked, “Approximately for how many days?” In response to this, 36% said they suffered from depression for less than 5 days, 30% said 5 to 15 days, 14% said 15 to 30 days, 4% said for 30 days, while 16% said they can’t remember the exact days.



Source: Gallup & Gilani Pakistan Poll
Field work conducted by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International Association
(www.gallup-international.com; www.gallup.com.pk; www.gilanifoundation.com)

The study was released by Gilani Research Foundation and carried out by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 1872 men and women in rural and urban areas of all four provinces of the country, during April 17 – April 24, 2017. Error margin is estimated to be approximately $\pm 2-3$ per cent at 95% confidence level.



Opinion Poll from Gallup Pakistan

The Pakistani Affiliate of Gallup International

Tuesday, May 30, 2017

(3 Pages, English version Only)



Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

Best Regards,

Ms. Fatima Idrees

Phone: +92-51-2655630

E-mail: fatima.idrees@gilanifoundation.com

Disclaimer: Gallup Pakistan is not related to Gallup Inc. headquartered in Washington D.C. USA. We require that our surveys be credited fully as Gallup Pakistan (not Gallup or Gallup Poll). We disclaim any responsibility for surveys pertaining to Pakistani public opinion except those carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International Association. For details on Gallup International Association see website: www.gallup-international.com



Daily Gilani Poll
2017



of Gallup Pakistan
(1980-2017)