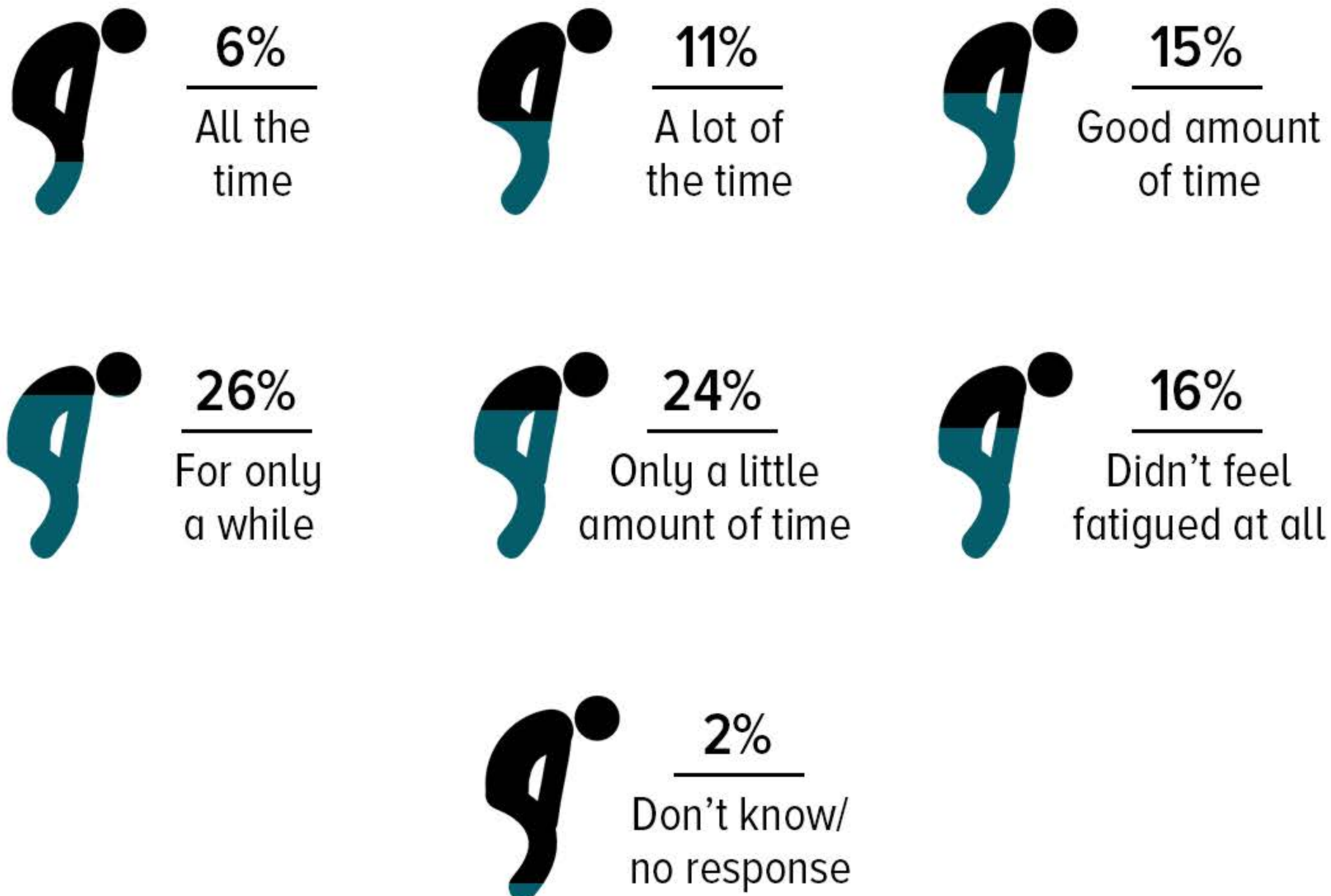


JULY 18, 2018

## 3 IN 10 PAKISTANIS (32%) SAY THAT THERE WERE INSTANCES IN THE PAST 4 WEEKS WHERE THEY FELT VERY FATIGUED.

In the last 4 weeks, to what extent have you felt fatigued?



SOURCE: GALLUP & GILANI SURVEYS - SAMPLE SIZE: 1506

Nationally Representative Sample covering both rural and urban respondents across Pakistan's four provinces.

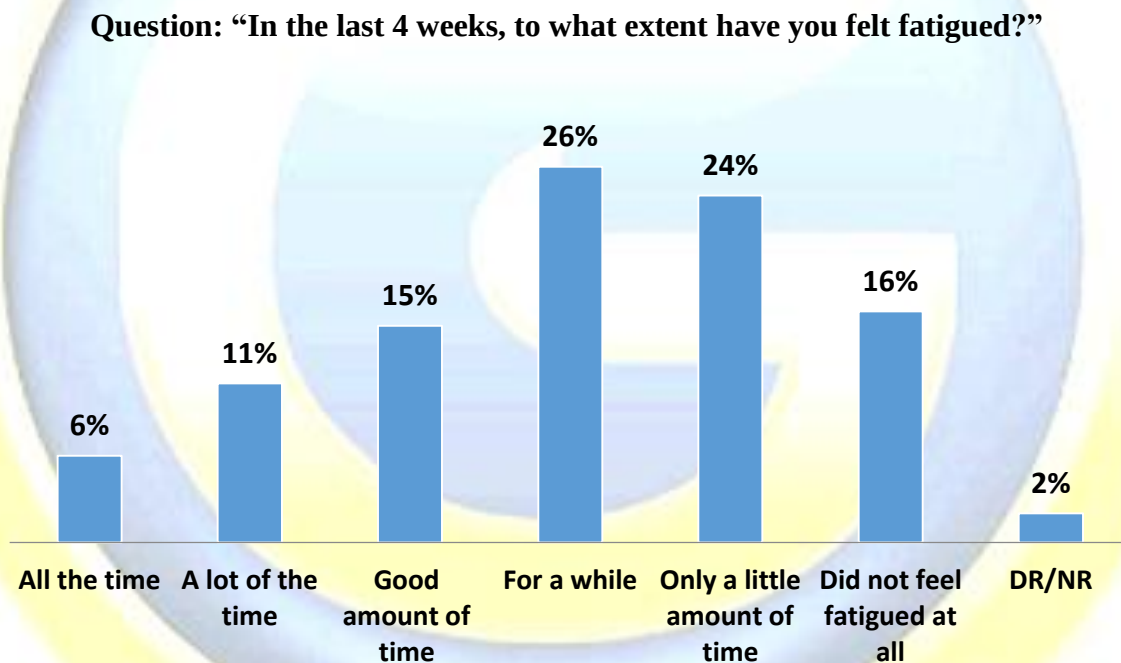
Opinion Poll  
**HEALTH CARE**  
**General Health and Healthcare**

**3 in 10 Pakistanis (32%) say that there were instances in the past 4 weeks where they felt very fatigued.  
(GALLUP & GILANI PAKISTAN POLL)**

Islamabad, July 18, 2018

According to a Gilani Research Foundation Survey carried out by Gallup & Gilani Pakistan, 3 in 10 Pakistanis (32%) say that there were instances in the past 4 weeks where they felt very fatigued.

A nationally representative sample of men and women from across the four provinces was asked “In the last 4 weeks, to what extent have you felt fatigued?” In response to this question, 6% said all the time, 11% said a lot of the time, 15% said a good amount of time, 26% said for a while, and 24% said only for a little amount of time. 16% said they did not feel fatigued at all, while 2% did not know or did not wish to respond.



Source: Gallup & Gilani Pakistan Poll  
Field work conducted by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International Association  
([www.gallup-international.com](http://www.gallup-international.com); [www.gallup.com.pk](http://www.gallup.com.pk); [www.gilanifoundation.com](http://www.gilanifoundation.com))

Persistent and continued feeling of fatigue is usually described as a symptom for many diseases. Also it takes heavy toll on general well-being and feeling of happiness. The purpose of this measurement by Gallup Paksitan Team was to gauge possible precursor signs of diseases in Pakistani society, further exploration on timely basis of which could relieve public health burden.

The study was released by Gilani Research Foundation and carried out by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 1506 men and women in rural and urban areas of all four provinces of the country, June 11 – June 18, 2018. Error margin is estimated to be approximately  $\pm 2-3$  per cent at 95% confidence level.



## Opinion Poll from Gallup Pakistan

*The Pakistani Affiliate of Gallup International*



**Wednesday, July 18, 2018**

*(3 Pages, English version Only)*

***Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.***

*Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.*

*If you have any further questions regarding this poll, please feel free to contact us.*

*Best Regards,*

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***Disclaimer:*** Gallup Pakistan is not related to Gallup Inc. headquartered in Washington D.C. USA. We require that our surveys be credited fully as Gallup Pakistan (not Gallup or Gallup Poll). We disclaim any responsibility for surveys pertaining to Pakistani public opinion except those carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International Association. For details on Gallup International Association see website: [www.gallup-international.com](http://www.gallup-international.com)

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Daily Gilani Poll  
2018



of Gallup Pakistan  
(1980-2018)