

FOOD INSECURITY IN PAKISTAN

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EXECUTIVE SUMMARY



GALLUP

PAKISTAN

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Pakistan's Foremost Social Research Lab



Executive Summary

The rate of food insecurity in Pakistan is particularly high in the rural areas where the poverty rate has also remained high. According to a World Bank [report](#), poverty head count rate in rural areas was twice as much as the rate in urban areas. The worsening situation in the economic and environment sector has also given rise to food insecurity in the country. In this particular report, Gallup Pakistan has considered an indiscriminate survey from the citizens of Pakistan, PSLM 2018-19 to assess the prevalence of food insecurity across the country. PSLM (Pakistan Social and Living Standards Measurement) is a yearly survey conducted by the Pakistan Bureau of Statistics that gathers data at provincial and district level to assist the government of Pakistan. It focuses on multiple social and economic factors. Key findings are below:

- In the past 12 months, there was a time when 18% of Pakistani households had to worry about not having enough food.
- 30% of Pakistani households say they were unable to eat healthy food in the last 12 months due to financial constraints.
- 29% of households reported that there was a time when their household ate only a few kinds of foods due to a lack of money / resources
- 1 in 10 Pakistani households reported that there was a time when their household had to skip a meal.
- 14% households reported that there was a time when their household ate less than they think they should have.
- 7% of the households reported that there was a time when their household ran out of food while 6% of the households reported that there was time when they or others in their household did not eat due to lack of resources.
- 5% households reported that they went without eating a whole day due to lack of money
- A higher proportion of rural than urban residents report food insecurity
- Highest percentage (61%) of respondents from Bahawalpur Division report having no food to eat; 74% from Mirpurkhas report being unable to eat healthy food due to a lack of food/resources.
- Residents of Sindh (21%) were most likely to report that they had to worry about not having enough food to eat, while residents of KP reported the highest percentage (46%) of not being able to eat healthy food because of a lack of resources. 41% KP residents also reported eating only a few kinds of food due to financial constraints.
- Among the 12 regions, highest proportion of households from Hazara (35%) claimed having to worry about not having enough food to eat and being unable to eat healthy food (58%).
- Similarly, the region of South Punjab reported the highest percentage (23%) of having to skip a meal because of not having enough resources. South Punjab households also



reported the highest percentage (15%) when they responded that their household ran out of food.

- 11% of households from Southern Punjab also reported that they or others in their household did not eat for a whole day because of financial constraints (highest for the region)

PART ONE

FOOD INSECURITY



GALLUP
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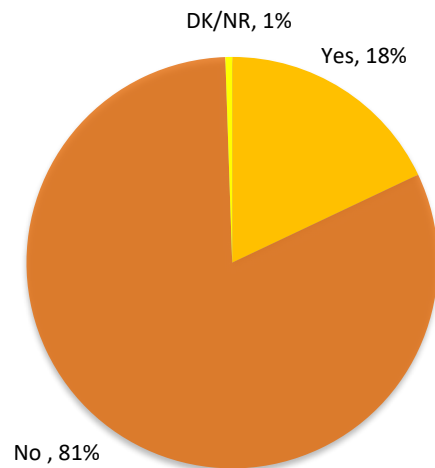
Pakistan's Foremost Social Research Lab



In the last 12 months there was a time when 18% Pakistani households had to worry about not having enough food

Item 1.1: Key Finding

Question: **During the last 12 MONTHS, was there a time when you or others in your household worried about not having enough food to eat because of a lack of money or other resources?**



Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.1: Statistical Analysis

Residents of Sindh (21%), rural households (22%) had to worry the most about not having enough food to eat

Question: **During the last 12 MONTHS, was there a time when you or others in your household worried about not having enough food to eat because of a lack of money or other resources?**

		Yes	No	DK/NR
All Pakistan		18%	81%	1%
Location				
	Rural	22%	77%	0%
	Urban	11%	88%	1%
Province				
	Punjab	17%	82%	0%
	Sindh	21%	78%	1%
	KP	17%	83%	0%
	Balochistan	13%	85%	2%
12 Regions				
	Punjab North	5%	95%	0%
	Punjab West	15%	85%	0%
	Punjab Central	9%	90%	1%
	Punjab South	30%	70%	0%
	Karachi Region	4%	95%	1%
	Interior Sindh	30%	69%	1%
	KP North	12%	87%	1%
	KP South	11%	89%	0%
	Peshawar Valley	14%	86%	0%
	Hazara	35%	65%	0%
	Quetta Region	6%	90%	4%
	Kalat & Makran Region	17%	82%	1%

Source: Pakistan Social and Living Standards Measurement 2018-19



		Yes	No	DK/NR
Divisions				
	Malakand	12%	87%	1%
	Hazara	35%	65%	0%
	Mardan	14%	86%	0%
	Peshawar	14%	85%	0%
	Kohat	15%	85%	0%
	Bannu	13%	87%	0%
	Dera Ismail Khan	4%	96%	0%
	Islamabad	3%	97%	0%
	Rawalpindi	5%	95%	0%
	Sargodha	36%	64%	0%
	Faisalabad	2%	98%	0%
	Gujranwala	7%	91%	2%
	Lahore	10%	90%	0%
	Sahiwal	15%	85%	0%
	Multan	19%	80%	0%
	Dera Ghazi Khan	21%	79%	0%
	Bahawalpur	61%	39%	0%
	Larkana	32%	68%	0%
	Sukkur	21%	79%	0%
	Hyderabad	28%	71%	1%
	Mirpur Khas	51%	49%	1%
	Karachi	4%	95%	1%
	Shaheed Benazirabad	28%	72%	1%
	Quetta	6%	90%	4%
	Zhob	5%	91%	4%
	Sibbi	32%	65%	3%
	Nasirabad	46%	54%	0%
	Kalat	5%	95%	0%
	Mekran	1%	99%	0%

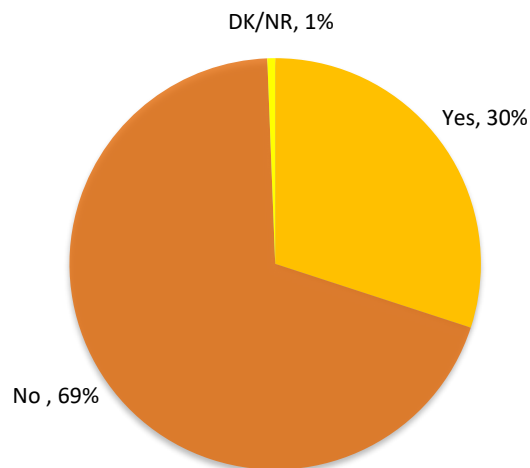
Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.2: Key Finding

In the last 12 months, 30% Pakistani households were unable to eat healthy food due to lack of money and resources

Question: **Still thinking about the last 12 MONTHS, during the last 12 months, was there a time when you or others in your household were unable to eat healthy and nutritious food because of a lack of money or other resources?**



Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.2: Statistical Analysis

Highest proportion of respondents from KP (46%), rural households (36%) reported being unable to eat healthy food

Question: **Still thinking about the last 12 MONTHS, during the last 12 months, was there a time when you or others in your household were unable to eat healthy and nutritious food because of a lack of money or other resources?**

		Yes	No	DK/NR
All Pakistan		30%	69%	1%
Location				
	Rural	36%	63%	1%
	Urban	19%	80%	1%
Province				
	Punjab	22%	77%	1%
	Sindh	39%	61%	1%
	KP	46%	53%	0%
	Balochistan	32%	65%	2%
12 Regions				
	Punjab North	5%	95%	0%
	Punjab West	19%	81%	0%
	Punjab Central	12%	87%	1%
	Punjab South	39%	61%	0%
	Karachi Region	16%	82%	1%
	Interior Sindh	50%	49%	0%
	KP North	23%	77%	1%
	KP South	45%	55%	0%
	Peshawar Valley	55%	45%	0%
	Hazara	58%	42%	0%
	Quetta Region	38%	58%	5%
	Kalat & Makran Region	28%	71%	1%

Source: Pakistan Social and Living Standards Measurement 2018-19



		Yes	No	DK/NR
Divisions				
	Malakand	23%	77%	1%
	Hazara	58%	42%	0%
	Mardan	58%	41%	0%
	Peshawar	53%	46%	0%
	Kohat	57%	43%	0%
	Bannu	57%	43%	0%
	Dera Ismail Khan	23%	77%	0%
	Islamabad	4%	96%	0%
	Rawalpindi	6%	94%	0%
	Sargodha	46%	53%	0%
	Faisalabad	2%	98%	0%
	Gujranwala	15%	82%	3%
	Lahore	9%	91%	0%
	Sahiwal	14%	86%	0%
	Multan	36%	64%	0%
	Dera Ghazi Khan	38%	62%	0%
	Bahawalpur	61%	39%	0%
	Larkana	42%	58%	0%
	Sukkur	25%	75%	0%
	Hyderabad	57%	42%	1%
	Mirpur Khas	73%	25%	1%
	Karachi	16%	82%	1%
	Shaheed Benazirabad	57%	43%	0%
	Quetta	35%	60%	5%
	Zhob	43%	53%	4%
	Sibbi	53%	44%	3%
	Nasirabad	68%	32%	0%
	Kalat	13%	87%	1%
	Mekran	1%	99%	0%

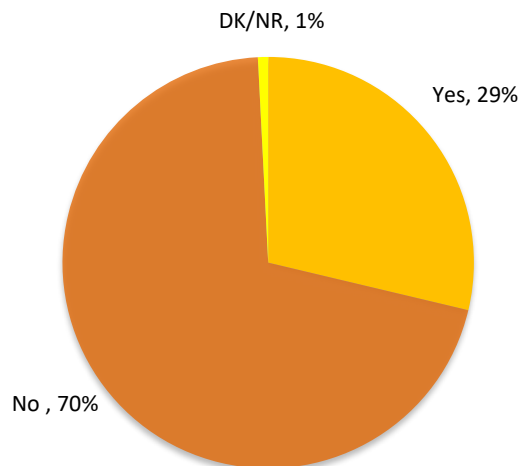
Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.3: Key Finding

1 in 3 households reported that there was a time when their household ate only a few kinds of foods

Question: **During the last 12 MONTHS, was there a time when you or others in your household ate only a few kinds of foods because of a lack of money or other resources?**



Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.3: Statistical Analysis

14% more respondents from rural than urban areas reported eating only a few kinds of food due to not having enough money or resources

Question: **During the last 12 MONTHS, was there a time when you or others in your household ate only a few kinds of foods because of a lack of money or other resources?**

		Yes	No	DK/NR
All Pakistan		29%	70%	1%
Location				
	Rural	34%	65%	1%
	Urban	20%	79%	1%
Province				
	Punjab	22%	78%	1%
	Sindh	38%	61%	1%
	KP	41%	58%	0%
	Balochistan	33%	64%	2%
12 Regions				
	Punjab North	6%	94%	0%
	Punjab West	18%	82%	0%
	Punjab Central	12%	87%	1%
	Punjab South	37%	63%	0%
	Karachi Region	20%	77%	3%
	Interior Sindh	47%	52%	1%
	KP North	20%	79%	1%
	KP South	38%	62%	0%
	Peshawar Valley	55%	44%	1%
	Hazara	43%	57%	0%
	Quetta Region	41%	55%	4%
	Kalat & Makran Region	28%	71%	1%

Source: Pakistan Social and Living Standards Measurement 2018-19



		Yes	No	DK/NR
Divisions				
	Malakand	20%	79%	1%
	Hazara	43%	57%	0%
	Mardan	60%	40%	0%
	Peshawar	53%	46%	1%
	Kohat	51%	49%	0%
	Bannu	45%	53%	2%
	Dera Ismail Khan	18%	82%	0%
	Islamabad	4%	96%	0%
	Rawalpindi	6%	94%	0%
	Sargodha	44%	55%	0%
	Faisalabad	2%	98%	0%
	Gujranwala	15%	82%	3%
	Lahore	9%	91%	0%
	Sahiwal	14%	86%	0%
	Multan	35%	65%	0%
	Dera Ghazi Khan	36%	64%	0%
	Bahawalpur	58%	42%	0%
	Larkana	42%	58%	0%
	Sukkur	21%	79%	0%
	Hyderabad	53%	46%	1%
	Mirpur Khas	72%	27%	1%
	Karachi	20%	77%	3%
	Shaheed Benazirabad	53%	47%	0%
	Quetta	40%	56%	4%
	Zhob	44%	52%	4%
	Sibbi	52%	45%	3%
	Nasirabad	68%	32%	0%
	Kalat	12%	87%	2%
	Mekran	1%	99%	0%

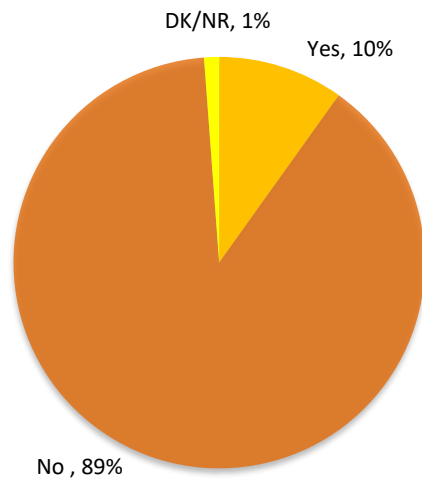
Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.4: Key Finding

1 in 10 households report that there was a time when their household had to skip a meal

Question: **During the last 12 months, was there a time when you or others in your household had to skip a meal because there was not enough money or other resources to get food?**



Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.4: Statistical Analysis

Among all the 12 regions, South Punjab (23%) reported the highest percentage of having to skip a meal

Question: **During the last 12 months, was there a time when you or others in your household had to skip a meal because there was not enough money or other resources to get food?**

		Yes	No	DK/NR
All Pakistan		10%	89%	1%
Location				
	Rural	13%	87%	1%
	Urban	6%	93%	2%
Province				
	Punjab	11%	88%	0%
	Sindh	9%	88%	3%
	KP	6%	94%	0%
	Balochistan	7%	90%	4%
12 Regions				
	Punjab North	4%	96%	0%
	Punjab West	8%	92%	0%
	Punjab Central	2%	96%	1%
	Punjab South	23%	77%	0%
	Karachi Region	3%	90%	7%
	Interior Sindh	12%	87%	1%
	KP North	4%	95%	1%
	KP South	8%	92%	0%
	Peshawar Valley	7%	93%	0%
	Hazara	6%	94%	0%
	Quetta Region	3%	91%	6%
	Kalat & Makran Region	9%	89%	2%

Source: Pakistan Social and Living Standards Measurement 2018-19



		Yes	No	DK/NR
Divisions				
	Malakand	4%	95%	1%
	Hazara	6%	94%	0%
	Mardan	7%	93%	0%
	Peshawar	7%	93%	0%
	Kohat	4%	96%	0%
	Bannu	15%	84%	0%
	Dera Ismail Khan	4%	96%	0%
	Islamabad	4%	96%	0%
	Rawalpindi	4%	96%	0%
	Sargodha	18%	82%	0%
	Faisalabad	2%	98%	0%
	Gujranwala	2%	95%	3%
	Lahore	3%	97%	0%
	Sahiwal	4%	96%	0%
	Multan	15%	85%	0%
	Dera Ghazi Khan	23%	77%	0%
	Bahawalpur	46%	54%	0%
	Larkana	10%	90%	0%
	Sukkur	7%	93%	0%
	Hyderabad	15%	82%	3%
	Mirpur Khas	16%	83%	1%
	Karachi	3%	90%	7%
	Shaheed Benazirabad	11%	88%	1%
	Quetta	3%	90%	6%
	Zhob	3%	92%	5%
	Sibbi	18%	78%	3%
	Nasirabad	20%	80%	0%
	Kalat	5%	92%	3%
	Mekran	1%	99%	0%

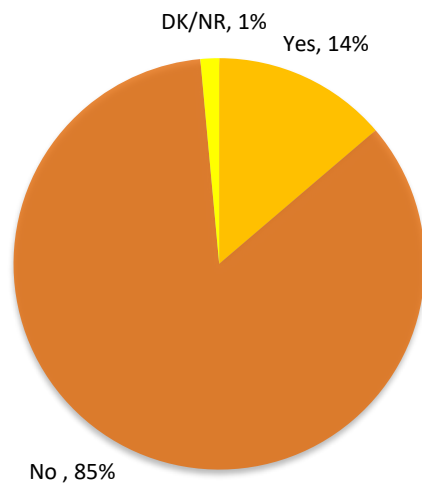
Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.5: Key Finding

14% of the households reported that there was a time when their household ate less than they thought they should

Question: **Still thinking about the last 12 MONTHS, during the last 12 months, was there a time when you or others in your household ate less than you thought you should because of a lack of money or other resources?**



Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.5: Statistical Analysis

Among the divisions, Nasirabad (72%) reported the highest percentage of respondents who reported facing a time when they or others in their household ate less than they thought they should

Question: Still thinking about the last 12 MONTHS, during the last 12 months, was there a time when you or others in your household ate less than you thought you should because of a lack of money or other resources?

		Yes	No	DK/NR
All Pakistan		14%	85%	1%
Location				
	Rural	17%	82%	1%
	Urban	8%	90%	2%
Province				
	Punjab	12%	87%	1%
	Sindh	16%	80%	3%
	KP	16%	83%	1%
	Balochistan	16%	80%	4%
12 Regions				
	Punjab North	5%	95%	0%
	Punjab West	9%	91%	0%
	Punjab Central	5%	94%	1%
	Punjab South	23%	77%	0%
	Karachi Region	3%	90%	7%
	Interior Sindh	23%	75%	2%
	KP North	7%	92%	2%
	KP South	15%	84%	1%
	Peshawar Valley	25%	74%	2%
	Hazara	10%	90%	0%
	Quetta Region	4%	89%	7%
	Kalat & Makran Region	24%	74%	2%

Source: Pakistan Social and Living Standards Measurement 2018-19



		Yes	No	DK/NR
Divisions				
	Malakand	7%	92%	2%
	Hazara	10%	90%	0%
	Mardan	20%	77%	2%
	Peshawar	27%	72%	1%
	Kohat	22%	77%	1%
	Bannu	19%	79%	2%
	Dera Ismail Khan	4%	96%	0%
	Islamabad	5%	95%	0%
	Rawalpindi	5%	95%	0%
	Sargodha	21%	79%	0%
	Faisalabad	2%	98%	0%
	Gujranwala	6%	91%	3%
	Lahore	3%	97%	0%
	Sahiwal	6%	94%	0%
	Multan	19%	81%	0%
	Dera Ghazi Khan	27%	73%	1%
	Bahawalpur	34%	66%	0%
	Larkana	40%	60%	0%
	Sukkur	17%	82%	0%
	Hyderabad	16%	80%	3%
	Mirpur Khas	32%	67%	1%
	Karachi	3%	90%	7%
	Shaheed Benazirabad	16%	82%	2%
	Quetta	5%	87%	8%
	Zhob	3%	92%	5%
	Sibbi	38%	57%	5%
	Nasirabad	72%	28%	0%
	Kalat	6%	91%	3%
	Mekran	1%	99%	0%

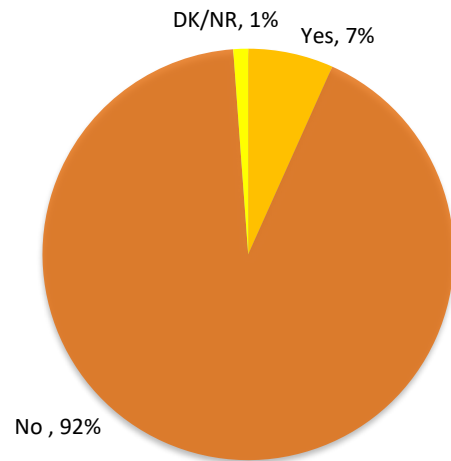
Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.6: Key Finding

7% of the households reported that there was a time when their household ran out of food

Question: **During the last 12 months, was there a time when your household ran out of food because of a lack of money or other resources?**



Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.6: Statistical Analysis

Rural residents reported a higher percentage (9%), compared to Urban (4%) of running out of food because of a lack of money

Question: **During the last 12 months, was there a time when your household ran out of food because of a lack of money or other resources?**

		Yes	No	DK/NR
All Pakistan		7%	92%	1%
Location				
	Rural	9%	91%	1%
	Urban	4%	95%	2%
Province				
	Punjab	7%	92%	1%
	Sindh	6%	91%	3%
	KP	5%	94%	0%
	Balochistan	5%	91%	4%
12 Regions				
	Punjab North	3%	97%	0%
	Punjab West	6%	94%	0%
	Punjab Central	2%	97%	1%
	Punjab South	15%	85%	0%
	Karachi Region	1%	94%	5%
	Interior Sindh	8%	90%	1%
	KP North	2%	97%	1%
	KP South	7%	93%	0%
	Peshawar Valley	9%	91%	0%
	Hazara	1%	99%	0%
	Quetta Region	3%	90%	7%
	Kalat & Makran Region	6%	92%	2%

Source: Pakistan Social and Living Standards Measurement 2018-19



		Yes	No	DK/NR
Divisions				
	Malakand	2%	97%	1%
	Hazara	1%	99%	0%
	Mardan	6%	94%	0%
	Peshawar	10%	90%	0%
	Kohat	8%	92%	0%
	Bannu	9%	91%	0%
	Dera Ismail Khan	4%	96%	0%
	Islamabad	3%	97%	0%
	Rawalpindi	3%	97%	0%
	Sargodha	13%	87%	0%
	Faisalabad	2%	98%	0%
	Gujranwala	1%	96%	3%
	Lahore	2%	98%	0%
	Sahiwal	3%	97%	0%
	Multan	9%	91%	0%
	Dera Ghazi Khan	15%	85%	0%
	Bahawalpur	29%	71%	0%
	Larkana	8%	91%	1%
	Sukkur	6%	94%	0%
	Hyderabad	8%	89%	3%
	Mirpur Khas	16%	83%	1%
	Karachi	1%	94%	5%
	Shaheed Benazirabad	7%	92%	1%
	Quetta	3%	90%	7%
	Zhob	3%	92%	6%
	Sibbi	11%	84%	5%
	Nasirabad	14%	86%	0%
	Kalat	3%	93%	4%
	Mekran	1%	99%	0%

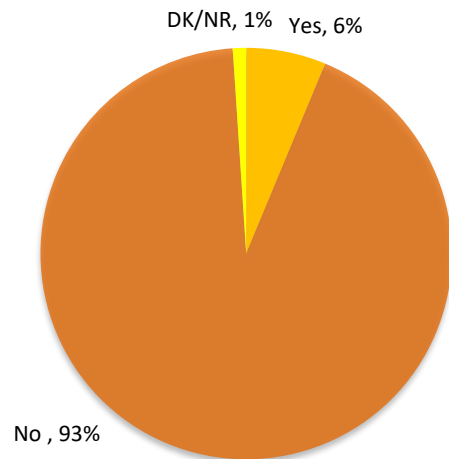
Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.7: Key Finding

6% of the households reported that there was time when they or others in their household did not eat because of a lack of resources

Question: **During the last 12 months, was there a time when you or others in your household were hungry but did not eat because there was not enough money or other resources for food?**



Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.7: Statistical Analysis

Among all the divisions, Nasirabad (37%) and Bahawalpur (25%) reported higher percentages of having a time when they or others in their household were hungry but did not eat

Question: During the last 12 months, was there a time when you or others in your household were hungry but did not eat because there was not enough money or other resources for food?

		Yes	No	DK/NR
All Pakistan		6%	93%	1%
Location				
	Rural	8%	91%	1%
	Urban	3%	95%	1%
Province				
	Punjab	6%	93%	1%
	Sindh	6%	92%	2%
	KP	5%	95%	0%
	Balochistan	9%	87%	4%
12 Regions				
	Punjab North	3%	97%	0%
	Punjab West	5%	94%	0%
	Punjab Central	2%	97%	1%
	Punjab South	12%	88%	0%
	Karachi Region	1%	96%	4%
	Interior Sindh	9%	89%	1%
	KP North	2%	96%	2%
	KP South	7%	93%	0%
	Peshawar Valley	7%	93%	0%
	Hazara	1%	99%	0%
	Quetta Region	2%	91%	7%
	Kalat & Makran Region	13%	85%	2%

Source: Pakistan Social and Living Standards Measurement 2018-19



		Yes	No	DK/NR
Divisions				
	Malakand	2%	96%	2%
	Hazara	1%	99%	0%
	Mardan	5%	95%	0%
	Peshawar	8%	92%	0%
	Kohat	6%	94%	0%
	Bannu	12%	88%	0%
	Dera Ismail Khan	4%	96%	0%
	Islamabad	3%	97%	0%
	Rawalpindi	3%	97%	0%
	Sargodha	11%	88%	0%
	Faisalabad	2%	98%	0%
	Gujranwala	1%	96%	3%
	Lahore	2%	98%	0%
	Sahiwal	2%	97%	0%
	Multan	6%	93%	1%
	Dera Ghazi Khan	12%	87%	1%
	Bahawalpur	25%	75%	0%
	Larkana	15%	84%	1%
	Sukkur	7%	93%	0%
	Hyderabad	7%	91%	2%
	Mirpur Khas	15%	85%	1%
	Karachi	1%	96%	4%
	Shaheed Benazirabad	7%	93%	0%
	Quetta	2%	91%	8%
	Zhob	3%	92%	6%
	Sibbi	22%	72%	6%
	Nasirabad	37%	63%	0%
	Kalat	3%	94%	3%
	Mekran	1%	99%	0%

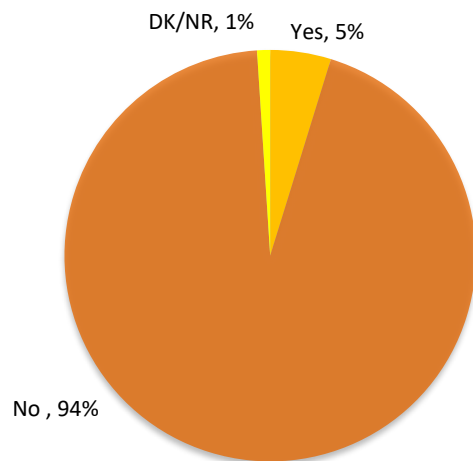
Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.8: Key Finding

5% of the households reported that they went without eating a whole day due to lack of money

Question: **During the last 12 months, was there a time when you or others in your household went without eating for a whole day because of lack of money or other resources?**



Source: Pakistan Social and Living Standards Measurement 2018-19



Item 1.8: Statistical Analysis

In all the divisions Bahawalpur (25%) reported the highest percentage of not eating for a whole day because of a lack of food

Question: **During the last 12 months, was there a time when you or others in your household went without eating for a whole day because of lack of money or other resources?**

		Yes	No	DK/NR
All Pakistan		5%	94%	1%
Location				
	Rural	6%	93%	1%
	Urban	2%	97%	1%
Province				
	Punjab	6%	94%	1%
	Sindh	4%	94%	2%
	KP	3%	97%	0%
	Balochistan	3%	93%	4%
12 Regions				
	Punjab North	2%	98%	0%
	Punjab West	5%	95%	0%
	Punjab Central	1%	98%	1%
	Punjab South	11%	89%	0%
	Karachi Region	1%	96%	3%
	Interior Sindh	6%	93%	1%
	KP North	1%	97%	1%
	KP South	4%	96%	0%
	Peshawar Valley	5%	95%	0%
	Hazara	0%	100%	0%
	Quetta Region	2%	91%	7%
	Kalat & Makran Region	5%	93%	2%

Source: Pakistan Social and Living Standards Measurement 2018-19

to be continued



		Yes	No	DK/NR
Divisions				
	Malakand	1%	97%	1%
	Hazara	0%	100%	0%
	Mardan	3%	97%	0%
	Peshawar	5%	95%	0%
	Kohat	3%	97%	0%
	Bannu	7%	93%	0%
	Dera Ismail Khan	2%	98%	0%
	Islamabad	2%	98%	0%
	Rawalpindi	2%	98%	0%
	Sargodha	10%	90%	0%
	Faisalabad	1%	98%	0%
	Gujranwala	1%	97%	2%
	Lahore	1%	99%	0%
	Sahiwal	2%	98%	0%
	Multan	5%	94%	1%
	Dera Ghazi Khan	10%	89%	1%
	Bahawalpur	25%	75%	0%
	Larkana	5%	94%	1%
	Sukkur	2%	98%	0%
	Hyderabad	6%	92%	3%
	Mirpur Khas	15%	85%	1%
	Karachi	1%	96%	3%
	Shaheed Benazirabad	7%	93%	1%
	Quetta	2%	91%	7%
	Zhob	1%	93%	6%
	Sibbi	10%	85%	6%
	Nasirabad	9%	91%	0%
	Kalat	3%	95%	3%
	Mekran	1%	99%	0%

Source: Pakistan Social and Living Standards Measurement 2018-19

PART TWO

METHODOLOGY



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DEMOGRAPHICS

Profile of Household (n= 23,933)

		Count	Col%
BASE: All		23,933	100%
Location			
	Rural	15,281	62%
	Urban	8,652	38%
Province			
	Punjab	11,157	57%
	Sindh	6,181	24%
	KP	4,277	14%
	Balochistan	2,318	5%
Division			
	Malakand	913	3%
	Hazara	787	3%
	Mardan	442	2%
	Peshawar	1,188	3%
	Kohat	358	1%
	Bannu	261	1%
	Dera Ismail Khan	328	1%
	Islamabad	175	1%
	Rawalpindi	1,023	5%
	Sargodha	869	4%
	Faisalabad	1,325	7%
	Gujranwala	1,631	8%
	Lahore	1,914	10%
	Sahiwal	775	4%
	Multan	1,184	6%
	Dera Ghazi Khan	1,044	5%
	Bahawalpur	1,217	6%
	Larkana	877	3%
	Sukkur	770	3%
	Hyderabad	1,597	5%
	Mirpur Khas	551	2%
	Karachi	1,704	8%
	Shaheed Benazirabad	682	2%
	Quetta	578	1%
	Zhob	285	1%
	Sibbi	219	0%
	Nasirabad	327	1%
	Kalat	702	1%
	Mekran	207	1%

Source: Pakistan Social and Living Standards Measurement 2018-19

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