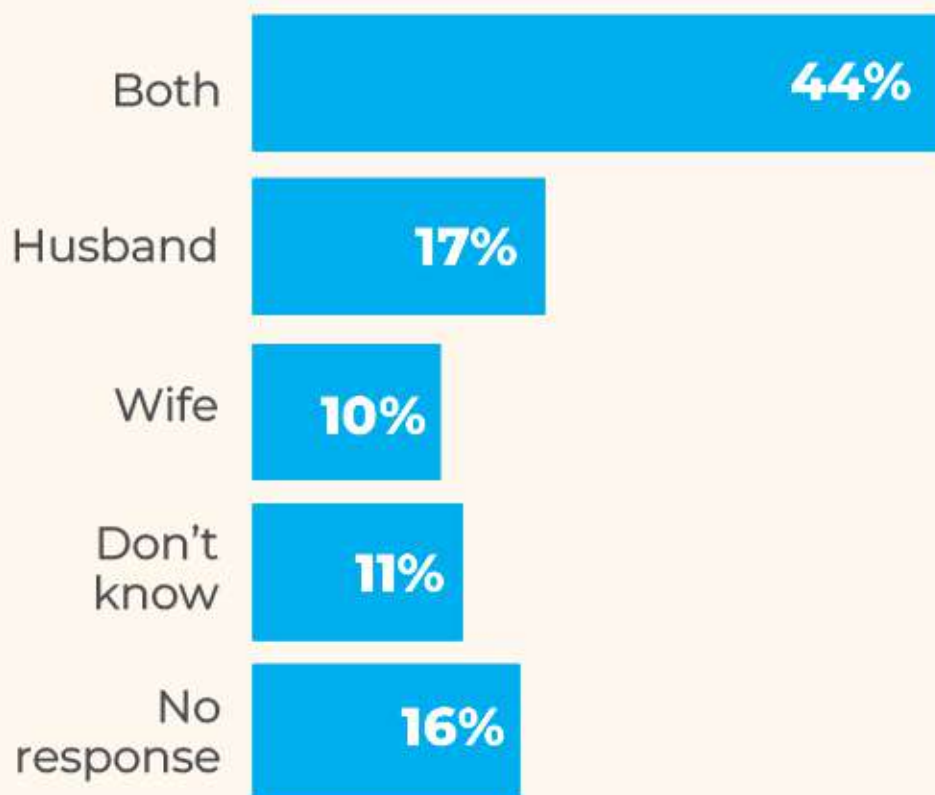


When Expecting a Baby, the Majority (44%) of Women in Pakistan Are Accompanied by Husbands to Doctor Visits; Mothers (17%) and Mothers-in-law (10%) Also Play Key Roles.



No response: 2%

Question: When your child's birth was expected, who most often accompanied you to the doctor?





(Also emailed*/faxed separately)



PRESS RELEASE

Opinion Poll Marriages

Press release 4 on Marriage and Domestic Harmony in Pakistan
'Maternal Support – Frequent Support During Doctor Visits'

When Expecting a Baby, the Majority (44%) of Women in Pakistan Are Accompanied by Husbands to Doctor Visits; Mothers (17%) and Mothers-in-law (10%) Also Play Key Roles. (Gallup & Gilani Survey)

(Islamabad), 10th November 2025

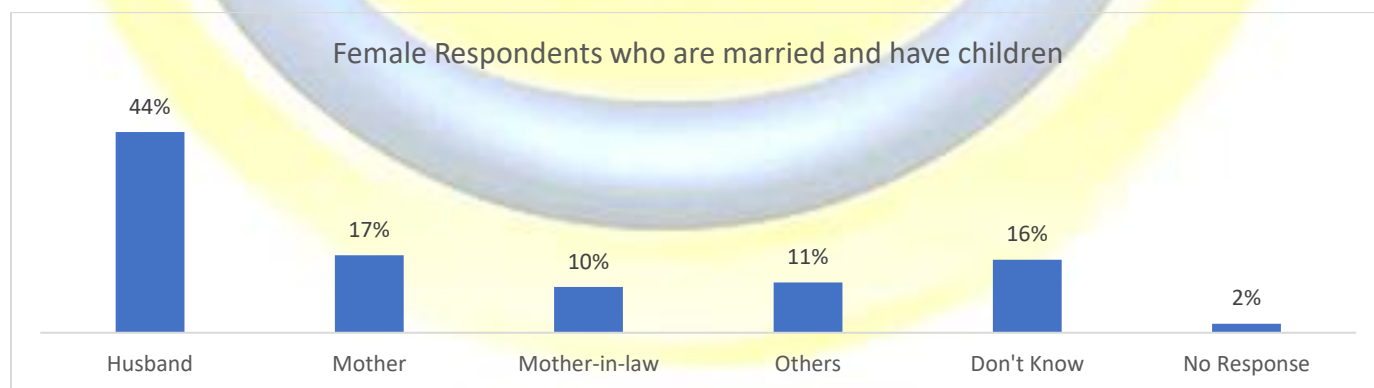
According to a Gallup & Gilani Pakistan survey, when expecting a baby, the majority (44%) of women in Pakistan are accompanied by husbands to doctor visits; mothers (17%) and mothers-in-law (10%) also play key roles.

This press release is part of Gallup Pakistan's ongoing series on Marriage and Domestic Harmony in Pakistan. The previous release of this series, 'Responsibility for Marital Conflicts in Pakistan', can be accessed [here](#).

A nationally representative sample of married women across the country who have children was asked the question, **"When your child's birth was expected, who most often accompanied you to the doctor?"**. In response, the majority of married women with children in Pakistan reported that their 'husband' most often accompanied them to the doctor when their child's birth was expected (44%). 'Mothers' were cited as the main companion by 17% of female respondents, while 10% mentioned their 'mother-in-law'. 11% of respondents gave 'others' responses. 16% said they 'don't know', and 2% 'gave no response'.

The findings suggest that husbands have become the primary source of support for women when expecting a baby in Pakistan, reflecting evolving family roles, while mothers and mothers-in-law remain secondary companions.

Question: When your child's birth was expected, who most often accompanied you to the doctor?



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

The study in Pakistan was conducted and released by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 579 married men and women, in urban and rural areas of all four provinces of the country, conducted from September 12, 2025 to September 23, 2025. The error margin is estimated to be approximately $\pm 2-3$ percent at the 95% confidence level. The methodology used for data collection was telephonic surveys (CATI).

2025 Press Release Series on Marriage and Domestic Harmony in Pakistan

You can find Gallup Pakistan's 2025 press release series on Marriage and Domestic Harmony in Pakistan on the following links.

Press Release 1: Spousal Conflict in the Past Week – <https://gallup.com.pk/post/39168>

Press Release 2: Marital Relations / Conflict Resolution – <https://gallup.com.pk/post/39171>

Press Release 3: Responsibility for Marital Conflicts in Pakistan – <https://gallup.com.pk/post/39175>





Opinion Poll from Gallup Pakistan
The Pakistani Affiliate of Gallup
International



GILANI RESEARCH
FOUNDATION

Monday, 10th November 2025

(3 Pages, English version Only)

Gilani Research Foundation is a not-for-profit public service project to provide social science research to students, academia, policymakers, and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently, Dr. Gilani, who holds a Ph.D. from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

*Best Regards,
Gallup Pakistan*

Disclaimer: Gallup Pakistan is not related to Gallup Inc. headquartered in Washington D.C. USA. We require that our surveys be credited fully as **Gallup Pakistan** (not Gallup or Gallup Poll). We disclaim any responsibility for surveys pertaining to Pakistani public opinion except those carried out by **Gallup Pakistan, the Pakistani affiliate of Gallup International Association.**

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Daily Gilani Poll
2025



of Gallup Pakistan
(1980-2025)