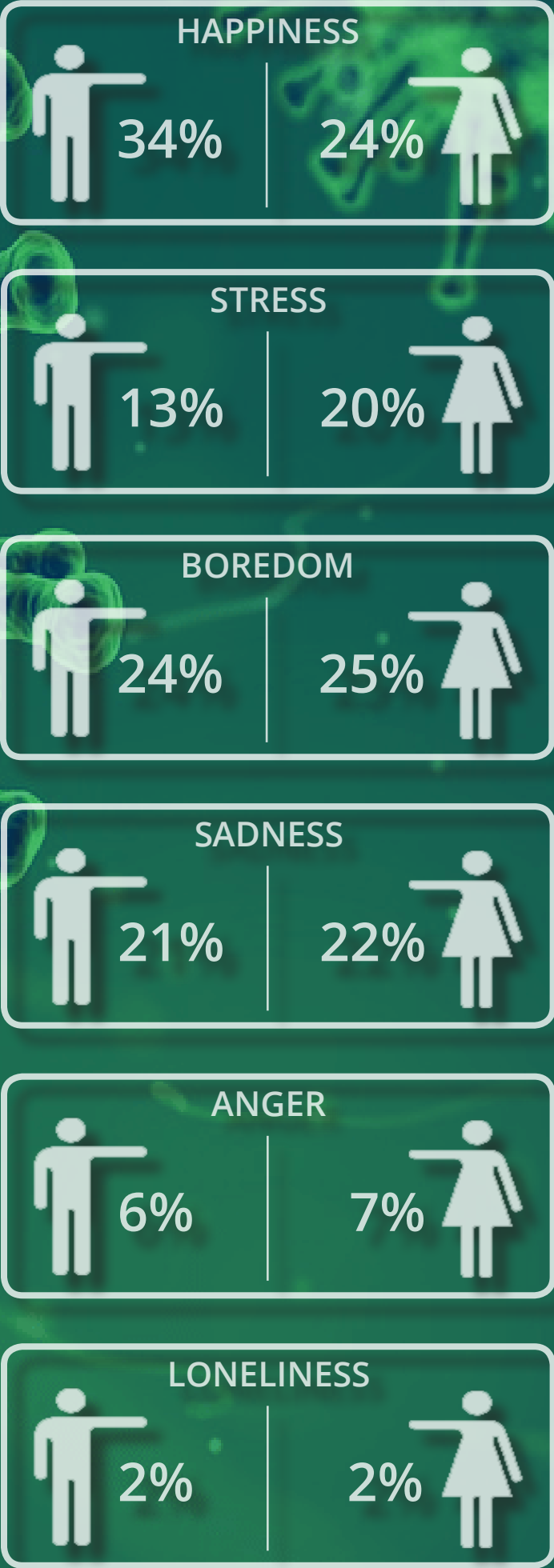


MOOD DURING LOCKDOWN: 29% PAKISTANIS FELT HAPPY IN THE PAST 7 DAYS; A QUARTER (24%) EXPRESSED BOREDOM. GREATER PROPORTION OF FEMALES THAN MALES (20%) REPORTED STRESS (GALLUP & GILANI PAKISTAN WEEKLY CORONAVIRUS PERCEPTION TRACKER)

Which of the following best describes your feelings the most in the past 7 days?



GENDER BREAKDOWN





Opinion Poll CORONAVIRUS

Mood during lockdown: 29 % Pakistanis felt happy in the past 7 days; a quarter (24 %) expressed boredom. Greater proportion of females than males reported stress (20 %) (Gallup & Gilani Pakistan Weekly Coronavirus Perception Tracker)

Islamabad, May 14, 2020

According to a Gilani Research Foundation Survey carried out by Gallup & Gilani Pakistan, 29% Pakistanis felt happy in the past 7 days; a quarter (24%) expressed boredom.

A nationally representative sample of adult men and women from across the four provinces was asked the following question, “Which of the following best describes your feelings the most in the past 7 days?” In response to this question, 29% said they felt happiness, 24% felt boredom, 21% experienced sadness, 17% were stressed and 7% felt that anger best described their feelings in the past 7 days while 2% said they felt loneliness the most.

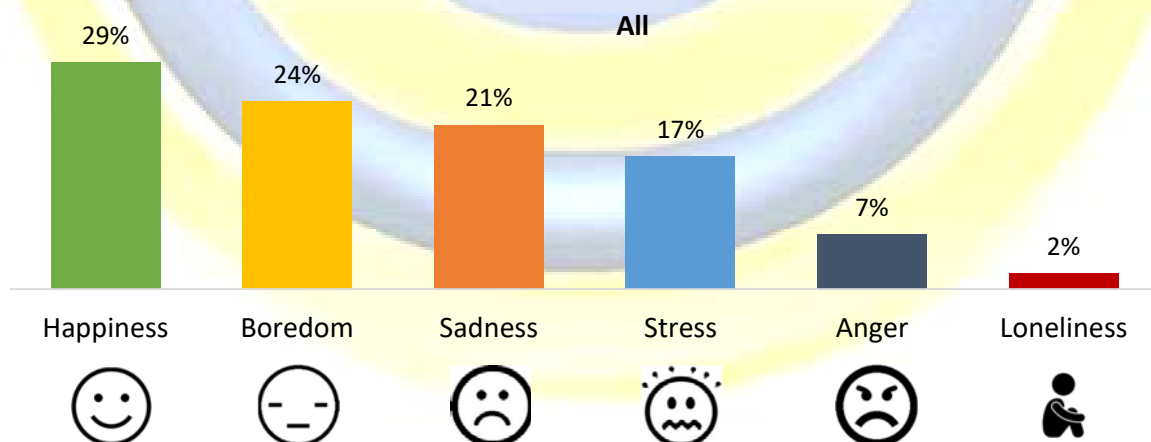
Gender Breakdown: Highest level of happiness was reported among males

34% males said they felt happiness as compared to 24% females. 13% males and 20% females reported feeling stressed. Similar proportion reported feeling boredom, sadness, anger and loneliness.

Age Breakdown: Highest proportion of young people report being happy while those in the 40-49 age cohort reported highest stress

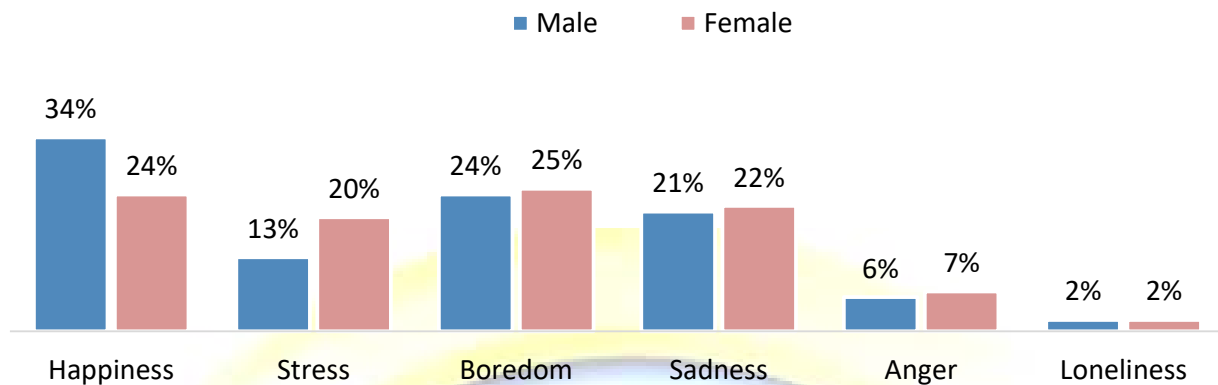
Urban Rural Breakdown: Rural respondents reported highest level of sadness, higher stress levels while ranking lower than urban areas in feelings of lower boredom and anger

Question: “Which of the following best describes your feelings the most in the past 7 days?”

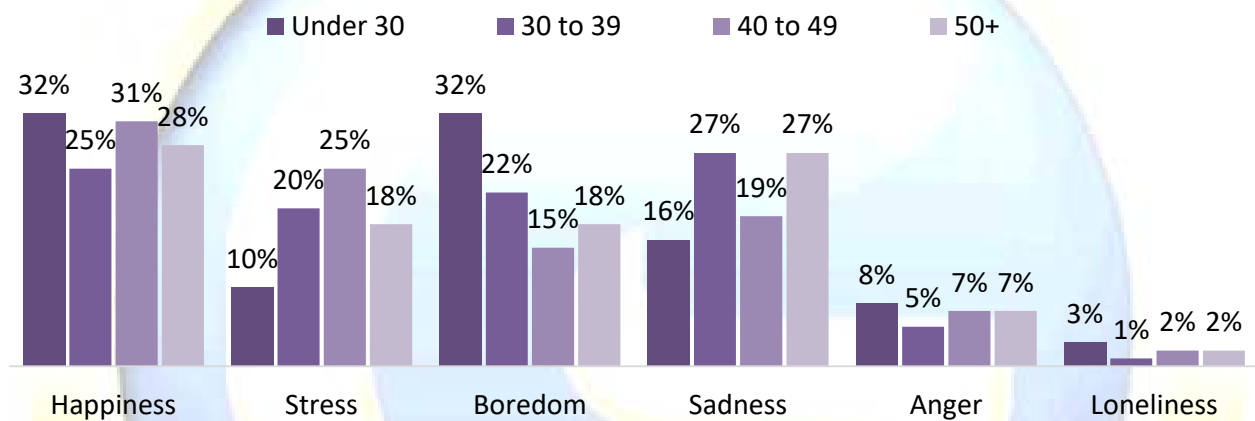


Source: Gallup Pakistan Coronavirus Attitude Tracker Survey 2020, Wave 4
Fieldwork conducted by Gallup Pakistan, the Pakistani affiliate of Gallup International Association
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

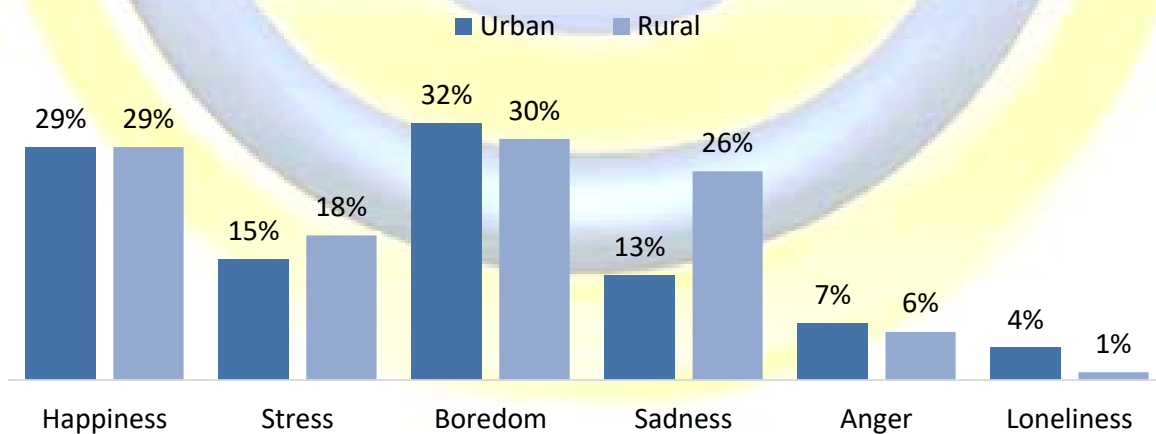
Gender Breakdown



Age Breakdown



Urban-Rural Breakdown



The study was released by Gilani Research Foundation and carried out by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out through telephonic interviews among a sample of 1,500 men and women in urban and rural areas of all four provinces of the country, during April 14 – April 24, 2020 as a part of Gallup Pakistan Coronavirus Attitude Tracker Survey 2020, Wave 4. The error margin is estimated to be approximately ± 3 percent at the 95% confidence level.



Opinion Poll from Gallup Pakistan
The Pakistani Affiliate of Gallup



Monday, May 14, 2020

(4 Pages, English version Only)

Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

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Daily Gilani Poll
2020



of Gallup Pakistan
(1980-2020)