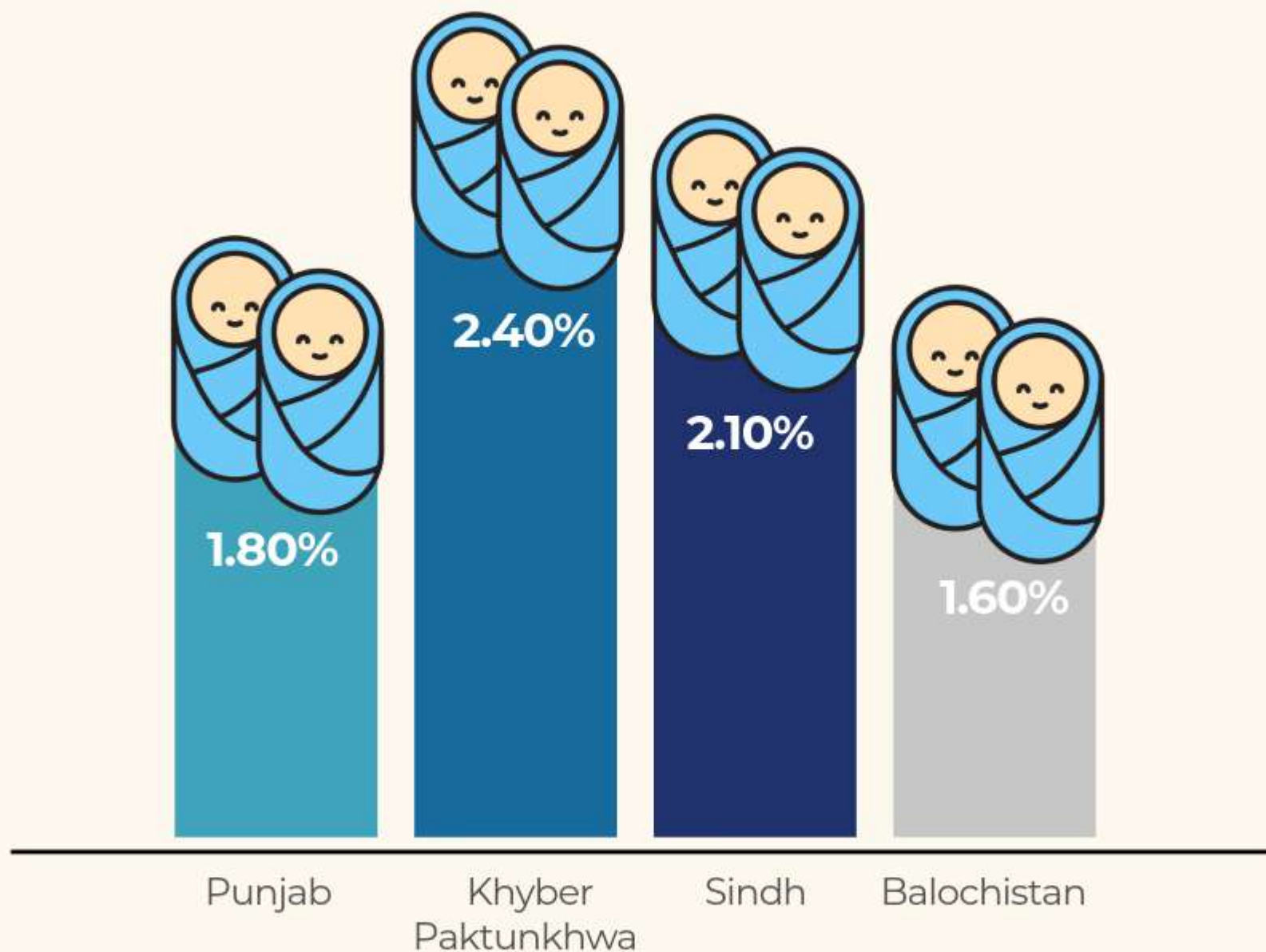


Big Data Analysis | Demographic Trends

Out of **100** Births in Pakistan, Nearly **1.6** Are **Twins** or Higher-Order Multiples



Source: Gallup & Gilani Pakistan
(www.gallup-international.com;
www.gallup.com.pk www.gilanifoundation.com)



(Also emailed*/faxed separately)



PRESS RELEASE

Big Data Analysis Demographic Trends

Out of 100 Births in Pakistan, Nearly 1.6 Are Twins or Higher-Order Multiples

(Islamabad), 12th March 2026

The incidence of twin and higher-order multiple births in Pakistan stands at approximately 1.6% of total births, according to analysis of the Pakistan Demographic Survey conducted by the Pakistan Bureau of Statistics and compiled in the Gallup Pakistan Digital Analytics Dashboard.

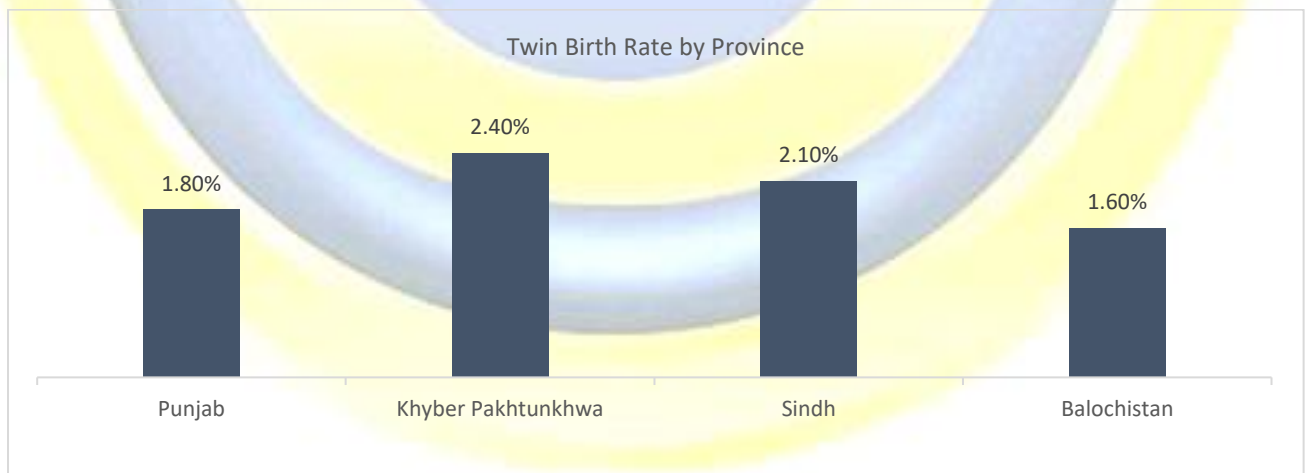
In practical terms, this means that close to 1–2 out of every 100 births in Pakistan involve twins or more, a figure that places the country within the normal biological range but reveals meaningful demographic variation across regions and maternal characteristics.

Provincial comparisons show variation in twin incidence. Khyber Pakhtunkhwa records the highest twin rate at 2.4%, followed by Sindh at 2.1%, Punjab at 1.8%, and Balochistan at 1.6%. These differences, while modest, are statistically meaningful at the population level.

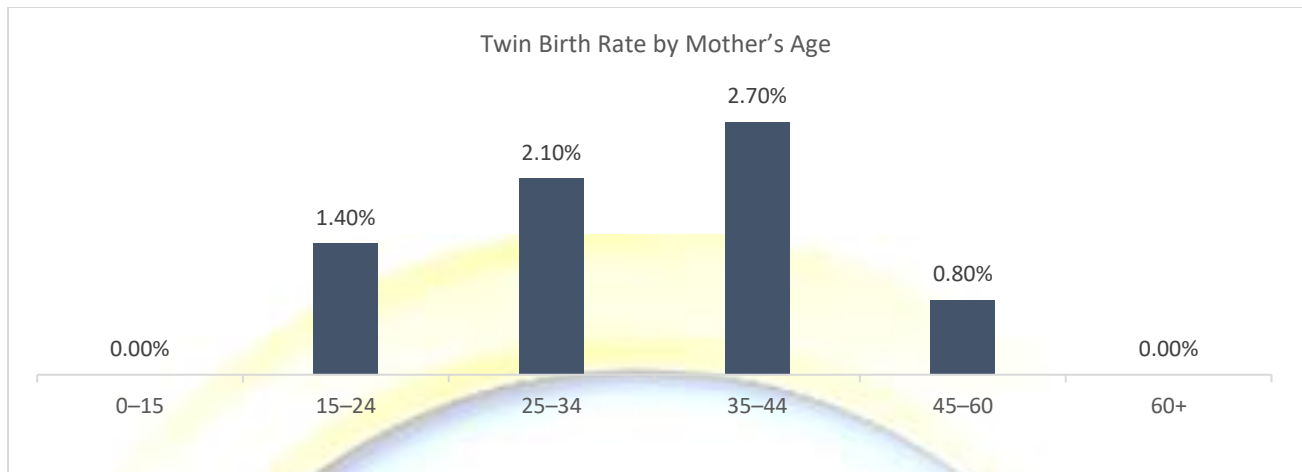
Maternal age emerges as a significant predictor. The probability of twin births rises notably among mothers aged 35–44 years (approximately 2.7%), compared with lower incidence among younger age groups. This aligns with established biological patterns in multiple birth probability.

Mother's education and marital status also show distributional differences, though age remains the strongest demographic correlate in the data.

The findings underscore that twin births, while relatively uncommon, are not uniformly distributed across Pakistan. Regional patterns and maternal age structure both play measurable roles.



Source: [Gallup Pakistan Digital Analytics Dashboard based on Pakistan Demographic Survey](#)
(www.gallup-international.com; www.gallup.com.pk; www.gilanifoundation.com)



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This analysis was conducted and released by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. It draws on data from the Pakistan Demographic Survey conducted by the Pakistan Bureau of Statistics. The data has been compiled and visualized in the Gallup Pakistan Digital Analytics Dashboard, which can be accessed here: [Pakistan Demographic Survey 2020 - Gallup Pakistan Digital Analytics](#)



Opinion Poll from Gallup Pakistan
*The Pakistani Affiliate of Gallup
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GILANI RESEARCH
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Thursday, 12th March 2026

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Gilani Research Foundation is a not-for-profit public service project to provide social science research to students, academia, policymakers, and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently, Dr. Gilani, who holds a Ph.D. from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

*Best Regards,
Gallup Pakistan*

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Daily Gilani Poll
2026



of Gallup Pakistan
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