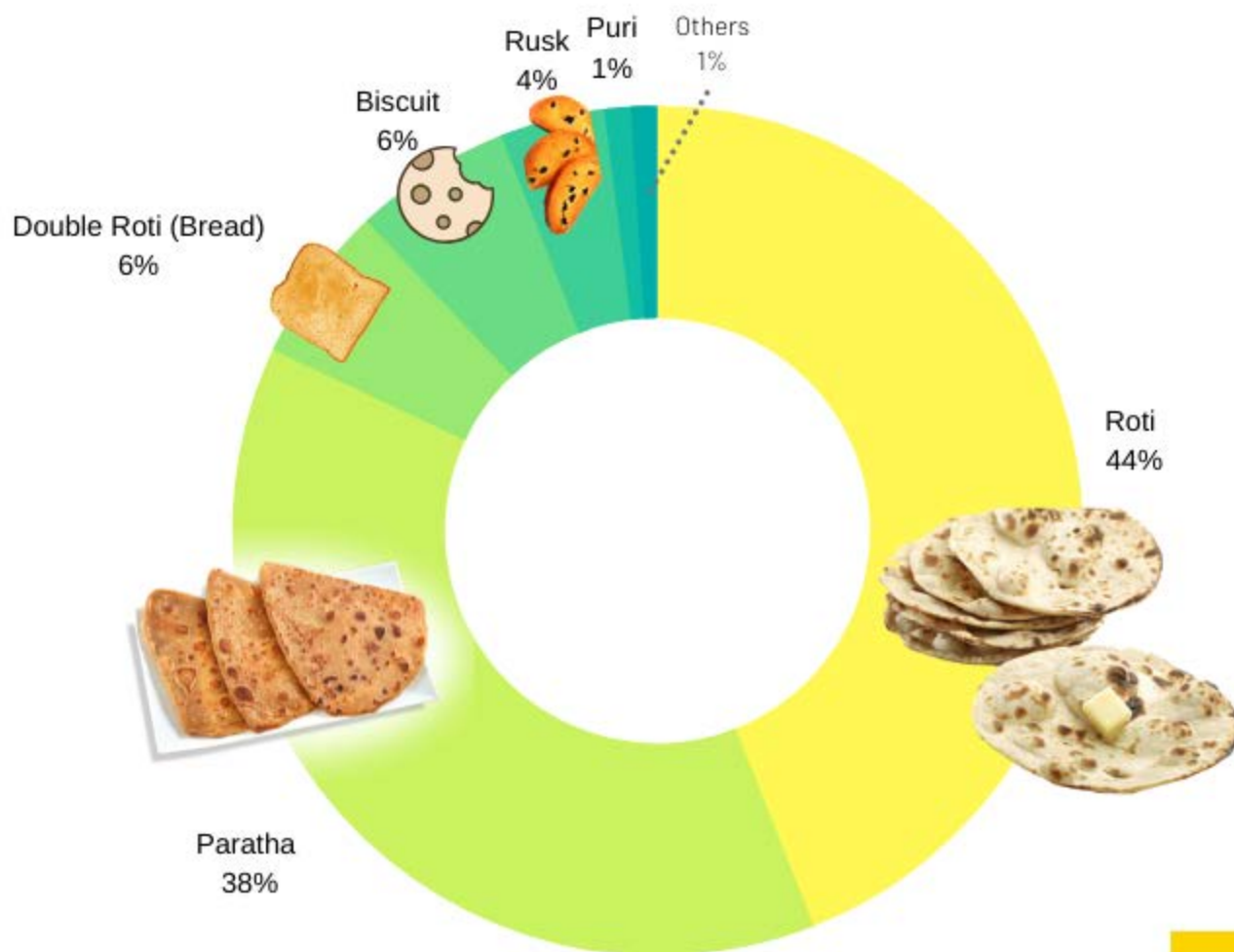


October 24, 2019

NEARLY HALF PAKISTANIS (44%) SAY THEY USUALLY EAT 'ROTI' FOR BREAKFAST.

Please tell what you usually eat for breakfast?



SOURCE: GALLUP & GILANI PAKISTAN POLL - SAMPLE SIZE: 1287

Field work conducted by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International Association

Opinion Poll

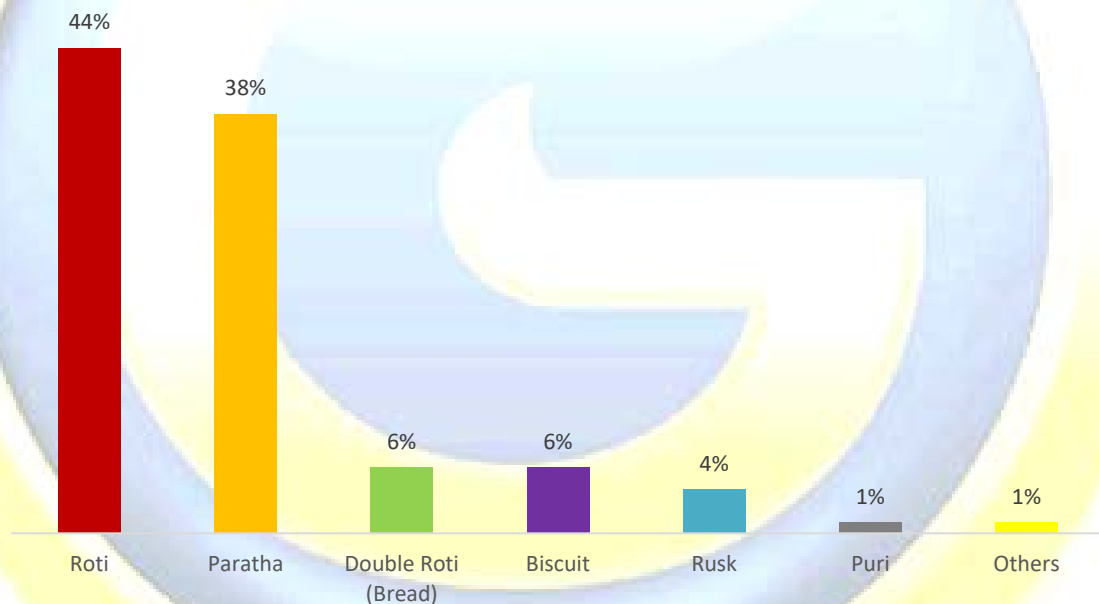
SOCIAL
Eating Habits**Nearly half Pakistanis (44 %) say they usually eat 'roti' for breakfast
(Gallup & Gilani Pakistan Poll)**

Islamabad, October 24, 2019

According to a Gilani Research Foundation Survey carried out by Gallup & Gilani Pakistan, 44% of Pakistanis say they usually eat 'roti' for breakfast.

A nationally representative sample of men and women from across the four provinces was asked, "Please tell what you usually eat for breakfast?" In response, 44% said they eat roti, 38% said paratha, 6% said double roti (bread), 6% said biscuit, 4% said they eat rusk for breakfast and 1% said they usually eat puri for breakfast. Another 1% said they eat something other than these options.

Question: "Please tell what you usually eat for breakfast?"



Source: Gallup & Gilani Pakistan Poll

Field work conducted by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International Association
(www.gallup-international.com; www.gallup.com.pk; www.gilanifoundation.com)

The study was released by Gilani Research Foundation and carried out by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 1,287 men and women in urban and rural areas of all four provinces of the country, during September 22 - September 30, 2019. The error margin is estimated to be approximately ± 2 -3 percent at the 95% confidence level.

Opinion Poll from Gallup Pakistan



The Pakistani Affiliate of Gallup International

Thursday, October 24, 2019

(3 Pages, English version only)



Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

Best Regards,

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Daily Gilani Poll
2019



of Gallup Pakistan
(1980-2019)