

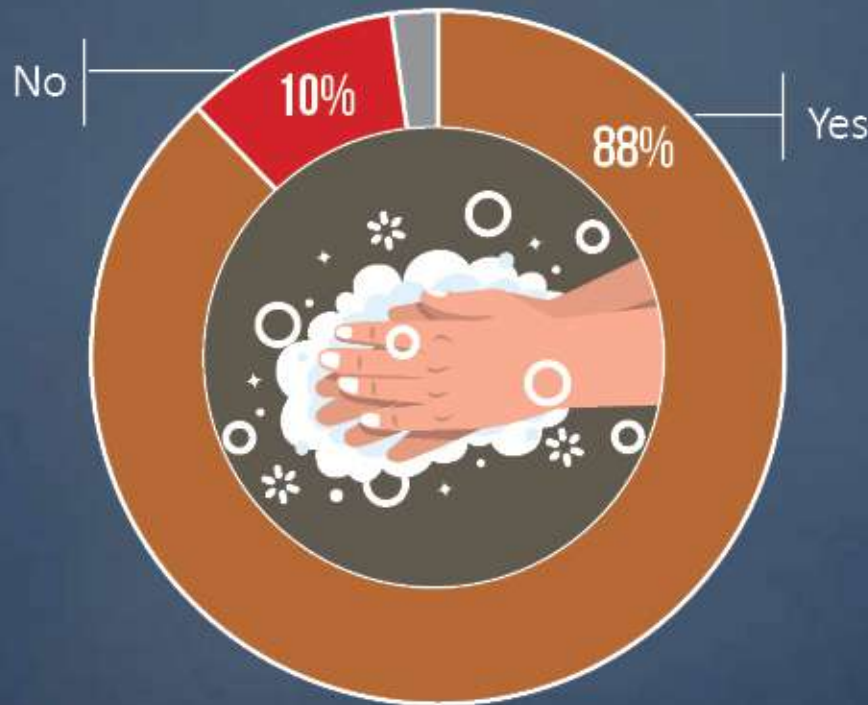
30th May, 2024

PAKISTANIS REPORTEDLY VERY DILIGENT ABOUT HYGIENE, AS NEARLY 9 IN 10 (88%) REPORT ALWAYS WASHING THEIR HANDS BEFORE EATING:

GALLUP & GILANI PAKISTAN

پاکستانی حفظانِ صحت کے بارے میں بہت محتاط نظر آئے، جیسے کہ تقریباً ہر 10 میں سے 9 (88%) پاکستانیوں نے کھانا کھانے سے پہلے ہمیشہ ہاتھ دھونے کی اطلاع دی۔

Question: Please tell me how regularly do you wash your hands before eating. Do you always wash your hands, sometimes wash your hands or never wash your hands?



Don't know/No response: 2%



PRESS RELEASE

Opinion Poll

Social behaviour

Eating habits

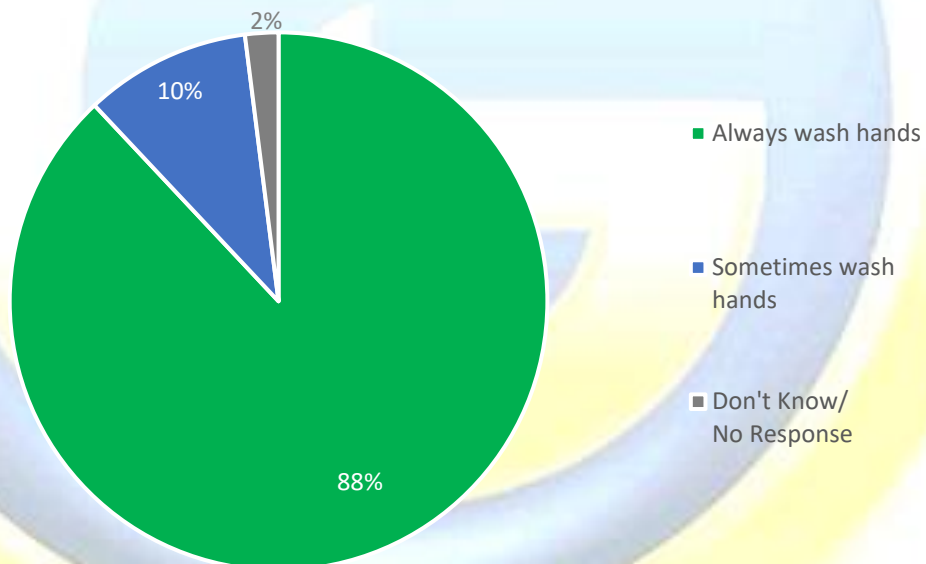
Pakistanis reportedly very diligent about hygiene, as nearly 9 in 10 (88%) report always washing their hands before eating: Gallup & Gilani Pakistan

(Islamabad) 30th May, 2024

According to a survey conducted by Gallup & Gilani Pakistan, Pakistanis are reportedly very diligent about hygiene, as nearly 9 in 10 (88%) report always washing their hands before eating.

A nationally representative sample of adult men and women from across the country was asked the question, “Please tell me how regularly do you wash your hands before eating. Do you always wash your hands, sometimes wash your hands or never wash your hands?” In response, 88% said ‘Always wash hands’, 10% said ‘Sometimes wash hands’, 0% said ‘Never wash hands’, and 2% said that they did not know or gave no response.

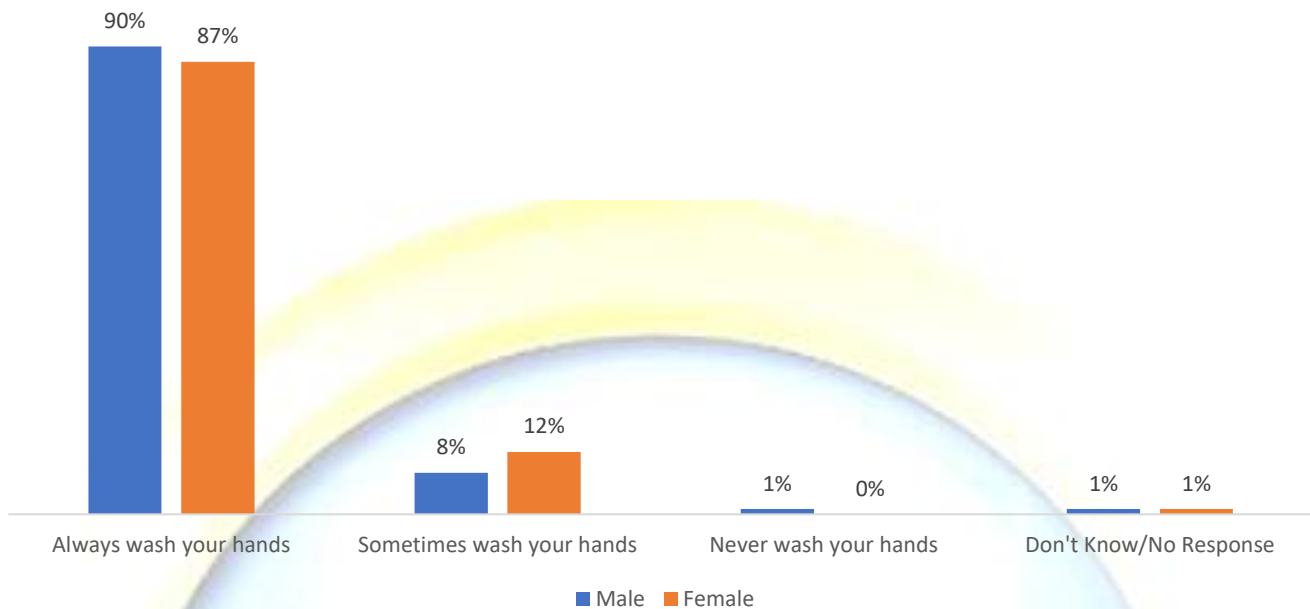
Question: Please tell me how regularly do you wash your hands before eating. Do you always wash your hands, sometimes wash your hands or never wash your hands?



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk; www.gilanifoundation.com)

The study in Pakistan was conducted and released by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 2,161 men and women in urban and rural areas of all four provinces of the country, conducted from 18th- 25th March 2024. The error margin is estimated to be approximately $\pm 2-3$ percent at the 95% confidence level. The methodology used for data collection was telephonic surveys (CATI).

Across gender: Both Pakistani men and women report similar tendencies to wash hands before eating.



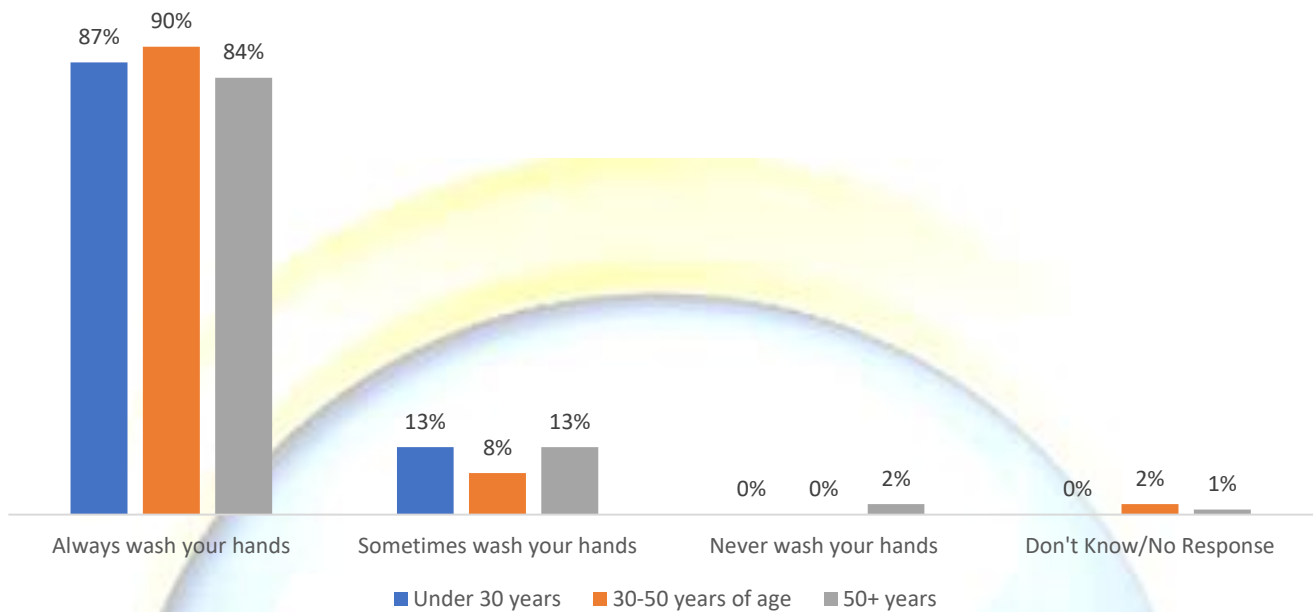
Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

Across rurality: Pakistanis from both urban and rural areas report similar habits when it comes to washing hands before eating a meal.



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

Across age: Pakistanis aged 30-50 years were most likely to wash their hands before eating, compared to other age groups.



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)



Opinion Poll from Gallup Pakistan
The Pakistani Affiliate of Gallup
International



GILANI RESEARCH
FOUNDATION

Thursday, 30th May, 2024

(5 Pages, English version Only)

Gilani Research Foundation is a not-for-profit public service project to provide social science research to students, academia, policymakers, and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently, Dr. Gilani, who holds a Ph.D. from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

*Best Regards,
Gallup Pakistan*

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Daily Gilani Poll
2024



of Gallup Pakistan
(1980-2024)