

APRIL 20, 2020

7% PAKISTANIS REPORT EITHER KNOWING SOMEONE WHO ATTEMPTED SUICIDE OR KNOW SOMEONE WHO COMMITTED SUICIDE

Do you personally know anyone who has tried to kill themselves or committed suicide?



SOURCE: GALLUP & GILANI PAKISTAN POLL - SAMPLE SIZE: 1256
 Nationally Representative Sample covering both rural and urban respondents across the country.

Opinion Poll

**SOCIAL
Health Care****7% Pakistanis report either knowing someone who attempted suicide or know someone who committed suicide (Gallup & Gilani Pakistan Poll)**

Islamabad, 20th April, 2020

According to a Gilani Research Foundation Survey carried out by Gallup & Gilani Pakistan, 7% Pakistanis report either knowing someone who attempted suicide or know someone who committed suicide.

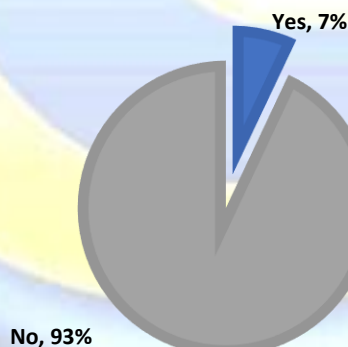
A representative sample of men and women from across the four provinces was asked, “Do you personally know anyone who has tried to kill themselves or committed suicide?” In response, 7% said yes while 93% said no.

Roughly, 8.4 million Pakistanis report either knowing someone who has attempted to kill himself or herself or committed suicide, highlighting the importance of mental health for the wellbeing of Pakistani citizens.

Urban-Rural Breakdown: 5% more urban than rural respondents reported knowing someone who has attempted or committed suicide.

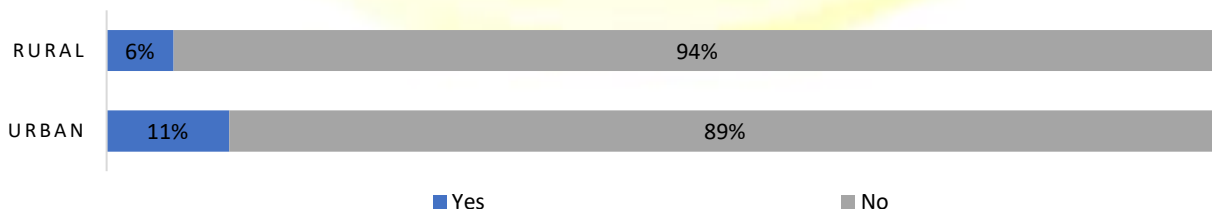
Gender Breakdown: Nearly twice as many males (8%) report knowing someone who attempted suicide or know someone who committed suicide as compared to 4% females that report the same.

Question: “Do you personally know anyone who has tried to kill themselves or committed suicide?”



Source: Gallup & Gilani Pakistan Poll

Field work conducted by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International Association
(www.gallup-international.com; www.gallup.com.pk; www.gilanifoundation.com)



The study was released by Gilani Research Foundation and carried out by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 1,256 men and women in urban and rural areas of all four provinces of the country, during March 11 – March 18, 2020. The error margin is estimated to be approximately $\pm 2-3$ percent at the 95% confidence level.

Opinion Poll from Gallup Pakistan



The Pakistani Affiliate of Gallup International

GILANI RESEARCH
FOUNDATION



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(3 Pages, English version only)

Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

Best Regards,

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Daily Gilani Poll
2020



of Gallup Pakistan
(1980-2020)