

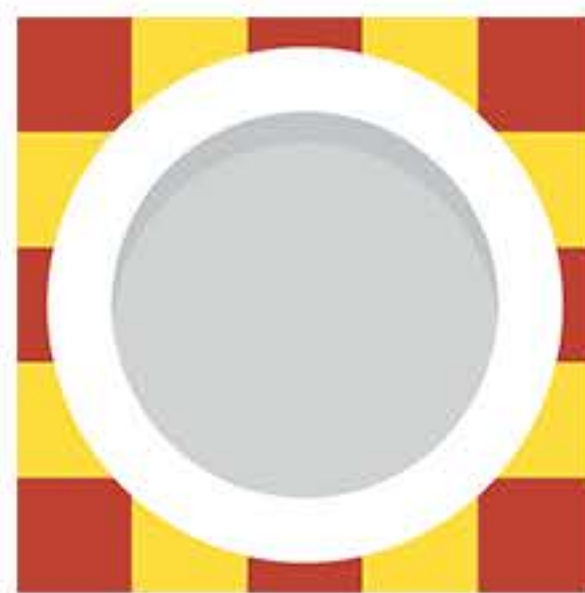
MAY 29, 2018

## 61% PAKISTANIS PREFER SITTING DOWN AT THE TABLE FOR EATING. 35% SAY FLOOR SEATING.

Today the tradition of eating & drinking formally on the dining table has increased in the society. Some people sit on the dining table to eat while others prefer eating from plates laid on the floor. Please tell me whether you personally prefer being seated at the dining table or on the floor for eating?

61%

Dining table

35%

Floor seating

4%

DK/NR

SOURCE: GALLUP &amp; GILANI SURVEYS - SAMPLE SIZE: 1672

Nationally Representative Sample covering both rural and urban respondents across Pakistan's four provinces.

Opinion Poll  
**SOCIAL BEHAVIOR**  
**Eating Habits**

**61% Pakistanis prefer sitting down at the table for eating. 35% say floor seating.**

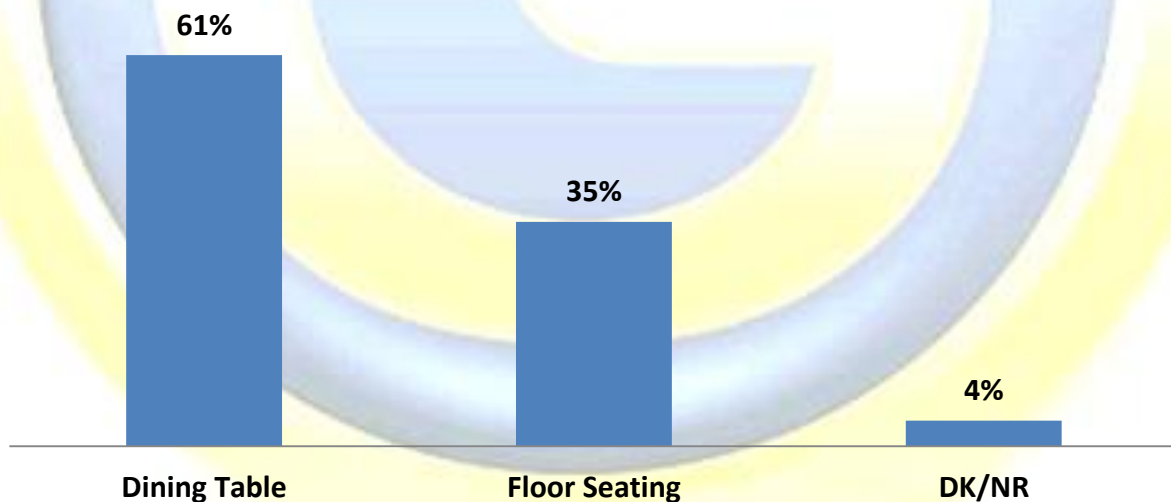
**(GALLUP & GILANI PAKISTAN POLL)**

Islamabad, May 29, 2018

According to a Gilani Research Foundation Survey carried out by Gallup & Gilani Pakistan, 61% Pakistanis prefer sitting down at the table for eating. 35% say floor seating.

A nationally representative sample of men and women from across the four provinces was asked, “Today the tradition of eating & drinking formally on the dining table has increased in the society. Some people sit on the dining table to eat while others prefer eating from plates laid on the floor. Please tell me whether you personally prefer being seated at the dining table or on the floor for eating?” In response to this question, 61% said they prefer dining table and 35% said they prefer floor seating. 4% did not know or did not wish to respond.

**Question: “Today the tradition of eating & drinking formally on the dining table has increased in the society. Some people sit on the dining table to eat while others prefer eating from plates laid on the floor. Please tell me whether you personally prefer being seated at the dining table or on the floor for eating?”**



Source: Gallup & Gilani Pakistan Poll

Field work conducted by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International Association  
([www.gallup-international.com](http://www.gallup-international.com); [www.gallup.com.pk](http://www.gallup.com.pk); [www.gilanifoundation.com](http://www.gilanifoundation.com))

The study was released by Gilani Research Foundation and carried out by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 1672 men and women in rural and urban areas of all four provinces of the country, April 23- April 30, 2018. Error margin is estimated to be approximately  $\pm 2-3$  per cent at 95% confidence level.

## Opinion Poll from Gallup Pakistan



The Pakistani Affiliate of Gallup International



GILANI RESEARCH  
FOUNDATION

**Tuesday, May 29, 2018**

*(3 Pages, English version Only)*

***Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.***

*Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.*

*If you have any further questions regarding this poll, please feel free to contact us.*

*Best Regards,*

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Daily Gilani Poll  
2018



of Gallup Pakistan  
(1980-2018)