



(Also emailed*/faxed separately)



PRESS RELEASE

Opinion Poll **Marriages**

Press release 1 on Marriage and Domestic Harmony in Pakistan 'Spousal Conflict in the Past Week'

Among Married Pakistanis, Only 18% Report Having a Fight with Their Spouse in the Past Week; Domestic Disagreements More Common Among Women and Less-Educated Respondents. (Gallup & Gilani Survey)

(Islamabad), 5th November 2025

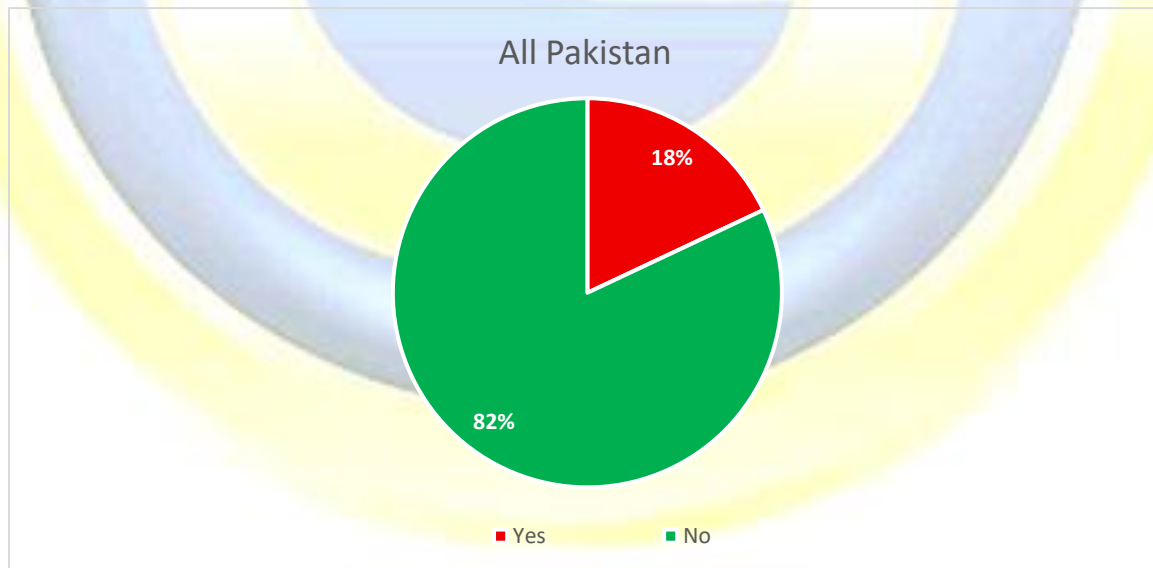
According to a Gallup & Gilani Pakistan survey, among married Pakistanis, only 18% report having a fight with their spouse in the past week; domestic disagreements more common among women and less-educated respondents.

This press release is in a series of press releases Gallup Pakistan is producing on the subject of 'Marriage and Domestic Harmony in Pakistan'.

A nationally representative sample of married men and women across the country was asked the question, ***"Have you and your husband/wife had a fight in the past week?"***. In response, 82% said they had not experienced any dispute, while 18% said they had.

These findings suggest that the majority of Pakistani couples enjoy stable and peaceful domestic relationships, though a minority report short-term disagreements — a normal occurrence in married life. Overall, the results paint a largely positive picture of family harmony across the nation.

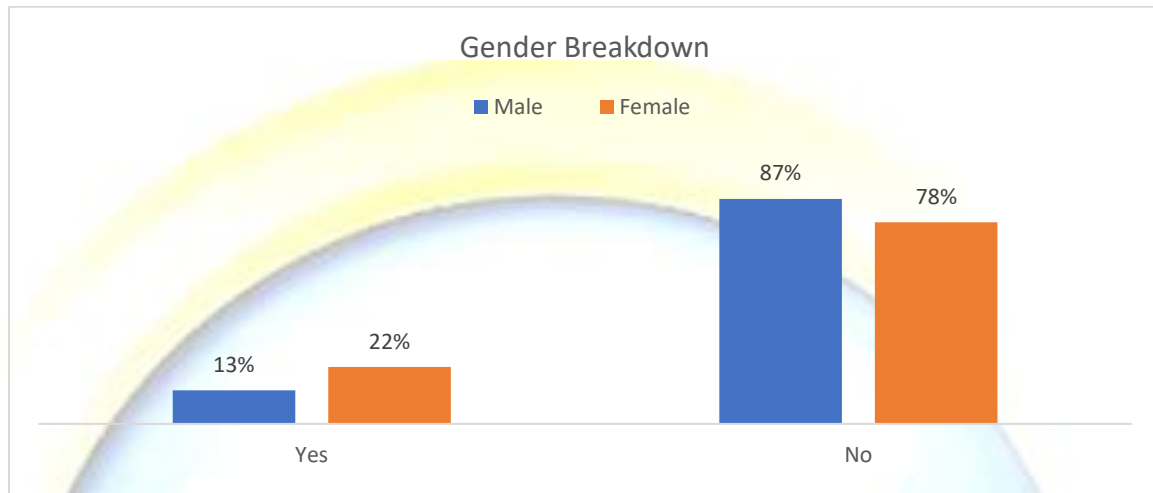
Question: *Have you and your husband/wife had a fight in the past week?*



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

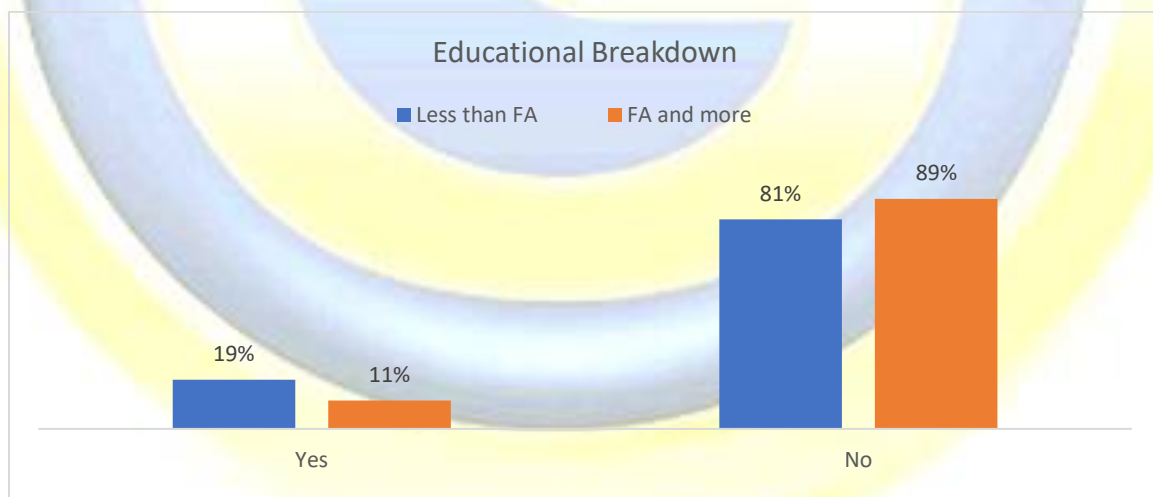
The study in Pakistan was conducted and released by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 579 married men and women, in urban and rural areas of all four provinces of the country, conducted from September 12, 2025 to September 23, 2025. The error margin is estimated to be approximately $\pm 2-3$ percent at the 95% confidence level. The methodology used for data collection was telephonic surveys (CATI).

Gender Breakdown: Women (22%) are significantly more likely than men (13%) to report having had a fight with their spouse, marking a 9-percentage-point gap. This disparity may indicate that women are either more open about acknowledging marital disagreements or may perceive and interpret household disputes differently from men.



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

Educational Breakdown: Less-educated respondents (19%) are more likely to report having had a fight compared to those with FA and higher education (11%). This suggests that domestic disagreements are relatively less common among higher-educated couples, possibly reflecting better communication or conflict management skills.



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)



Opinion Poll from Gallup Pakistan
The Pakistani Affiliate of Gallup
International



GILANI RESEARCH
FOUNDATION

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Gilani Research Foundation is a not-for-profit public service project to provide social science research to students, academia, policymakers, and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently, Dr. Gilani, who holds a Ph.D. from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

*Best Regards,
Gallup Pakistan*

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of Gallup Pakistan
(1980-2025)