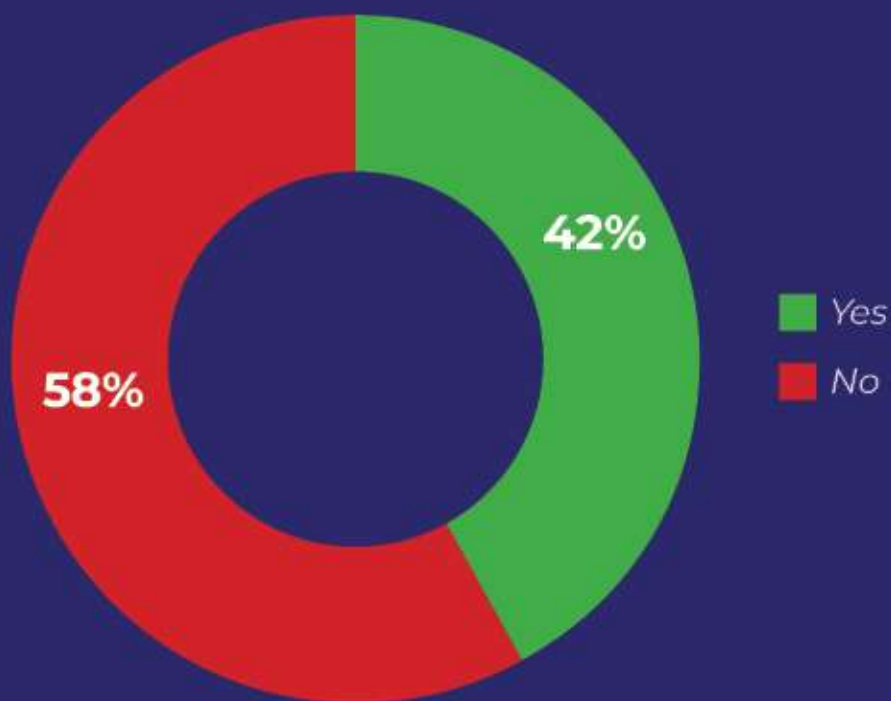


2 in 5 Pakistanis (42%) reported suffering from joint pain in the previous month; more respondents aged 50+ reported similar (52%)



Question: In the past month, have you or any member of your household experienced any of the following ailments/illnesses? By household members, I mean all individuals who live together and share a kitchen [Joint Pain]?





PRESS RELEASE

Opinion Poll **Healthcare** General Health and Healthcare

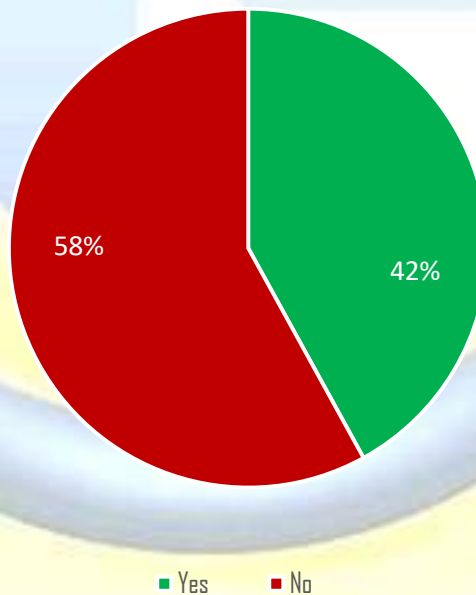
2 in 5 Pakistanis (42%) reported suffering from joint pain in the previous month; more respondents aged 50+ reported similar (52%): Gallup and Gilani Pakistan

(Islamabad) 12th March 2025

According to a survey conducted by Gallup & Gilani Pakistan, 2 in 5 Pakistanis (42%) reported suffering from joint pain in the previous month; more respondents aged 50+ reported similar (52%).

A nationally representative sample of adult men and women from across the country was asked the question, *“In the past month, have you or any member of your household experienced any of the following ailments/illnesses? By household members, I mean all individuals who live together and share a kitchen. [Joint Pain]”* In response, 42% said ‘Yes, and 58% said ‘No.

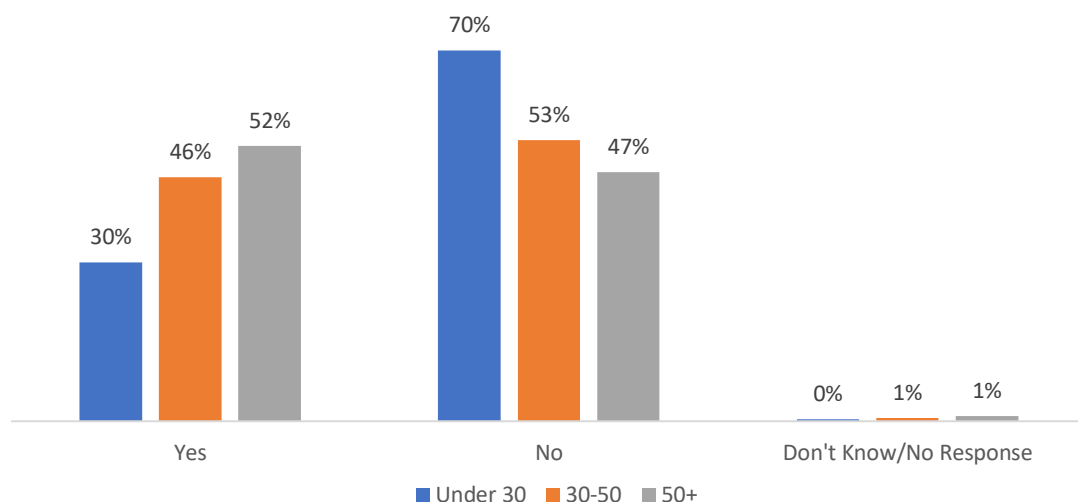
Question: In the past month, have you or any member of your household experienced any of the following ailments/illnesses? By household members, I mean all individuals who live together and share a kitchen [Joint Pain]?



Source: Gallup & Gilani Pakistan

(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

Across age: Respondents aged 50 and above were, as expected, most likely to suffer from joint pain. 52% of respondents aged 50+ suffered from joint pain in the previous month compared to 46% of respondents aged 30-50 and 30% of respondents aged under 30.



Source: Gallup & Gilani Pakistan
(www.gallup-international.com ; www.gallup.com.pk, www.gilanifoundation.com)

The study in Pakistan was conducted and released by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 1042 men and women in urban and rural areas of all four provinces of the country, conducted from 7th January – 12th January 2025. The error margin is estimated to be approximately ± 2 -3 percent at the 95% confidence level. The methodology used for data collection was telephonic surveys (CATI).



Opinion Poll from Gallup Pakistan
The Pakistani Affiliate of Gallup
International



GILANI RESEARCH
FOUNDATION

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Gilani Research Foundation is a not-for-profit public service project to provide social science research to students, academia, policymakers, and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently, Dr. Gilani, who holds a Ph.D. from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

*Best Regards,
Gallup Pakistan*

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Daily Gilani Poll
2025



of Gallup Pakistan
(1980-2025)