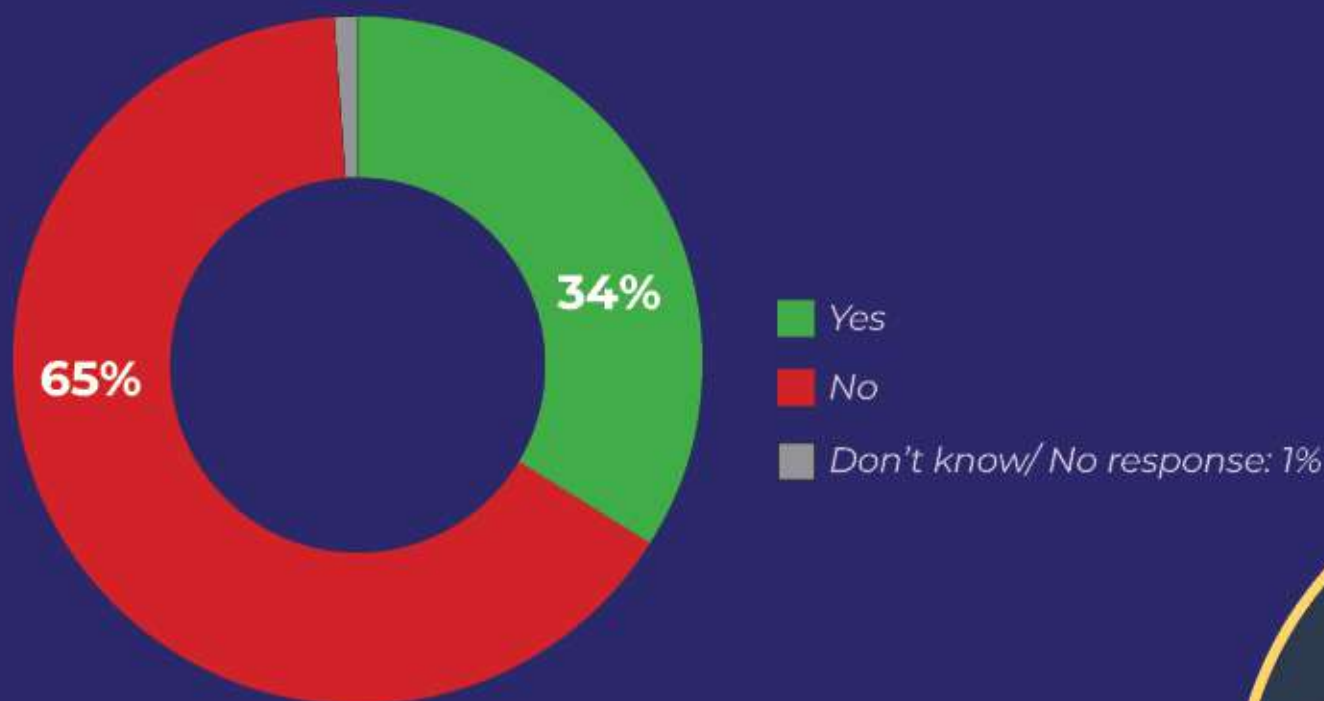


**Over a third (34%) of Pakistanis said that they or one of their household members went hungry during the past week due to a lack of food**

including 37% of rural residents and 36% of people who have not completed a high school education



*Question: During the past week, was there ever a day when you or someone in your household did not have enough food and had to go hungry? By family members I mean all the individuals who live together and eat from one stove?*



# PRESS RELEASE



## Opinion Poll **Social** **Social Behavior** Eating Habits/Cooking Habits

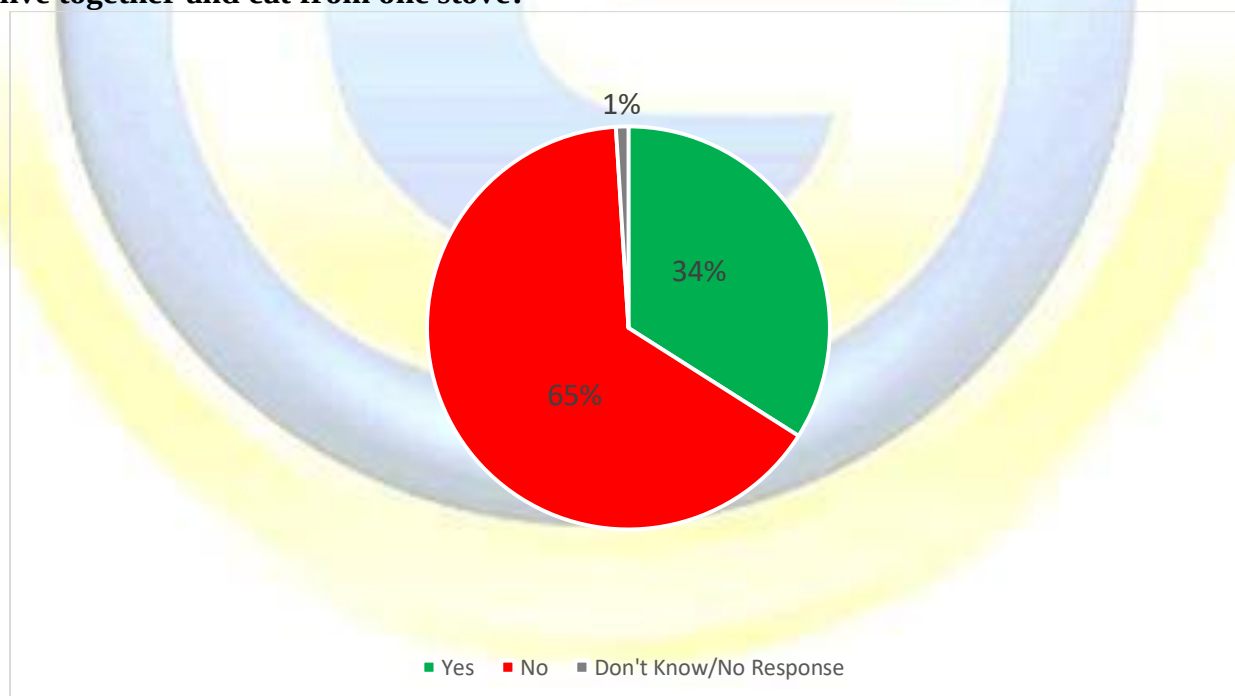
**Over a third (34%) of Pakistanis said that they or one of their household members went hungry during the past week due to a lack of food, including 37% of rural residents and 36% of people who have not completed a high school education: Gallup and Gilani Pakistan**

*(Islamabad) 4<sup>th</sup> February, 2025*

According to a survey conducted by Gallup & Gilani Pakistan, over a third (34%) of Pakistanis said that they or one of their household members went hungry during the past week due to a lack of food, including 37% of rural residents and 36% of people who have not completed a high school education

A nationally representative sample of adult men and women from across the country was asked the question, “During the past week, was there ever a day when you or someone in your household did not have enough food and had to go hungry? By family members I mean all the individuals who live together and eat from one stove.” In response, 65% said ‘No,’ 34% said ‘Yes,’ 1% did not know or did not respond.

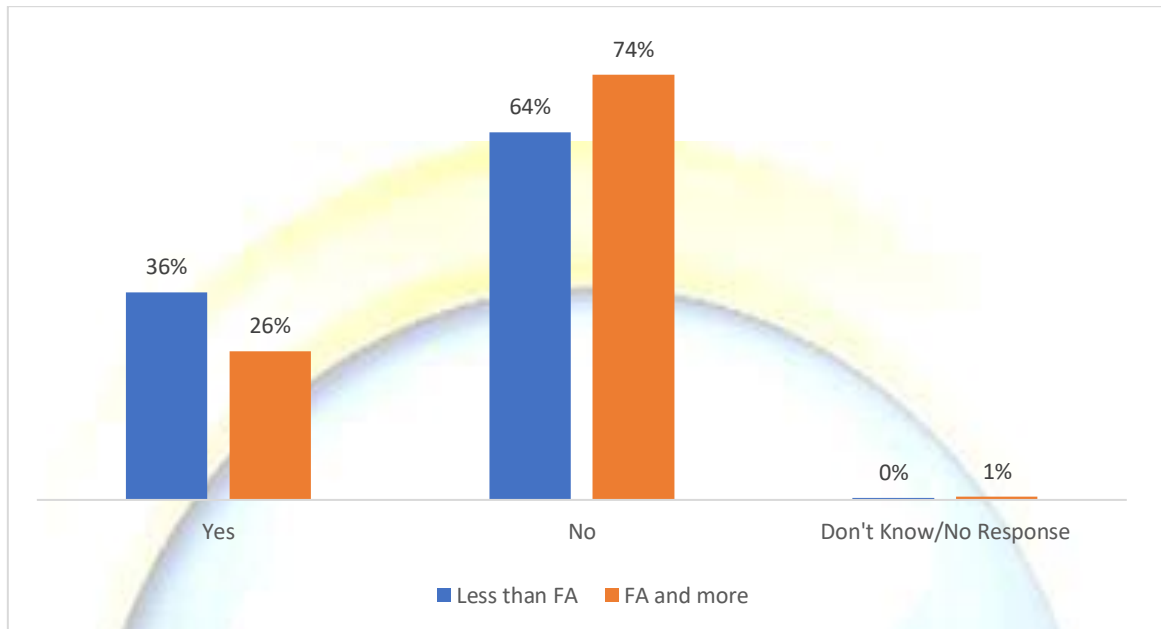
**Question: During the past week, was there ever a day when you or someone in your household did not have enough food and had to go hungry? By family members I mean all the individuals who live together and eat from one stove?**



Source: Gallup & Gilani Pakistan  
([www.gallup-international.com](http://www.gallup-international.com); [www.gallup.com.pk](http://www.gallup.com.pk), [www.gilanifoundation.com](http://www.gilanifoundation.com))

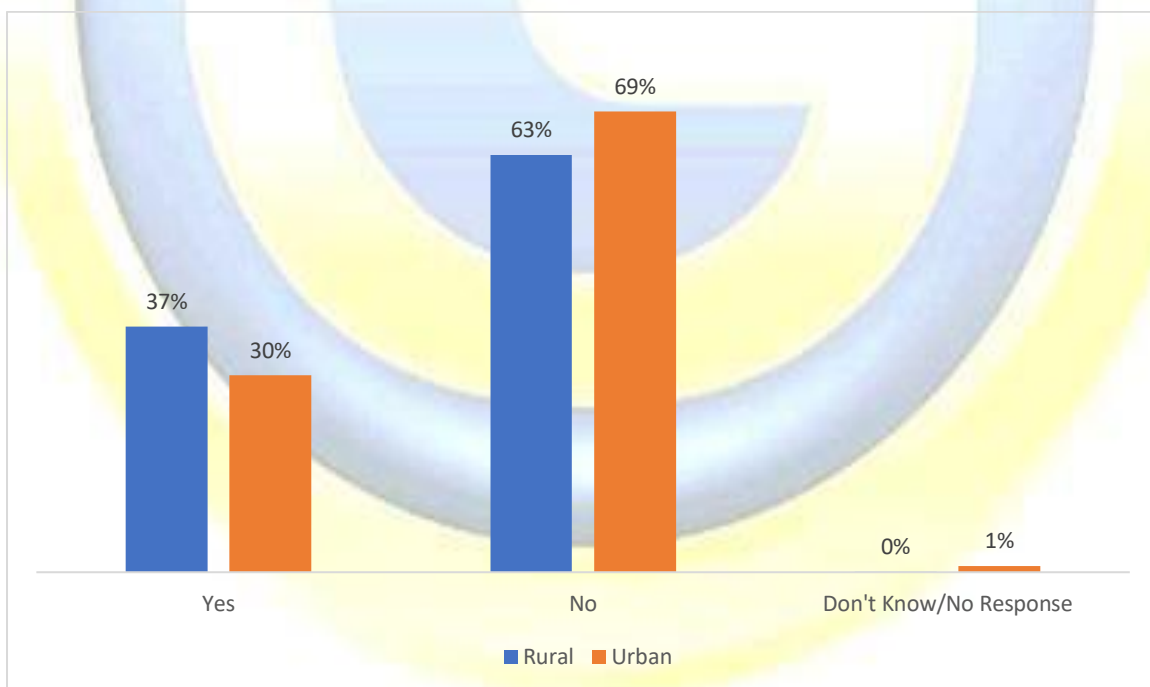
The study in Pakistan was conducted and released by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 788 men and women in urban and rural areas of all four provinces of the country, conducted from 7<sup>th</sup> January – 12<sup>th</sup> January 2025. The error margin is estimated to be approximately  $\pm 2-3$  percent at the 95% confidence level. The methodology used for data collection was telephonic surveys (CATI).

**Across education levels:** Those who had not completed their FA (or equivalent) were more likely to have faced hunger in the past week. 36% of those who hadn't completed their FA said that they or one of their family members went hungry in the past week, 10% more than those who had completed their FA (or equivalent).



Source: Gallup & Gilani Pakistan  
([www.gallup-international.com](http://www.gallup-international.com); [www.gallup.com.pk](http://www.gallup.com.pk), [www.gilanifoundation.com](http://www.gilanifoundation.com))

**Rural-Urban Divide:** Those living in rural areas were more likely to face hunger. When asked whether any of their family had gone hungry in the past week, 37% of rural residents responded 'yes' compared to 30% of urban residents.



Source: Gallup & Gilani Pakistan  
([www.gallup-international.com](http://www.gallup-international.com); [www.gallup.com.pk](http://www.gallup.com.pk), [www.gilanifoundation.com](http://www.gilanifoundation.com))



**Opinion Poll from Gallup Pakistan**  
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GILANI RESEARCH  
FOUNDATION

**Tuesday, 4<sup>th</sup> February, 2025**

*(3 Pages, English version Only)*

***Gilani Research Foundation is a not-for-profit public service project to provide social science research to students, academia, policymakers, and concerned citizens in Pakistan and across the globe.***

*Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently, Dr. Gilani, who holds a Ph.D. from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.*

*If you have any further questions regarding this poll, please feel free to contact us.*

*Best Regards,  
Gallup Pakistan*

***Disclaimer:*** Gallup Pakistan is not related to Gallup Inc. headquartered in Washington D.C. USA. We require that our surveys be credited fully as Gallup Pakistan (not Gallup or Gallup Poll). We disclaim any responsibility for surveys pertaining to Pakistani public opinion except those carried out by Gallup Pakistan, the Pakistani affiliate of Gallup International Association. For details on Gallup International Association see website: [www.gallup-international.com](http://www.gallup-international.com)



Daily Gilani Poll  
2025



of Gallup Pakistan  
(1980-2025)