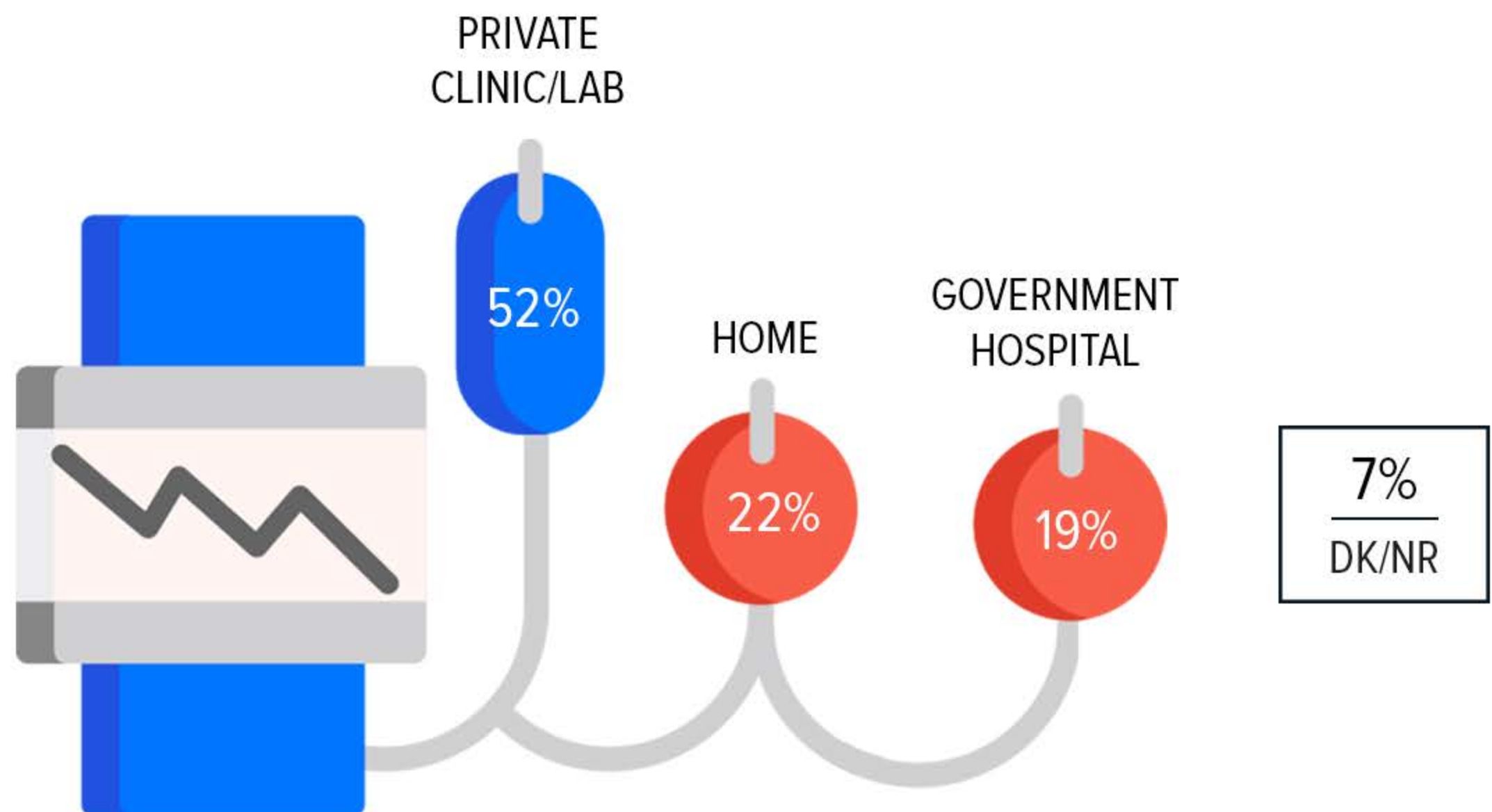


MARCH 01, 2019

**CHECKING BLOOD PRESSURE: NEARLY 5 IN 10 PAKISTANIS WHO REPORT HAVING SOMEONE WITH HYPERTENSION IN THEIR HOME SAY THAT HYPERTENSIVE INDIVIDUALS VISIT A PRIVATE CLINIC/LABORATORY TO GET THEIR BLOOD PRESSURE CHECKED, FOLLOWED BY 22% WHO SAY THAT IT IS CHECKED AT HOME, AND 19% WHO SAY THAT A GOVERNMENT HOSPITAL IS VISITED.**

How do people suffering from hypertension get their blood pressure checked these days?



SOURCE: GALLUP & GILANI SURVEYS - SAMPLE SIZE: 249

Nationally Representative Sample covering both rural and urban respondents across Pakistan's four provinces.

## Opinion Poll

## Health Care

## Blood/Heart Problems/Chronic Diseases

**Checking blood pressure: Nearly 5 in 10 Pakistanis who report having someone with hypertension in their home say that hypertensive individuals visit a private clinic/laboratory to get their blood pressure checked, followed by 22% who say that it is checked at home, and 19% who say that a government hospital is visited.**

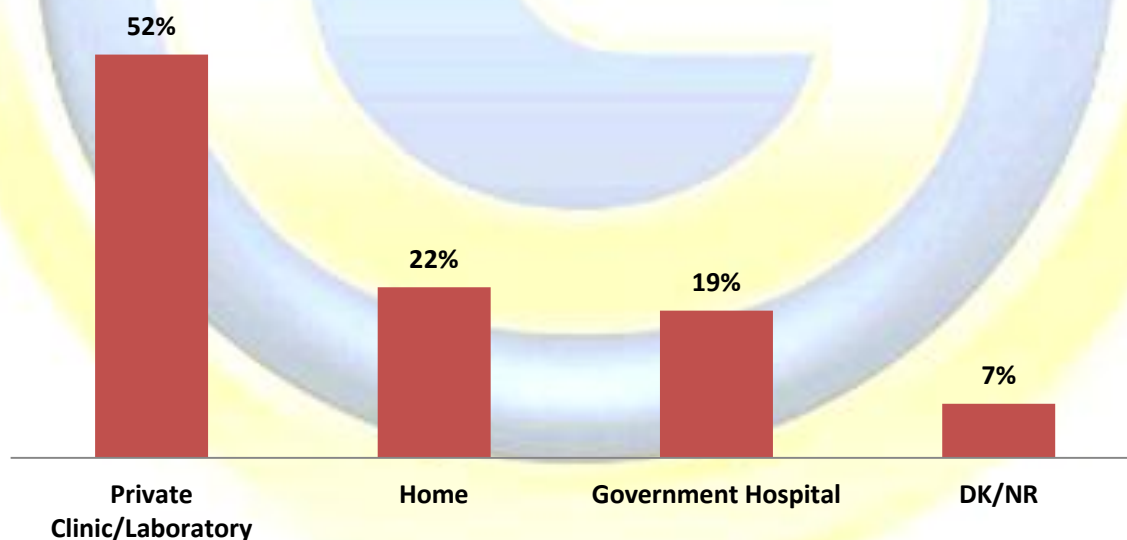
**(GALLUP & GILANI PAKISTAN POLL)**

Islamabad, March 1, 2019

According to a Gilani Research Foundation Survey carried out by Gallup & Gilani Pakistan, nearly 5 in 10 Pakistanis who report having someone with hypertension in their home say that hypertensive individuals visit a private clinic/laboratory to get their blood pressure checked, followed by 22% who say that it is checked at home, and 19% who say that a government hospital is visited.

A nationally representative sample of men and women from across the four provinces who reported having someone with hypertension in their home was asked, “How do people suffering from hypertension get their blood pressure checked these days?” In response to this question, 22% said that they get it checked at home, 19% that they go to a government hospital, while 52% that they go to a private clinic/laboratory. 7% did not know or did not wish to respond.

**Question: “How do people suffering from hypertension get their blood pressure checked these days?”**



Source: Gallup & Gilani Pakistan Poll

Field work conducted by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International Association  
([www.gallup-international.com](http://www.gallup-international.com); [www.gallup.com.pk](http://www.gallup.com.pk); [www.gilanifoundation.com](http://www.gilanifoundation.com))

The study was released by Gilani Research Foundation and carried out by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 249 men and women in rural and urban areas of all four provinces of the country, during 24 January – 28 January, 2019. The error margin is estimated to be approximately  $\pm 2-3$  percent at the 95% confidence level.

## Opinion Poll from Gallup Pakistan



*The Pakistani Affiliate of Gallup International*



**Friday, March 1, 2019**

*(3 Pages, English version Only)*

***Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.***

*Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.*

*If you have any further questions regarding this poll, please feel free to contact us.*

*Best Regards,*

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***Disclaimer:*** Gallup Pakistan is not related to Gallup Inc. headquartered in Washington D.C. USA. We require that our surveys be credited fully as Gallup Pakistan (not Gallup or Gallup Poll). We disclaim any responsibility for surveys pertaining to Pakistani public opinion except those carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International Association. For details on Gallup International Association see website: [www.gallup-international.com](http://www.gallup-international.com)

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Daily Gilani Poll  
2019



of Gallup Pakistan  
(1980-2019)