

Chronic illnesses affect 1 in 2 Pakistani households: 21% report a household member suffering from blood pressure, 20% say diabetes, and 10% say both. Nearly half (47%) report no such illnesses in the household.



Don't know/No response::2%

Question: Unfortunately, does anyone in your household suffer from any of the following illnesses and regularly take medication for it?





(Also emailed*/faxed separately)



PRESS RELEASE

Opinion Poll **Health care** General health & healthcare

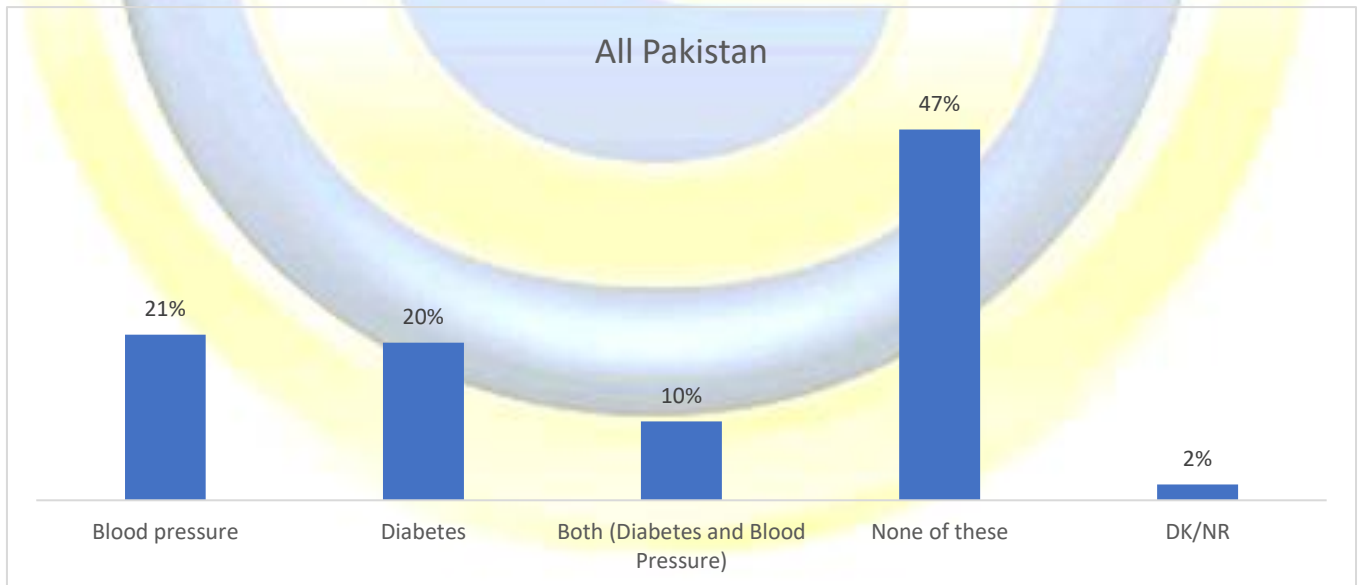
Chronic illnesses affect 1 in 2 Pakistani households: 21% report a household member suffering from blood pressure, 20% say diabetes, and 10% say both. Nearly half (47%) report no such illnesses in the household. (Gallup & Gilani Survey)

(Islamabad), 02 June 2025

According to a survey conducted by Gallup & Gilani Pakistan, chronic illnesses affect 1 in 2 Pakistani households: 21% report a household member suffering from blood pressure, 20% say diabetes, and 10% say both. Nearly half (47%) report no such illnesses in the household.

A nationally representative sample of adult men and women from across the country was asked the question, ***“Unfortunately, does anyone in your household suffer from any of the following illnesses and regularly take medication for it?”***. In response to this question, 21% said ‘blood pressure’, 20% said ‘diabetes’, 10% said ‘both (diabetes and blood Pressure)’, 47% said ‘none of these’, while 2% said didn’t know or didn’t respond.

Question: Unfortunately, does anyone in your household suffer from any of the following illnesses and regularly take medication for it?



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

The study in Pakistan was conducted and released by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 1038 men and women in urban and rural areas of all four provinces of the country, conducted from 11th April 2025 – 18th April 2025. The error margin is estimated to be approximately $\pm 2-3$ percent at the 95% confidence level. The methodology used for data collection was telephonic surveys (CATI).



Opinion Poll from Gallup Pakistan
*The Pakistani Affiliate of Gallup
International*



GILANI RESEARCH
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Gilani Research Foundation is a not-for-profit public service project to provide social science research to students, academia, policymakers, and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently, Dr. Gilani, who holds a Ph.D. from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

*Best Regards,
Gallup Pakistan*

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Daily Gilani Poll
2025



of Gallup Pakistan
(1980-2025)