

FEBRUARY 11, 2020

14% PAKISTANIS BELIEVE THEY ARE (SOMEWHAT OR VERY) UNHEALTHY; 3 IN 5 BELIEVE THEY ARE HEALTHY

How do you consider your overall health?



Very
Healthy
24%



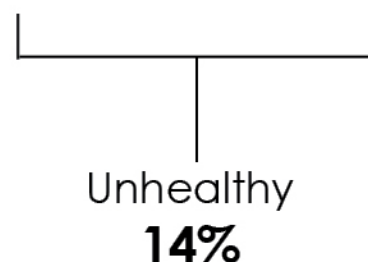
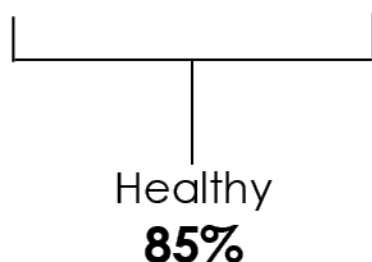
Healthy
61%



Somewhat
Unhealthy
12%



Very
Unhealthy
2%



SOURCE: GALLUP & GILANI PAKISTAN POLL - SAMPLE SIZE: 1219
Nationally Representative Sample covering both rural and urban respondents across Pakistan's four provinces.

Opinion Poll

**SOCIAL
Health****14 % Pakistanis believe they are (somewhat or very) unhealthy; 3 in 5 believe they are healthy (Gallup & Gilani Pakistan Poll)**

Islamabad, 11 February, 2020

According to a Gilani Research Foundation Survey carried out by Gallup & Gilani Pakistan, 14% Pakistanis believe they are (somewhat or very) unhealthy; 3 in 5 believe they are healthy.

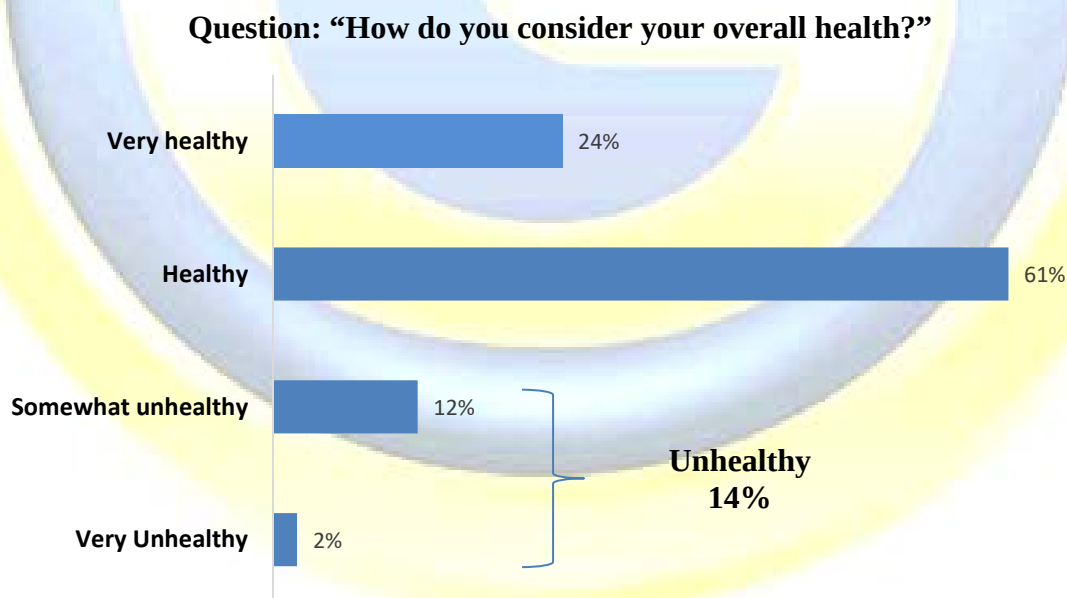
A representative sample of men and women from across the four provinces was asked, “How do you consider your overall health?” In response, 24% claim they are very healthy, 61% think they are healthy, 12% believe they are somewhat unhealthy while only 2% consider themselves unhealthy.

Urban/Rural Breakdown: Almost equal proportion of rural and urban Pakistanis believe they are healthy

Out of total urban respondents, 84% believe they are healthy as opposed to 86% rural respondents. Only 16% in urban areas and 13% in rural areas consider themselves unhealthy.

Gender Breakdown: Females report lower levels of overall health with 1 in 5 claiming they are somewhat unhealthy

Out of the total males that responded, 30% said they considered themselves very healthy as compared to a much lower 13% females. 61% males and 62% females felt they were healthy. 8% males and much higher 21% females felt they were somewhat unhealthy while 1% males and 2% females felt they were very unhealthy.



(DK/NR not shown)

Source: Gallup & Gilani Pakistan Poll

Field work conducted by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International Association
(www.gallup-international.com; www.gallup.com.pk; www.gilanifoundation.com)

The study was released by Gilani Research Foundation and carried out by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 1,219 men and women in urban and rural areas of all four provinces of the country, during December 24 – December 31, 2019. The error margin is estimated to be approximately ± 2 -3 percent at the 95% confidence level.

Opinion Poll from Gallup Pakistan



The Pakistani Affiliate of Gallup International

Tuesday, 11 February, 2020

(3 Pages, English version only)



Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

Best Regards,

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Disclaimer: Gallup Pakistan and Gilani Research foundation are a nonpartisan fact tank and think tank respectively. As a neutral source of data and analysis, both organizations do not take policy positions.



Daily Gilani Poll
2020



of Gallup Pakistan
(1980-2020)