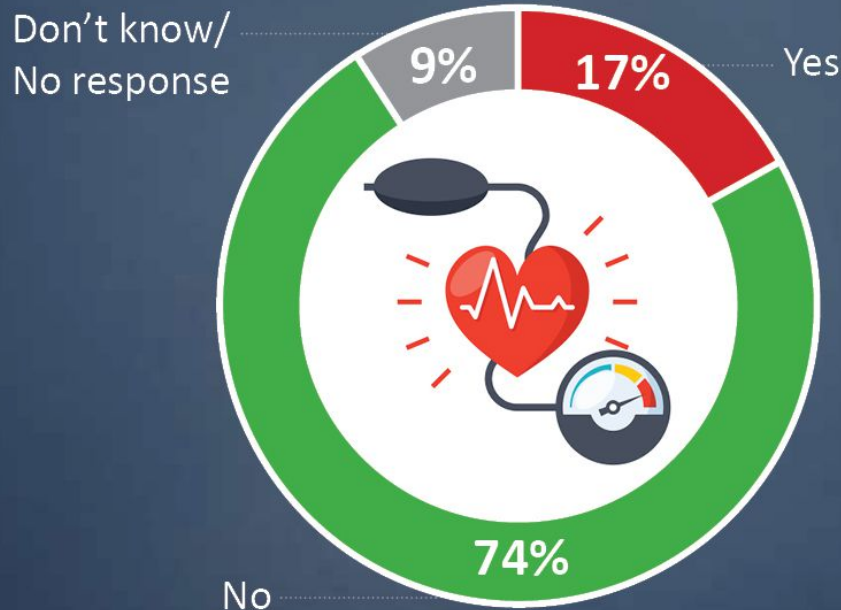


3rd February, 2022

17% PAKISTANI HOUSEHOLDS SELF-REPORT THAT SOMEONE IN THEIR HOUSEHOLD SUFFERS FROM HIGH BLOOD PRESSURE: GALLUP & GILANI PAKISTAN

تقریباً 17% پاکستانی گھرانوں نے اپنے گھرانے میں سے کسی فرد کے ہائی بلڈ پریشر جیسی بیماری میں مبتلا ہونے کے بارے میں تفصیلات فراہم کیں

Question: "Please tell us, God forbid, whether you or anyone in your household is suffering from the following diseases? - High blood pressure"





Opinion Poll Health

17% Pakistani households self-report that someone in their household suffers from high blood pressure: Gallup & Gilani Pakistan

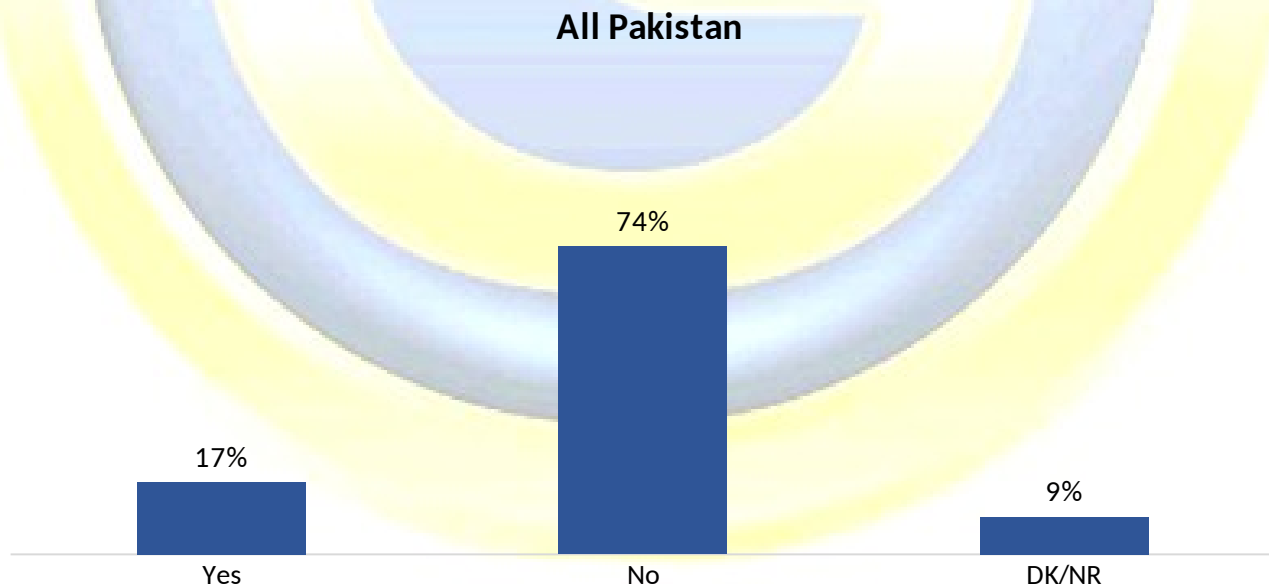
(Islamabad), February 3, 2022

According to a survey conducted by Gallup & Gilani Pakistan, 17% Pakistani households self-report that someone in their household suffers from high blood pressure.

A nationally representative sample of adult men and women from across the four provinces was asked the following question, *“Please tell us, God forbid, whether you or anyone in your household is suffering from the following diseases? - High blood pressure?”* In response to this question, 17% said yes, 74% said no, and 9% didn’t know or gave no response.

This survey provides the self-reported prevalence of blood pressure. It is likely that these are diagnosed cases. In Pakistan, like many other developing countries, many individuals are found to be non-diagnosed hypertension cases. For example, a study shows around 26% of the Pakistani adult population had hypertension. Moreover, National Health Survey reports that 18% of Pakistanis have hypertension so it seems perception and reality could also be close.

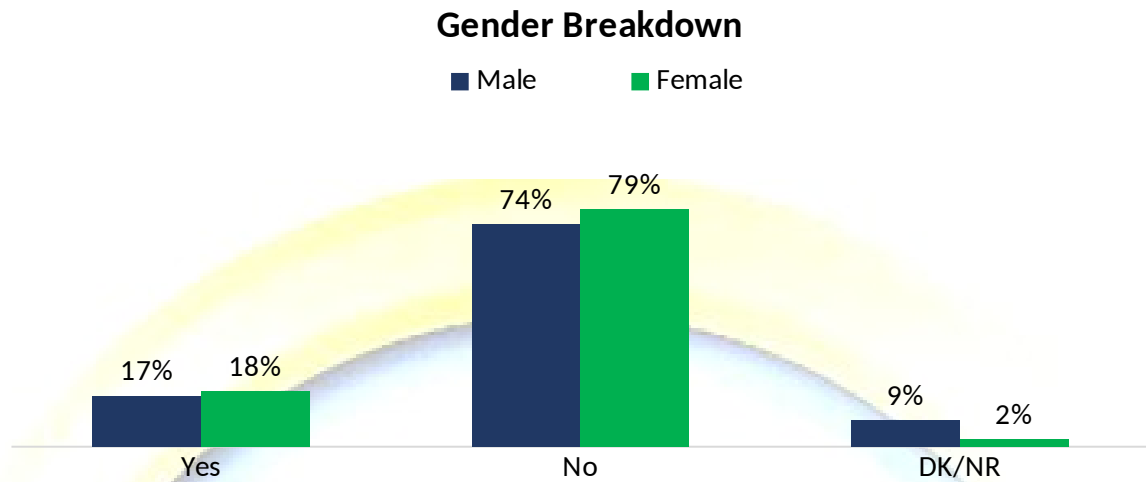
Question: “Please tell us, God forbid, whether you or anyone in your household is suffering from the following diseases? - High blood pressure”



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

Gender Breakdown

17% of males and 18% of females said that people in their households suffer from high blood pressure.



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

The study was released by Gilani Research Foundation and carried out by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 1865 men and women in urban and rural areas of all four provinces of the country, from December 22, 2021 - January 15, 2022. The error margin is estimated to be approximately $\pm 2-3$ percent at the 95% confidence level. The methodology used for data collection was CATI.



Opinion Poll from Gallup Pakistan
The Pakistani Affiliate of Gallup International

Thursday, February 3, 2022

(3 Pages, English version Only)



Gilani Research Foundation is a not-for-profit public service project to provide social science research to students, academia, policymakers, and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently, Dr. Gilani, who holds a Ph.D. from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

*Best Regards,
Gallup Pakistan*

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of Gallup Pakistan
(1980-2022))

