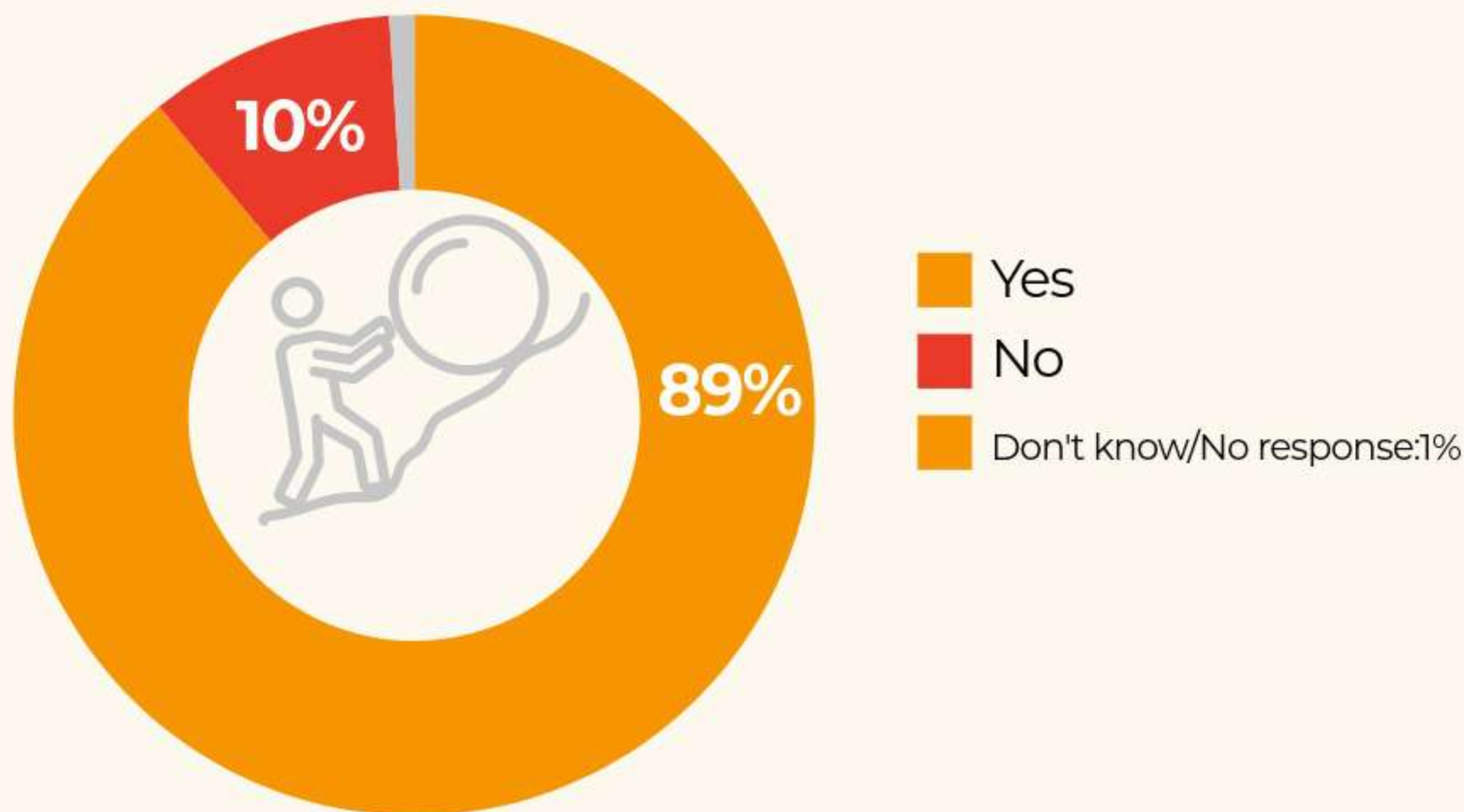


Hard Work and Destiny

89% Pakistanis Believe Hard Work Can Shape Their Destiny; Slightly Higher Among Women (**90%**), Peaks at **97%** Among 40–49-Year-Olds and Strong Among FA+ Educated Respondents (**88%**)

Do you believe that hard work can change your destiny?



Source: Gallup & Gilani Pakistan
(www.gallup-international.com;
www.gallup.com.pk www.gilanifoundation.com)



(Also emailed*/faxed separately)



PRESS RELEASE

Opinion Poll Social Attitudes Beliefs & Mindset **Hard Work and Destiny**

89% Pakistanis Believe Hard Work Can Shape Their Destiny; Slightly Higher Among Women (90%), Peaks at 97% Among 40–49-Year-Olds and Strong Among FA+ Educated Respondents (88%) (Gallup & Gilani Survey)

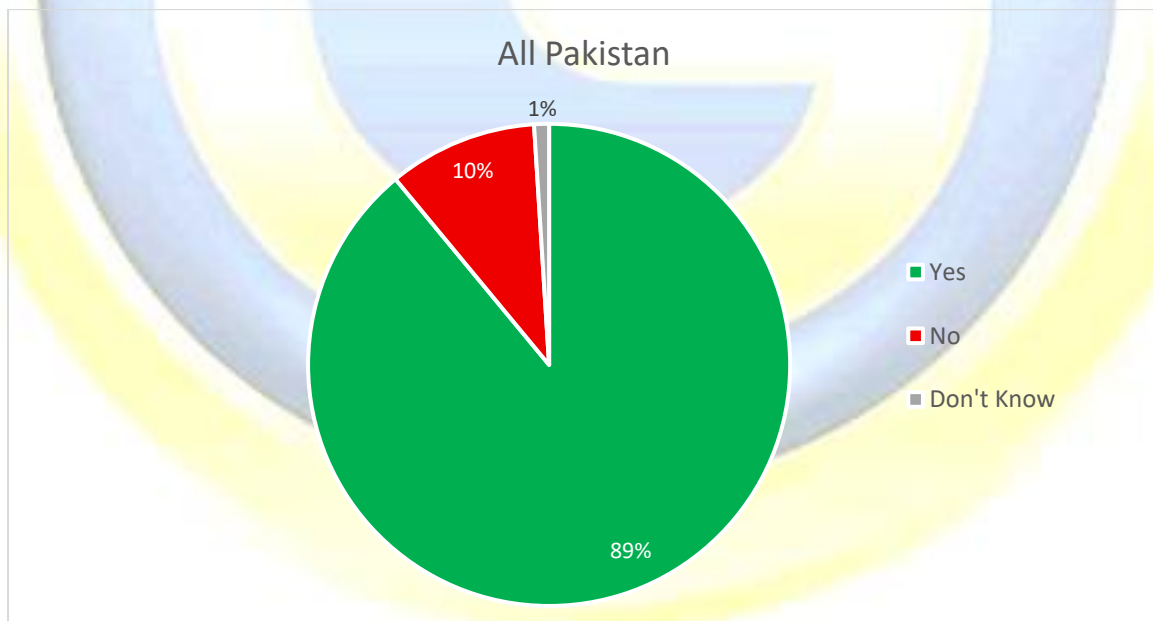
(Islamabad), 08 June 2026

According to a survey conducted by Gallup & Gilani Pakistan, an overwhelming majority of Pakistanis (89%) believe that hard work can change their destiny, while 10% disagree with this view.

A nationally representative sample of adult Pakistanis from across the country was asked the following question: ***“Do you believe that hard work can change your destiny?”***. In response, 89% of respondents said ‘yes’, they believe hard work can change their destiny, compared to 10% who said ‘no’. Only 1% fell into the Don’t Know category.

These findings reflect a strong belief among Pakistanis in personal agency and the power of effort to shape life outcomes. The results suggest that most individuals view hard work as a meaningful force capable of influencing their future, rather than seeing destiny as fixed or predetermined.

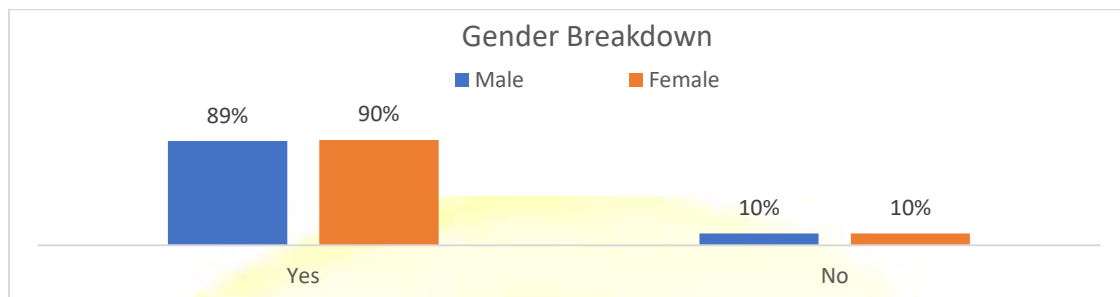
“Do you believe that hard work can change your destiny?”



Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk; www.gilanifoundation.com)

The study in Pakistan was conducted and released by Gallup & Gilani Pakistan, the Pakistani affiliate of Gallup International. The recent survey was carried out among a sample of 780 respondents across urban and rural areas of all four provinces of the country, conducted from 15 January 2026 to 03 February 2026. The error margin is estimated to be approximately $\pm 2\text{--}3$ percent at the 95% confidence level. The methodology used for data collection was telephonic surveys (CATI).

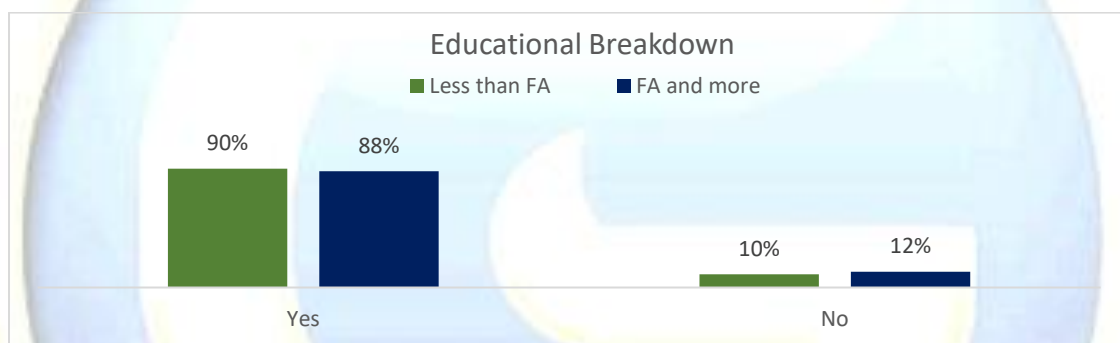
Gender Breakdown: The belief in hard work as a determinant of destiny is virtually uniform across genders. 90% of women and 89% of men endorse the idea that sustained effort can shape life outcomes.



**Note: DK/NR percentages are not included in the chart.*

Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

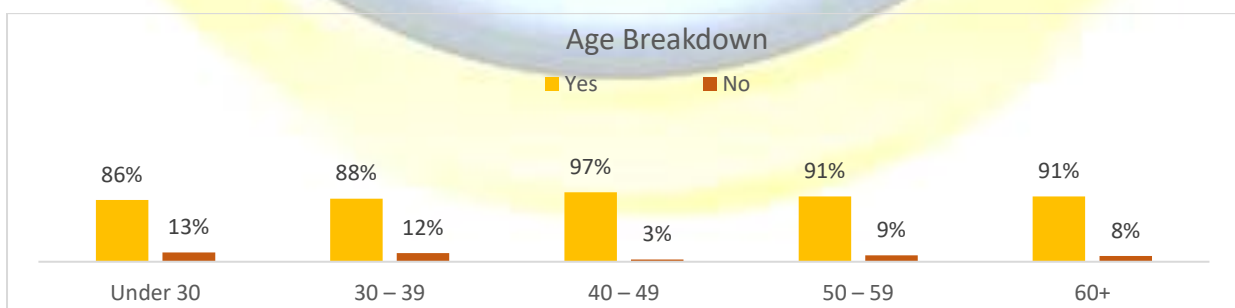
Educational Breakdown: The survey shows consistent support across educational backgrounds. 88% of respondents with FA and above education believe effort can change destiny, while those with less than FA education express slightly higher confidence (90%), demonstrating that belief in the power of effort is widespread across educational levels.



**Note: DK/NR percentages are not included in the chart.*

Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

Age Breakdown: Age also influences perceptions slightly. Respondents aged 40–49 exhibit the strongest belief (97%) that hard work affects life outcomes. Those aged 50–59 and 60+ follow closely (91% each), while younger adults under 30 remain largely confident (86%), indicating that conviction in effort as a driver of success is robust across generations.



**Note: DK/NR percentages are not included in the chart.*

Source: Gallup & Gilani Pakistan
(www.gallup-international.com; www.gallup.com.pk, www.gilanifoundation.com)

Overall, the findings demonstrate that Pakistanis overwhelmingly regard hard work as central to shaping their future. This sentiment is consistent across age, gender, and education groups, highlighting a deeply ingrained belief in personal initiative, diligence, and perseverance as critical to success.



Opinion Poll from Gallup Pakistan
The Pakistani Affiliate of Gallup
International



GILANI RESEARCH
FOUNDATION

Monday, 08 June 2026

(3 Pages, English version only)

Gilani Research Foundation is a not-for-profit public service project to provide social science research to students, academia, policymakers, and concerned citizens in Pakistan and across the globe.

Gilani Research Foundation is headed by Dr. Ijaz Shafi Gilani who pioneered the field of opinion polling in Pakistan and established Gallup Pakistan in 1980. Currently, Dr. Gilani, who holds a Ph.D. from the Massachusetts Institute of Technology (MIT) and has taught at leading universities in Pakistan and abroad, is Chairman of Gallup Pakistan.

If you have any further questions regarding this poll, please feel free to contact us.

*Best Regards,
Gallup Pakistan*

Disclaimer: Gallup Pakistan is not related to Gallup Inc. headquartered in Washington D.C. USA. We require that our surveys be credited fully as **Gallup Pakistan** (not Gallup or Gallup Poll). We disclaim any responsibility for surveys pertaining to Pakistani public opinion except those carried out by **Gallup Pakistan, the Pakistani affiliate of Gallup International Association.**

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Daily Gilani Poll
2026



of Gallup Pakistan
(1980-2026)