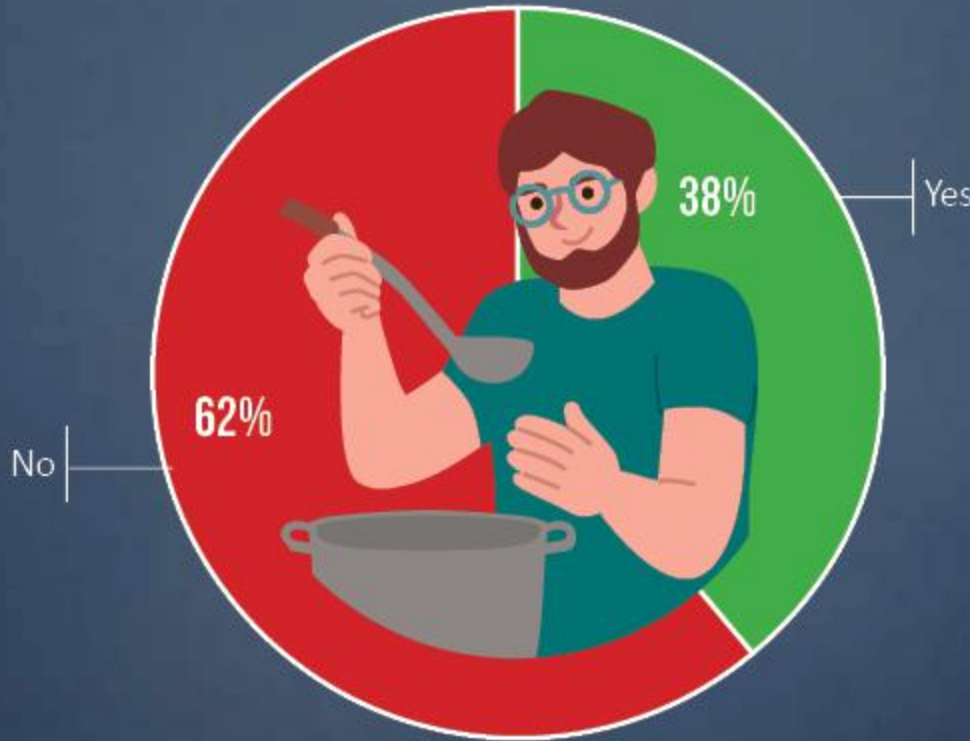


15th September, 2023

38% SURVEY RESPONDENTS CLAIM MEN IN THEIR FAMILY HELP WITH COOKING RESPONSIBILITIES AT HOME: GALLUP & GILANI PAKISTAN

سروے میں 38% جوابدہندگان یہ دعویٰ کرتے ہیں کہ اُن کے گھرانے کے مرد حضرات گھر پر کھانا پکانے کی ذمہ داریوں میں ہاتھ بٹاتے ہیں۔

Question: "Please tell me if the male members of your household are involved in the following activities? - In cooking, such as making breakfast or dinner?"



PRESS RELEASE

(Also emailed*/faxed separately)



Opinion Poll **Social** Eating Habits/Cooking Habits

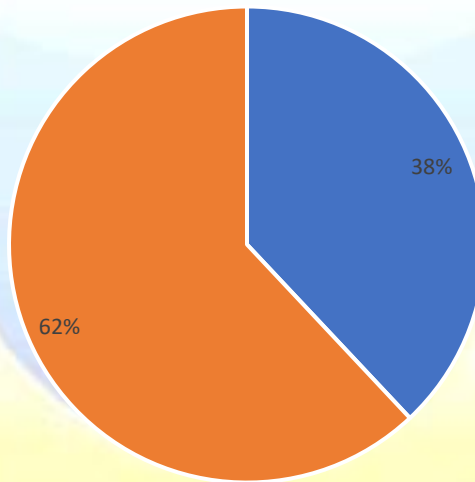
38% survey respondents claim men in their family help with cooking responsibilities at home: Gallup & Gilani Pakistan

(Islamabad), September 15th, 2023

According to a survey conducted by Gallup & Gilani Pakistan, 38% survey respondents claim men in their family help with cooking responsibilities at home.

A nationally representative sample of adult men and women from across the country, was asked the question “Please tell me if the male members of your household are involved in the following activities? - In cooking, such as making breakfast or dinner?” In response, 38% said yes, and 62% said no.

Question: “Please tell me if the male members of your household are involved in the following activities? - In cooking, such as making breakfast or dinner?”



■ Yes ■ No

Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

The study in Pakistan was conducted and released by Gilani Research Foundation and carried out by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 853 men and women in urban and rural areas of all four provinces of the country, conducted during 24 August to 28 August 2023. The error margin is estimated to be approximately $\pm 2-3$ percent at the 95% confidence level. The methodology used for data collection was telephonic surveys (CATI).

STAT OF THE DAY

**Women aged 18 to 49 in Pakistan:
24 percent overweight, 14 percent obese!**



Opinion Poll from Gallup Pakistan
The Pakistani Affiliate of Gallup
International

Friday, 15th September 2023

(3 Pages, English version Only)



GILANI RESEARCH
FOUNDATION

Gilani Research Foundation is a not-for-profit public service project to provide social science research to students, academia, policymakers, and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently, Dr. Gilani, who holds a Ph.D. from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

*Best Regards,
Gallup Pakistan*

Disclaimer: Gallup Pakistan is not related to Gallup Inc. headquartered in Washington D.C. USA. We require that our surveys be credited fully as Gallup Pakistan (not Gallup or Gallup Poll). We disclaim any responsibility for surveys pertaining to Pakistani public opinion except those carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International Association. For details on Gallup International Association see website: www.gallup-international.com



Daily Gilani Poll
2023



of Gallup Pakistan
(1980-2023)