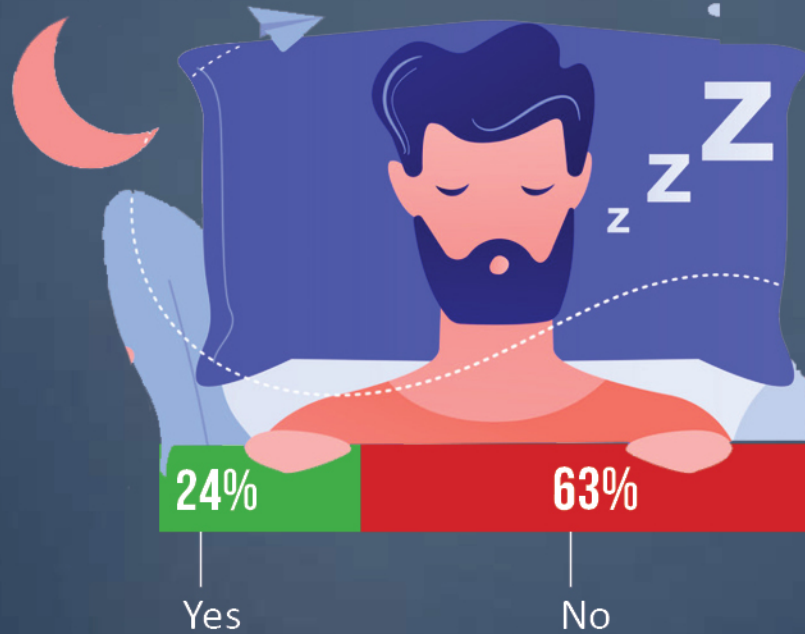


7 December, 2021

A QUARTER (24%) OF PAKISTANIS SAY THAT THEY SNORE; HIGHER FIGURES OBSERVED FOR OLD (51%) RESPONDENTS AND MALES (25%): GALLUP & GILANI PAKISTAN

ایک چوتھائی (24%) پاکستانیوں کے مطابق وہ خراٹے لیتے ہیں، بڑی عمر سے تعلق رکھنے والے جوابدہندگان (51%) اور مرد حضرات (25%) میں خراٹے لینے کے حوالے سے شرح زیادہ پائی گئی

Question: "Do you snore?"



Don't know: 9% | No response: 4%



Opinion Poll
Social Behavior
Sleeping Habits

A quarter (24%) of Pakistanis say that they snore; higher figures observed for old (51%) respondents and males (25%): Gallup & Gilani Pakistan

(Islamabad), December 07, 2021

According to a survey conducted by Gallup & Gilani Pakistan, a quarter (24%) of Pakistanis say that they snore; higher figures observed for old (51%) respondents and males (25%).

A nationally representative sample of adult men and women from across the four provinces was asked the following question, “Do you snore?” In response to this question, 24% said yes, 63% said no and 9% said don’t know. 4% provided no response.

Question: “Do you snore?”

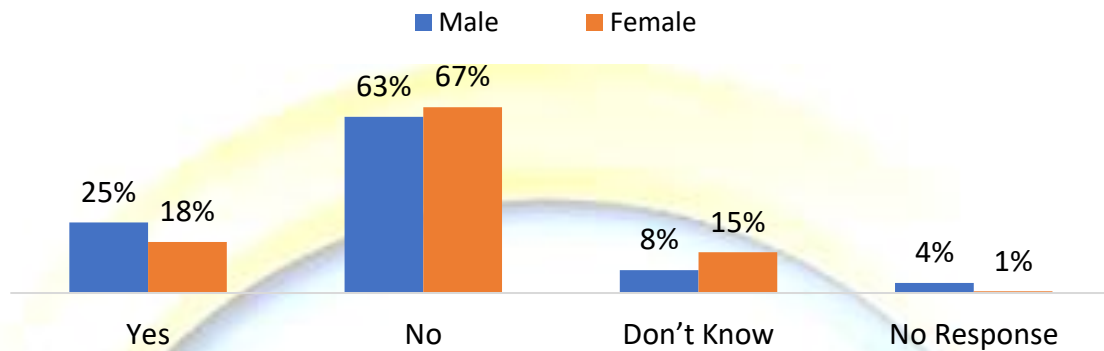


Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

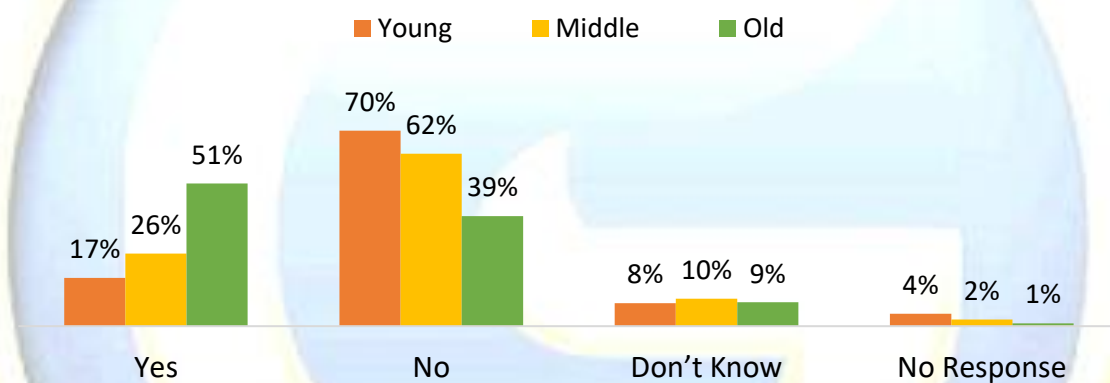
Breakdown

More males (25%) than females (18%) are likely to say that they snore. Age-wise, old (51%) aged individuals are more likely to snore as compared to middle-aged (26%) and young (17%) individuals.

Gender Breakdown



Age Breakdown



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

The study was released by Gilani Research Foundation and carried out by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 552 men and women in urban and rural areas of all four provinces of the country, during October 25, 2021 – October 28, 2021. The error margin is estimated to be approximately $\pm 2-3$ percent at the 95% confidence level. The methodology used for data collection was CATI.



Opinion Poll from Gallup Pakistan
The Pakistani Affiliate of Gallup International

Tuesday, December 07, 2021

(3 Pages, English version Only)



GILANI RESEARCH
FOUNDATION

Gilani Research Foundation is a not for profit public service project to provide social science research to students, academia, policy makers and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently Dr. Gilani, who holds a PhD from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

*Best Regards,
Gallup Pakistan*

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Daily Gilani Poll
2021



of Gallup Pakistan
(1980-2021)