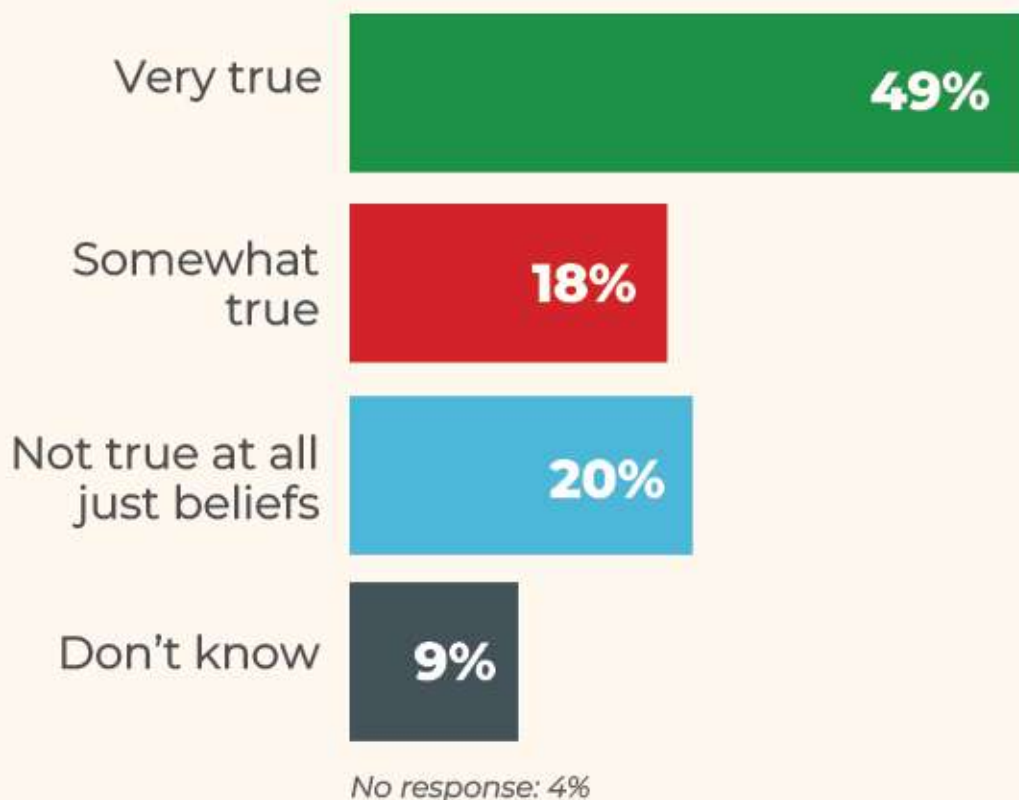


Almost Half of Pakistanis (49%) Strongly Believe Pregnant Women Should Not Go Outside During a Lunar Eclipse; Agreement Even Higher Among Women (58%) and Rural Residents (51%).



Question: Different people follow different practices during a lunar eclipse. In your opinion, how true are the following? - Pregnant women should not go outside?



(Also emailed*/faxed separately)



PRESS RELEASE

Opinion Poll
Science & Society
Astronomical Events
Cultural Beliefs

Almost Half of Pakistanis (49%) Strongly Believe Pregnant Women Should Not Go Outside During a Lunar Eclipse; Agreement Even Higher Among Women (58%) and Rural Residents (51%). (Gallup & Gilani Survey)

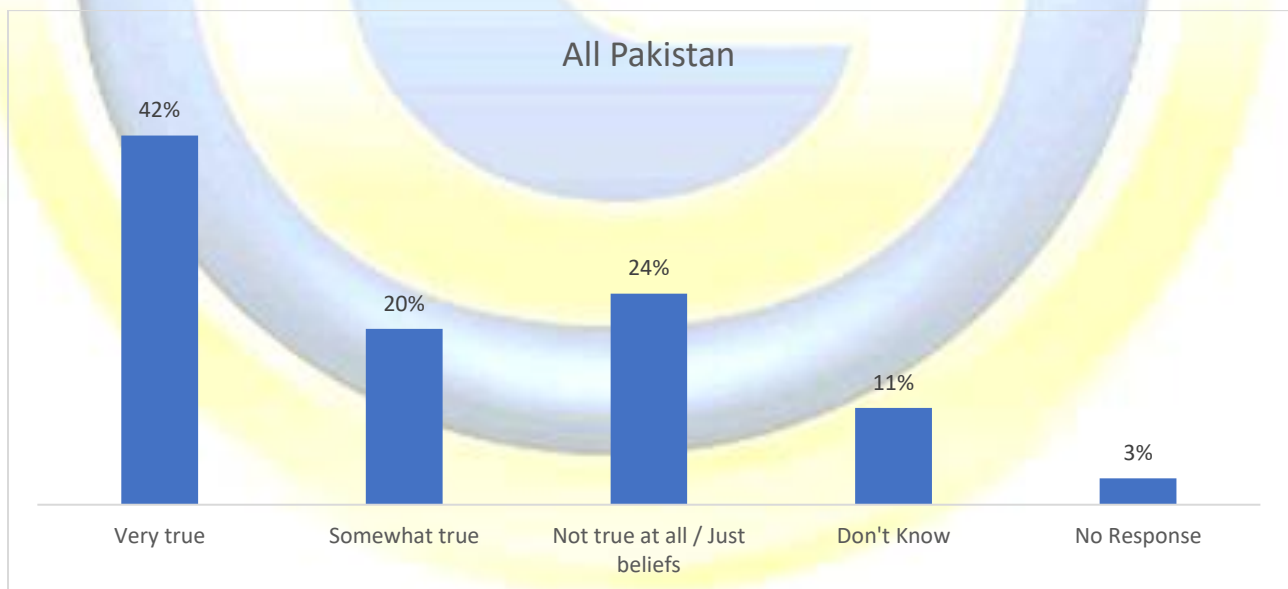
(Islamabad), 8th October 2025

According to a Gallup & Gilani Pakistan survey, almost half of Pakistanis (49%) strongly believe pregnant women should not go outside during a lunar eclipse; agreement even higher among women (58%) and rural residents (51%).

A nationally representative sample of adult men and women across the country was asked the question, ***“Different people follow different practices during a lunar eclipse. In your opinion, how true are the following? - One should avoid looking into a mirror?”***. In response, 49% said ‘very true’, 18% said ‘somewhat true’, 20% rejected this belief, calling it ‘not true at all/just beliefs’, 9% said they don’t know, and 4% gave no response.

The persistence of these traditional beliefs, particularly among women and rural populations, highlights the need for focused health education.

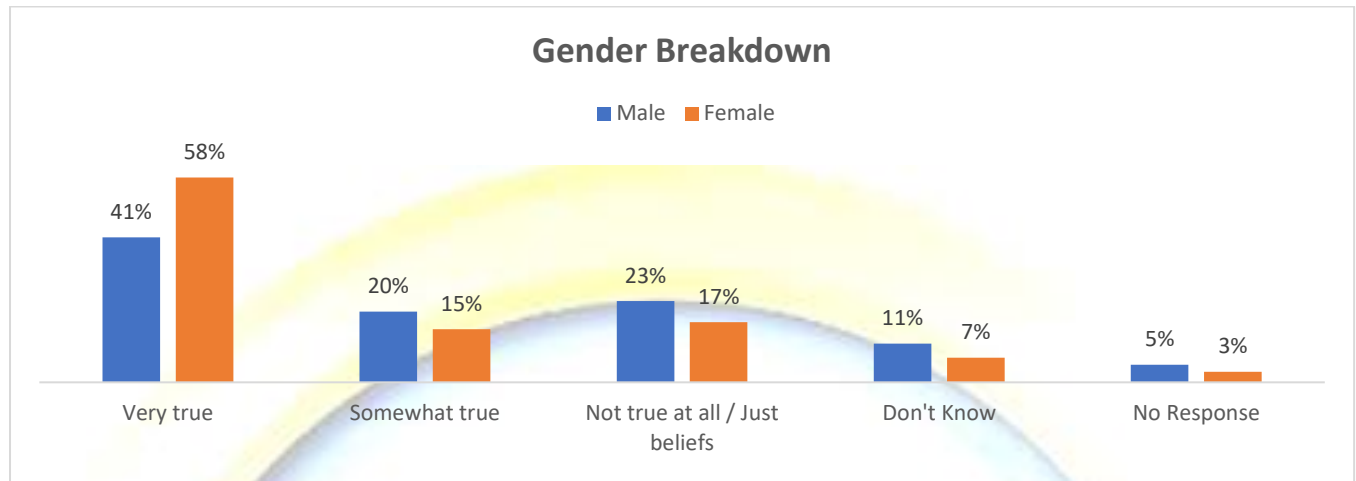
Question: Different people follow different practices during a lunar eclipse. In your opinion, how true are the following? - One should avoid looking into a mirror?



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

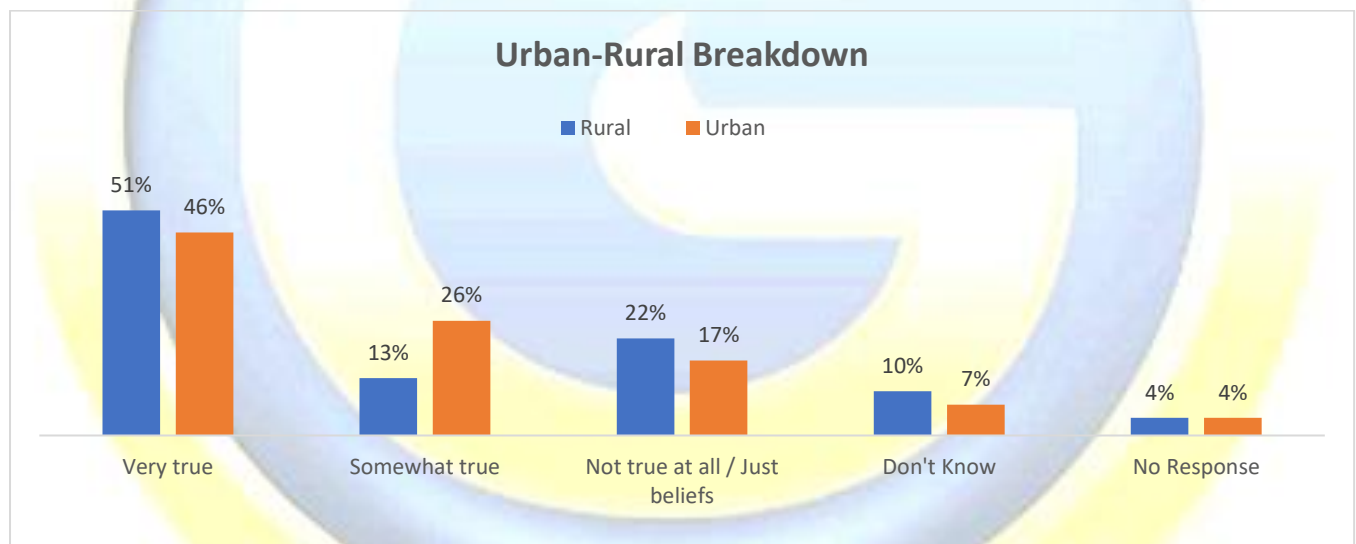
The study in Pakistan was conducted and released by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 753 men and women in urban and rural areas of all four provinces of the country, conducted from September 12, 2025 to September 23, 2025. The error margin is estimated to be approximately $\pm 2-3$ percent at the 95% confidence level. The methodology used for data collection was telephonic surveys (CATI).

Gender Breakdown: The belief is considerably stronger among women. 58% of women say it is “very true” compared to 41% of men. Men are slightly more likely (23%) than women (17%) to reject the belief entirely.



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

Urban-Rural Breakdown: The view is more prevalent among rural residents. 51% of rural respondents believe the statement is “very true,” compared to 46% of urban residents.



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)



Opinion Poll from Gallup Pakistan
The Pakistani Affiliate of Gallup
International



Wednesday, 8th October 2025

(3 Pages, English version Only)

Gilani Research Foundation is a not-for-profit public service project to provide social science research to students, academia, policymakers, and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently, Dr. Gilani, who holds a Ph.D. from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

*Best Regards,
Gallup Pakistan*

Disclaimer: Gallup Pakistan is not related to Gallup Inc. headquartered in Washington D.C. USA. We require that our surveys be credited fully as **Gallup Pakistan** (not Gallup or Gallup Poll). We disclaim any responsibility for surveys pertaining to Pakistani public opinion except those carried out by **Gallup Pakistan, the Pakistani affiliate of Gallup International Association.**

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Daily Gilani Poll
2025



of Gallup Pakistan
(1980-2025)