



(Also emailed\*/faxed separately)



## PRESS RELEASE

### Opinion Poll Marriages

#### Press release 5 on Marriage and Domestic Harmony in Pakistan 'Maternal Support – Lack/No Support During Doctor Visits'

**Nearly 3 in 10 (30%) Pakistani women say their husband never accompanied them to the doctor when childbirth was expected, closely followed by their mother-in-law, at 29%. (Gallup & Gilani Survey)**

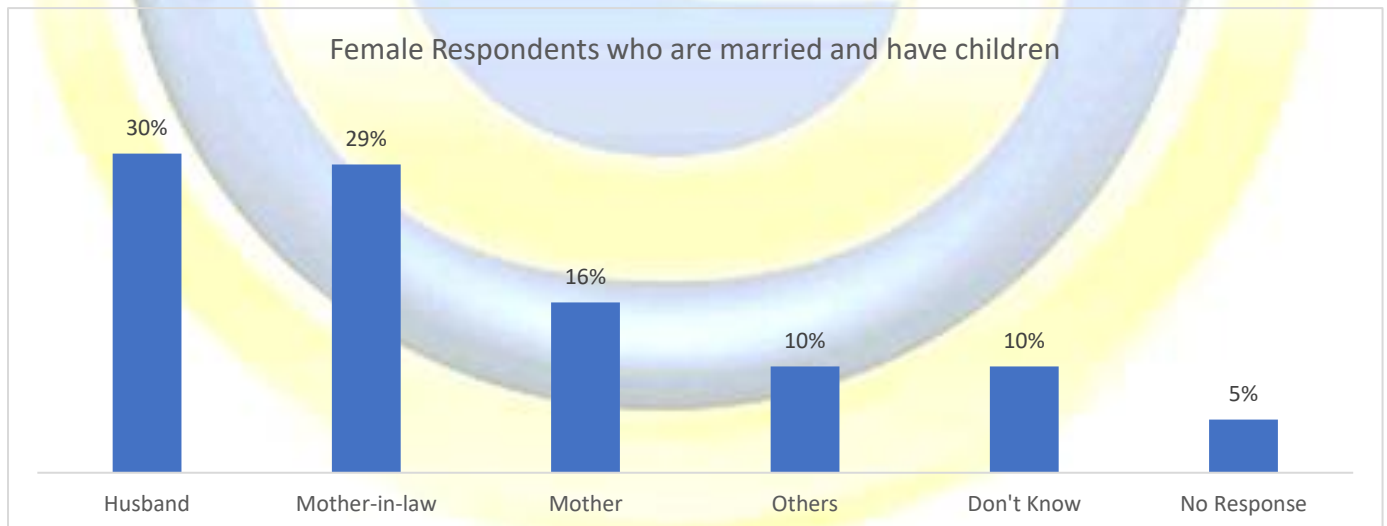
*(Islamabad), 11th November 2025*

According to a Gallup & Gilani Pakistan survey, nearly 3 in 10 (30%) Pakistani women say their husband never accompanied them to the doctor when childbirth was expected, closely followed by their mother-in-law, at 29%.

This press release is part of Gallup Pakistan's ongoing series on Marriage and Domestic Harmony in Pakistan. The previous release of this series, 'Maternal Support – Frequent Support During Doctor Visits', can be accessed [here](#).

A nationally representative sample of married women across the country who have children was asked the question, **"When your child's birth was expected, who never accompanied you to the doctor?"**. In response, a substantial 30% of women reported that their 'husband' did not accompany them. Another 29% of respondents said their 'mother-in-law' was never present, while 16% mentioned their 'mother'. Smaller proportions mentioned other family members (10%), while 10% could not recall or did not specify, and 5% chose not to respond.

**Question: When your child's birth was expected, who never accompanied you to the doctor?**



Source: Gallup & Gilani Pakistan  
([www.gallup-international.com](http://www.gallup-international.com); [www.gallup.com.pk](http://www.gallup.com.pk); [www.gilanifoundation.com](http://www.gilanifoundation.com))

The study in Pakistan was conducted and released by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 579 married men and women, in urban and rural areas of all four provinces of the country, conducted from September 12, 2025 to September 23, 2025. The error margin is estimated to be approximately  $\pm 2-3$  percent at the 95% confidence level. The methodology used for data collection was telephonic surveys (CATI).

## **2025 Press Release Series on Marriage and Domestic Harmony in Pakistan**

You can find Gallup Pakistan's 2025 press release series on Marriage and Domestic Harmony in Pakistan on the following links.

**Press Release 1:** Spousal Conflict in the Past Week – <https://gallup.com.pk/post/39168>

**Press Release 2:** Marital Relations / Conflict Resolution – <https://gallup.com.pk/post/39171>

**Press Release 3:** Responsibility for Marital Conflicts in Pakistan – <https://gallup.com.pk/post/39175>

**Press Release 4:** Maternal Support – Frequent Support During Doctor Visits –  
<https://gallup.com.pk/post/39178>





**Opinion Poll from Gallup Pakistan**  
The Pakistani Affiliate of Gallup  
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GILANI RESEARCH  
FOUNDATION

**Tuesday, 11th November 2025**

*(3 Pages, English version Only)*

***Gilani Research Foundation is a not-for-profit public service project to provide social science research to students, academia, policymakers, and concerned citizens in Pakistan and across the globe.***

*Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently, Dr. Gilani, who holds a Ph.D. from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.*

*If you have any further questions regarding this poll, please feel free to contact us.*

*Best Regards,  
Gallup Pakistan*

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of Gallup Pakistan  
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