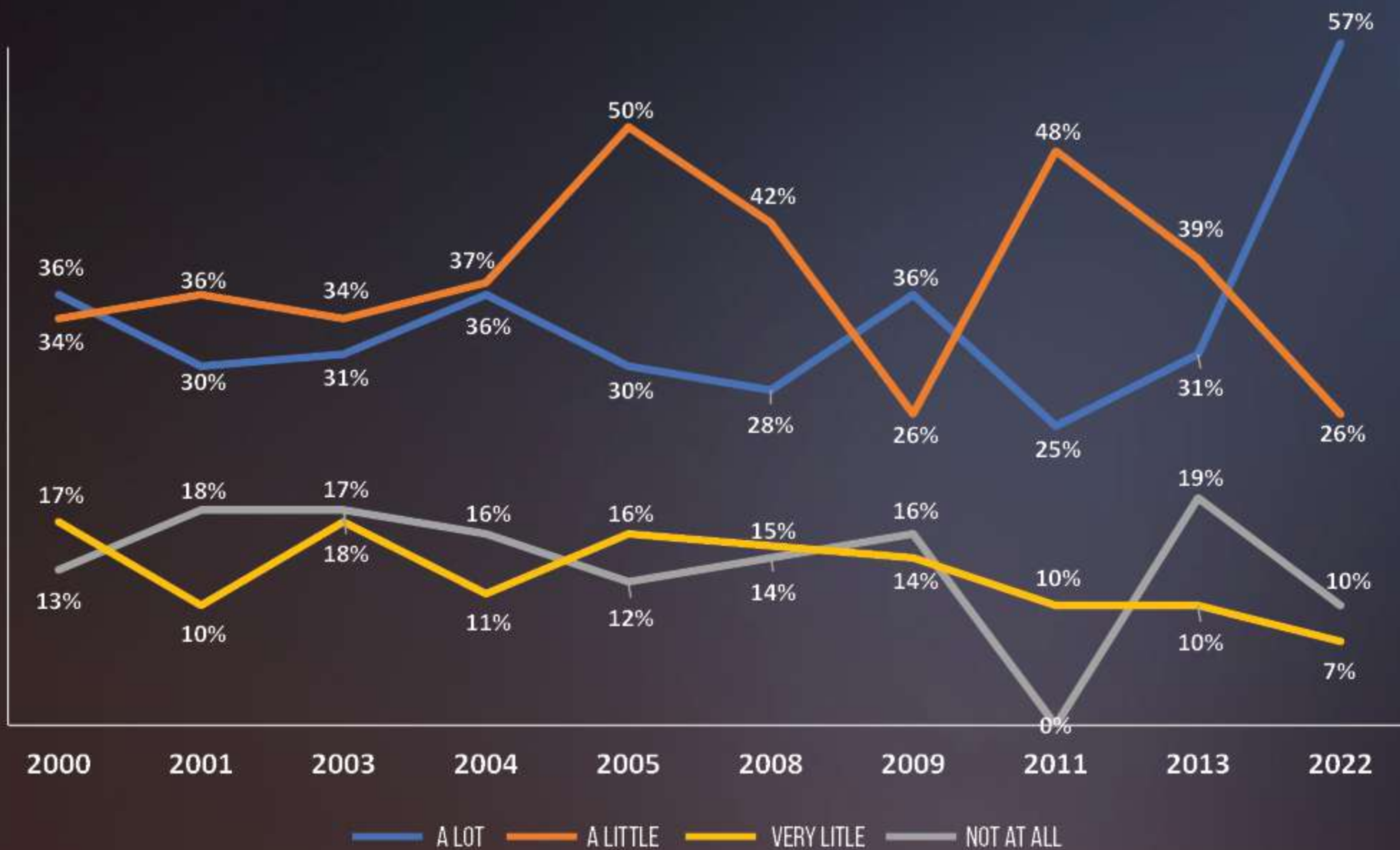


In the past 20 years, there has been a 21% increase in the proportion of Pakistanis who are concerned a lot about their health:

Gallup & Gilani Pakistan History Project

Question: "To what extent are you concerned about your health?"





Opinion Poll
History Polls
Health care

In the past 20 years, there has been a 21% increase in the proportion of Pakistanis who are concerned a lot about their health: Gallup & Gilani Pakistan History Project

(Islamabad), June 13th, 2022

In a Gallup & Gilani Pakistan National Survey conducted in the year 2000, a representative sample of adult men and women from across Pakistan was asked the following question, “*To what extent are you concerned about your health?*” In response to this question, 36% said a lot, 34% said a little, 13% said very little and 17% said that they were not at all concerned about their health.

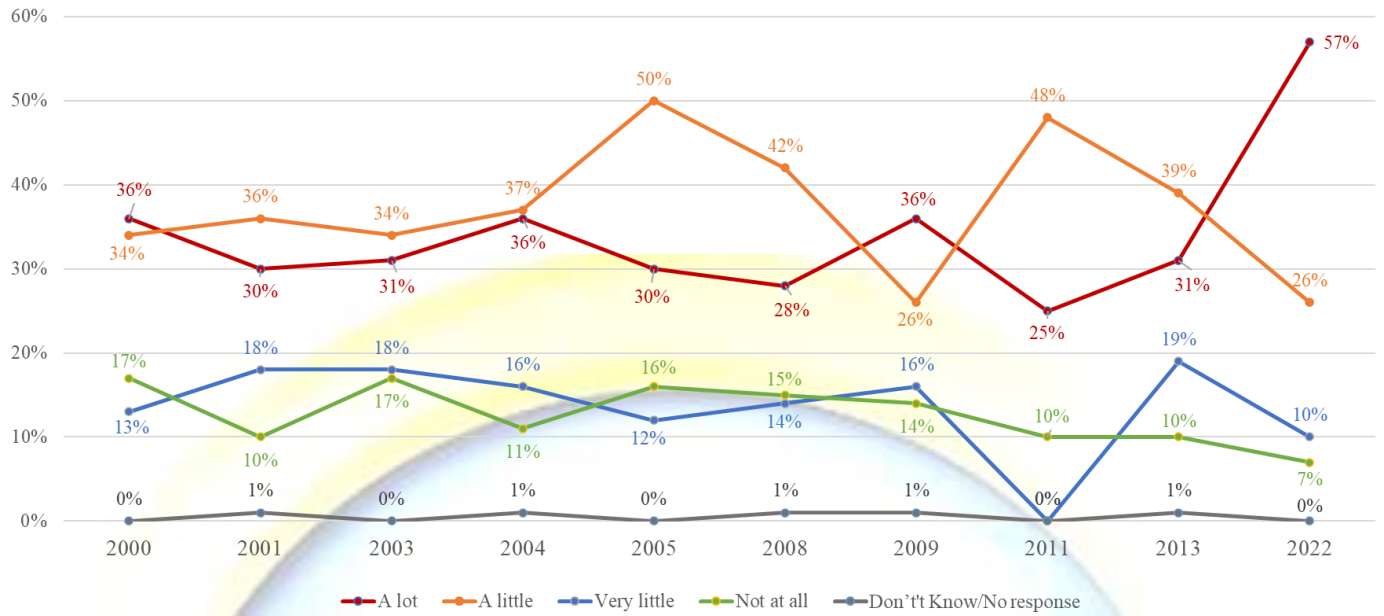
Comparative Picture: This question was asked again in 2022 to allow a comparison to be made across the years. In 2022, 57% said they were concerned a lot, 26% said a little, 10% said very little and 7% said that they were not at all concerned about their health.

Trend Analysis: Over the past 22 years, the number of people who are concerned a lot about their health has increased by 21%. As the number of people concerned about their health has increased, the number of people who responded that they were a little worried has decreased by 8%, those who worried very little has decreased by 3% and those not at all worried about their health has decreased by 10% from 2000 to 2022.

There was a sharp rise in the proportion of people who responded that they were concerned about their health from 2013 to 2022, which may possibly have been triggered by the Covid-19 pandemic and could take time to even out.

This press release has been made as part of the Gallup Pakistan History Project which aims to release historical empirical polling data to wider audiences. The objective is to sustain and encourage empirical decision-making in Pakistan.

Question: "To what extent are you concerned about your health?"



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

Aim and Rationale for Gallup Pakistan History Project

Bilal I Gilani, who is Executive Director at Gallup Pakistan and the Director of Gallup Pakistan History Project explains the aim of the Project as follows: “Gallup Pakistan has been polling in Pakistan since 1979 (over 40 years). During this time, millions of Pakistanis have been surveyed by over a thousand interviewers of Gallup. In 2014, Gallup Pakistan has decided to release historical Public Opinion data and this Press Release is part of Gallup Pakistan’s History Project. This endeavor is dedicated to all those who hope for a more empirical understanding of Pakistani Issues”. For more information about Gallup History Project, please contact caf@gallup.com.pk



Opinion Poll from Gallup Pakistan
The Pakistani Affiliate of Gallup
International

Tuesday, June 13th, 2022

(3 Pages, English version Only)



GILANI RESEARCH
FOUNDATION

Gilani Research Foundation is a not-for-profit public service project to provide social science research to students, academia, policymakers, and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently, Dr. Gilani, who holds a Ph.D. from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

*Best Regards,
Gallup Pakistan*

Disclaimer: Gallup Pakistan is not related to Gallup Inc. headquartered in Washington D.C. USA. We require that our surveys be credited fully as Gallup Pakistan (not Gallup or Gallup Poll). We disclaim any responsibility for surveys pertaining to Pakistani public opinion except those carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International Association. For details on Gallup International Association see website: www.gallup-international.com



Daily Gilani Poll
2023



of Gallup Pakistan
(1980-2023)