

14th February, 2022

6% PAKISTANIS REPORT THAT THEY OR SOMEONE IN THEIR HOUSEHOLD IS SUFFERING FROM DEPRESSION; THIS RESPONSE WAS MORE COMMON IN RURAL AREAS (8%) AS COMPARED TO URBAN AREAS (3%): GALLUP & GILANI PAKISTAN

6% پاکستانیوں نے اپنے یا اپنے گھرانے کے کسی فرد کے ڈپریشن جیسی بیماری میں مبتلا ہونے کی اطلاع دی، شہری علاقوں (3%) کی نسبت دیہی علاقوں میں رہنے والے (8%) جوابدہندگان میں اس حوالے سے زیادہ شرح پائی گئی

Question: “Please tell us, God forbid, whether you or anyone in your household is suffering from the following diseases? – Depression”





Opinion Poll Health

6% Pakistanis report that they or someone in their household is suffering from depression; this response was more common in rural areas (8%) as compared to urban areas (3%): Gallup & Gilani Pakistan

(Islamabad), February 14, 2022

According to a survey conducted by Gallup & Gilani Pakistan, 6% Pakistanis claimed to know anyone in their household suffering from depression; this response was more common in rural areas (8%) as compared to urban areas (3%).

A nationally representative sample of adult men and women from across the four provinces was asked the following question, “Please tell us, God forbid, whether you or anyone in your household is suffering from the following diseases? – Depression? (Please give only one answer)?” In response to this question, 6% said yes, 84% said no, 4% didn’t know and 6% gave no response. These numbers suggest that there are around 6 million possible patients with depression. Given the lack of qualified psychiatrists and psychologists in the country, the number is alarming and may be pointing to untreated depression.

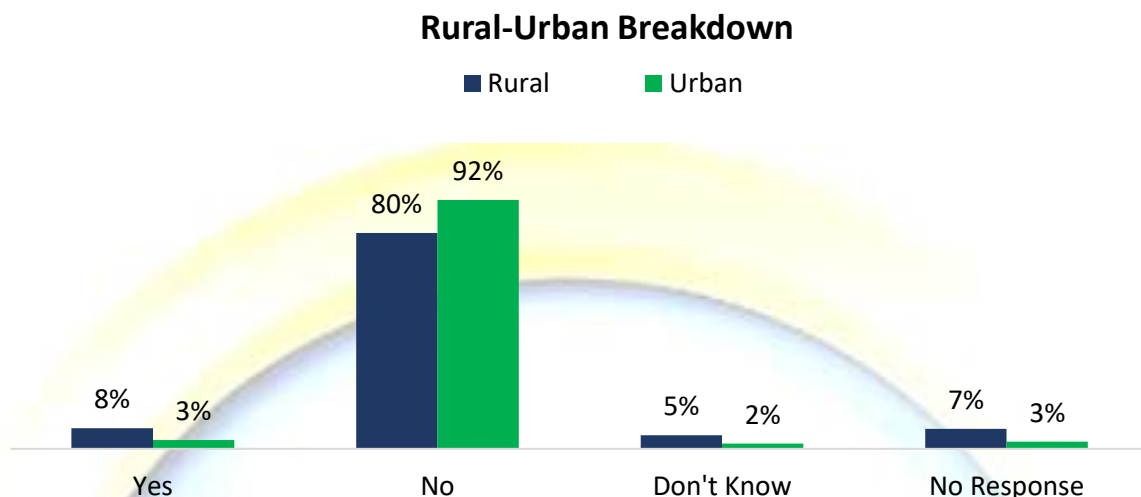
Question: “Please tell us, God forbid, whether you or anyone in your household is suffering from the following diseases? – Depression”



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

Rural-Urban Breakdown

8% of rural residents claimed to know anyone in their household suffering from depression in comparison to 3% of urban residents.



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

The study was released by Gilani Research Foundation and carried out by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 1865 men and women in urban and rural areas of all four provinces of the country, from December 22, 2021 - January 15, 2022. The error margin is estimated to be approximately ± 2 -3 percent at the 95% confidence level. The methodology used for data collection was CATI.



Opinion Poll from Gallup Pakistan
The Pakistani Affiliate of Gallup
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Gilani Research Foundation is a not-for-profit public service project to provide social science research to students, academia, policymakers, and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently, Dr. Gilani, who holds a Ph.D. from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

*Best Regards,
Gallup Pakistan*

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Daily Gilani Poll
2022



of Gallup Pakistan
(1980-2022)